| Name of Unit: **Striking With The Hand** | |
|---|---|
| **Grade** | **3rd** |
| **Unit of Study** | **Unit 5: Striking With The Hand** |
| **Length of Unit** | **10 days** (maximum of 30 days per unit) |

| **Missouri Learning Standards** | | |
|---|---|---|
| **1** | Work Independently and safely in physical activity settings. | (S4.E6.3) |
| **2** | Demonstrate the positive social inter-actions that come when engaged with others in physical activity. | (S5.E4.3) |
| **3** | Strikes/volleys an object with an underhand or sidearm striking pattern, sending it forward while demonstrating proper form. | (S1.E22.3) |

| **Learning Targets** |
|---|
| I can work independently and safely in physical activity settings. |
| I can demonstrate the positive social inter-actions that come when engaged with others in physical activity. |
| I can strike/volley an object with an underhand or sidearm striking pattern, sending it forward while demonstrating proper form. |

| **Intervention and Enrichment** |
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| |

| **Assessments** | |
|---|---|
| **MLS (Learning Goal)** | **Description or Location** |
| ● Students will be able to work independently and safely in physical activity settings. | https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0 |

| | |
|---|---|
| ●Students will be able to describe & compare the positive social interactions when engaged in partner, small-group and large-group physical activities. | https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0 |
| • Student will be able to Strike/volley an object with an underhand or sidearm striking pattern, sending it forward. | https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0 |

| Vocabulary | | | |
|---|---|---|---|
| Strike<br>Open Hand | Follow Through<br>Hand Eye Coordination | | |

## Instructional Materials

Volleyballs
Playground balls
Jump ropes (4 square)
Spikeball and net
Gaga Pit

## Additional Instructional Resources

## Reflections for Future Revisions