METSÄ KARTANO 40

YOUTH CENTRE

Funded by the European Union

INFO

Name of the project: Social games TC

The venue: Youth Centre Metsäkartano, Rautavaara, Finland

Duration: 24.3.-31.3.2022

Partner countries: Nuorisokeskus Metsäkartano (Finland), Association Walktogether (Bulgaria), Drustvo Center za pomoc mladim - CPM (Slovenia), UNITED SOCIETIES OF BALKANS (Greece), Malta UNESCO Youth Association (Malta), Hermes Academy Onlus (Italy), Meraki (Croatia), Stowarzyszenie Sztukater (Poland), Vértices e Labirintos - Associação (Portugal), Asociatia TEAM 4 Excellence (Romania), Asociación Región de Murcia Limpia (Spain), Waterford and South Tipperary Community Youth Service Ltd (Ireland)

About the project:

The main goal of training course is to presents participants with different types of games which they can use as a tool in their youth work.

We have been playing since we were children. Through the play we get to know ourselves, the world around us and we learn. Therefore, play is one of the basic forms of education and relaxation, and at the same time it can serve as an effective pedagogical tool. Social games include those games that, instead of competition, focus on social relations between people and raise the level of self-awareness and social sensibility through the element of conversation about what happened to the participants during the game.

What will we do?

- We will play a lot and learn about the power of play.
- We will get to know games which increase cooperation and trust. Learn about games which improve our communication and help us tackle various issues such as intercultural differences, discrimination….
- We will learn about group dynamics and discover what is our role in the group.
- We will share our knowledge and learn how to lead games.

INFO ABOUT TRAINERS:

Anja Mikič Crovella from Slovenia works in association Cirkus La Bulle / Association CIK. She has a master's degree in social pedagogy and is specialised in circus pedagogy. Since 2000, she has been active in the field of youth work and education of youth workers. Over the years, she has conducted various trainings in the field of alternative learning and teaching methods such as social games and circus pedagogy.

Špela Gorjan is an experienced youth worker with 20 years of experience in guiding soft skills and experiential learning based programs with youth and adults on a national as well as international level. She is a president of Youth Aid Center Association - YACA and has been an active trainer in Slovenian NA trainers pool since 2015.

THE PROGRAM

Find the draft programme attached.

THE VENUE

Metsäkartano and Rautavaara

Metsäkartano youth centre is part of a network of 9 national youth centers in Finland, supervised and subsidized by the Finnish Ministry of Education and Culture. One of the Metsäkartano´s function is to develop the methods used in the field of youth work, to act as center for furthering the skills of the youth, and enable young people's travelling domestically and internationally. Metsäkartano focuses on international youth work, outdoor education and social youth work.

Metsäkartano is located in Rautavaara, a small village of 1700 inhabitants. Youth centre is 25km away from Rautavaara´s centre and there´s no public transport in the area. Nearest shop / pharmacy / atm and other services are located 25km away from Metsäkartano. Youth centre is by the lake, in the middle of the beautiful nature.

For more information on Metsäkartano, please see: http://www.metsakartano.com

TRAVELING AND PRACTICALITIES

Travel fund per participant

Slovenia, Croatia, Bulgaria, Romania: 410€

Italy, Ireland: 360€

Poland: 320€

Greece, Portugal, Malta: 530€

Spain: 610€

EACH PARTNER CAN SEND TWO PARTICIPANTS!

Travel tickets and reimbursements

All the participants are responsible to buy the tickets themselves. Keep all the travel documents safe. We will need them for your reimbursements.

Costs will be reimbursed according to original tickets and boarding passes and to the real expenses you face, up to amounts above.

Traveling to Finland

Arrival 24.3.

Fix your way to Kuopio by plane/train/bus. We hope that all participants will arrive to Kuopio on 24.3. before 6 pm. We recommend green travelling.

Departure 31.3.

Try not to book early flights/trains, as our youth centre is located 1,5 hours drive away from Kuopio.

Arrivals on 24.3. The bus will pick everyone from Kuopio train station/airport/city centre around 6pm depending on your arrival times. Journey to Metsäkartano from Kuopio takes 1,5hours.

Please note, that we organize only one transfer from Kuopio to Metsäkartano on 24th of March. It means that some of you might have to wait few hours in Kuopio or Kuopio Airport, depending on your arrival times.

More info about train and bus connections from Helsinki to Kuopio

Buses in Finland: https://matkahuolto.fi/en/

Trains in Finland: www.vr.fi/en

ACCOMMODATION

You will live in nice holiday apartments.

https://www.metsakartano.com/en/accommodation

WHAT TO BRING WITH YOU?

This time of the year can still be chilly in Finland. We might even have some snow left. Make sure you have warm clothes and waterproof shoes with you. Here's the list of what to bring with:

- warm outdoor clothes

- waterproof shoes (rubber boots/ hiking boots)

- gloves and a hat

- warm socks and a scarf

- rain coat

- outdoor clothes, clothes that can get dirty

- sport clothes for leisure time activities indoor and outdoor

- swimming suit for sauna and swimming ;)

- personal things: hygiene, medication, or other thing you need for your own well-being

- some snacks & other cultural specialties from your country

You don't need to bring your own bed linen or towels.

COVID

We hope that all participants are fully vaccinated. Check the travel info and latest covid regulations in Finland from here:

https://www.visitfinland.com/article/practical-travel-information-for-travelers-to-finland-during-coronavirus-pandemic/#45cf4cc7

https://valtioneuvosto.fi/en/information-on-coronavirus/current-restrictions

We provide rapid covid tests and masks the spot.

Contact information

If you need help, have questions, or need further information please contact the project coordinator Maija Jeskanen

maija.jeskanen@metsakartano.com

tel. +358 40 356 4530

See you soon! <3