

Mint Tea - Sidney Byrd - OSEU #1

LAKOTA WORD. That is a mint. It grew wild along the creek where we lived. I don't know what the. What the. What the scientific name for them? It grows wild and the leaves and makes delicious tea too. My grandmother used to collect them. The only thing is that you drink that mint tea, you had to go to the bathroom. I think that's where we got the word "tipi."