

MUSKEGO HIGH SCHOOL 2025 SUMMER SCHOOL GUIDEBOOK



Course request window:
February 12th, 8:00 a.m. -
February 19th, 3:00 p.m.

Key Dates

All Summer School Courses
(credit-based & credit recovery):

June 17-20 (Tues-Fri)

June 23-27 (Mon-Fri)

OFF June 30-July 4

July 7-11 (Mon-Fri)

July 14-18 (Mon-Fri)

July 21-25 (Mon-Fri)

Muskego Power:

June 16 - August 1 (Mon-Fri)

OFF July 4

Attendance

Summer school is a serious commitment; in-person students are expected to attend every day as one day of summer school is the equivalent of three days of regular school. Should a student be absent multiple days, administration reserves the right to remove the student from summer school with a "Withdraw/Fail" on the student's transcript. Attendance at the two mandatory fitness testing sessions and weight room session for Online/Hybrid Personalized Fitness classes is required. Administration reserves the right to remove the student from the course for failure to attend these sessions. **Students are unable to participate in summer school if they have other commitments such as vacations, camps, sports tournaments, etc. that hinders ability to attend and/or complete work by due dates.** Requests to withdrawal without penalty will be granted through 3:00 p.m. on the Wednesday of the 3rd week. After this date, withdrawals will result in a "WF" on the student transcript.

Any absences will require verification of the absence from a parent/guardian. To report an absence from an in-person course, call or email Jessica Prokop at 262-971-1790 ext. 4521 or jessica.prokop@muskegonorway.org

Contact Information

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Online Course Request Directions

Please note: Registration is NOT on a first- come, first-served basis. During the registration process, senior students have first priority, followed by juniors, then sophomores, then freshmen. Please take time to consider if summer school is a good option for your student. If a lottery is necessary due to more applicants than available seats, it will be held in early March.

1. Go to the Muskego Norway Schools website <https://www.muskegonorway.org/schools/high/>
2. Place your cursor over the "Parents/Students" tab.
3. Click on "Infinite Campus" and **log in to the STUDENT portal account.**
4. Click on More > Summer School: Course Registration > **2025 MHS Summer School.**
5. Click on More > Muskego Power: Course Registration > **2025 Muskego Power.**
6. To select your courses click on "Add Course." A search box will appear, as well as a list of available courses.
7. Type in the name of the course you would like to take in the "Course Name" box, if desired." A list of all courses with that name will appear below the search box. Click on the plus sign next to the course you want to add. To view the description of a course, click on the course name.
8. A box will appear asking if you would like to add the course as a request or alternate. Choose the appropriate box or cancel.
9. To clear the search field, click on the X to see all choices or type over to create a new search. Repeat steps 6 and 7 until all courses you are requesting have been selected. If you make a mistake and want to change a class, bring up the list of all classes and click on the red "X" next to the course. A box will appear asking you to delete the request. **(Please do not add any alternate courses to summer school registration.)**
10. When your courses have been selected, click Back at the top of the window. You will see your requested courses there. Click on Print at the bottom of the window to obtain a copy of your course selections for your records.
1. Click on the person icon and "Log Off" in the top right corner of your screen.

COURSES

Online Health 9

.5 credit

12 Online Health 9 (Gr. 9, 10, 11, 12)

Freshman health provides an introduction to health issues from a "lifetime wellness" perspective. Units in personal health, fitness, disease prevention, nutrition, human growth and development, mental health, and substance abuse prevention will enable students to make responsible decisions regarding their personal wellness. This course is asynchronous, on Google Classroom, with weekly assignment due dates. Summer online learning is not for every student, but may be a good option for those that are disciplined, self-starters, and need additional flexibility in their summer school schedule. Students are expected to turn in assignments on a weekly basis. Students may be unable to participate in summer school if they have other commitments such as vacations, camps, sports tournaments, etc that prohibit them from working online.

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Final Exam Dates/Time:

Final exam will be completed online and must be completed during one the following date & time windows:

Thursday, July 24
8:00 am -12:00 pm

Friday July 25
8:00 am -12:00 pm

Withdrawal without penalty:

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In-Person Recreational Sports/Traditional Team Sports

.5 credit

15 Recreational Sports/Traditional Team Sports (Gr. 9, 10, 11, 12) 7:30 am - 10:00 am

This combination physical education course introduces students to recreational and lifetime fitness while also focusing on five components of fitness: muscle strength, muscle endurance, cardio-respiratory, flexibility, and body composition. Students will engage in a variety of leisure and team sports including tennis, soccer, whiffleball, swimming, badminton, volleyball, and ultimate football. This course will also develop social skills, sportsmanship, and the specific motor skills for these sports and activities. Aquatic workouts may be included.

Importance attendance reminder:

Students are expected to attend every day as one day of summer school is the equivalent of three days of regular school. Should a student be absent more than two days, administration reserves the right to remove the student from summer school with a "Withdraw/Fail" on the student's transcript. Students may be unable to participate in summer school if they have other commitments such as vacations, camps, sports tournaments, etc.

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**Location: Meet in the Salentine Gym lobby – enter through the Salentine Gym/athletic entrance
(Wear workout clothing and bring a water bottle)**



Online/Hybrid Personalized Fitness

.5 credit

35 Online Personalized Fitness (Gr. 9, 10, 11, 12)

This course will offer students a personalized approach to fitness through the use of an online/hybrid format. Students will take part in the same required fitness testing as all physical education students at Muskego High School, but will analyze those results to create their own personalized fitness plan.

Students will have a variety of opportunities and options available to fulfill the number of activity hours required for this class. This course is asynchronous, on Google Classroom, with weekly assignment due dates. Weekly modules include: fitness testing and goal setting, recreational sports activities, strength and weight training, team sports activities, and life-long activity planning.

Attendance at both in-person testing sessions and weight room session are a required component of this course; see the dates and times below.

Please read the important information below regarding in-person fitness testing and the Week 3 Weight Room module.

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Mandatory In-Person Fitness Testing

Two "pre and post" in-person fitness tests are a mandatory component of the course. There are no alternative or make-up dates; every student must be able to attend a one-hour session during the dates/times below. Students would be unable to participate in this course if they have other commitments that prohibit them from attending both sessions.

An email with a link to register for a one-hour session from dates and times below will be sent to families after the registration period has closed.

Failure to attend either fitness test session will result in withdrawal from the course. There are no alternative dates.

<u>First Fitness Test Session</u>	<u>Final Fitness Test Session</u>
Tuesday, June 17 11:00 am - 3:00 pm	Thursday, July 24 11:00 am - 3:00 pm
Wednesday, June 18 7:00 am - 11:30 am	Friday, July 25 7:00 am - 11:30 am
*Sessions will run every 30 minutes. Students who are late may be asked to stay for the next session.	Monday, July 28 7:00 am - 9:00 am (limited space, reserve this date for those who are unavailable July 24 and 25)
Location: North Gym	*Sessions will run every 30 minutes. Students who are late may be asked to stay for the next session.
	Location: TBD

Strength Module

Week 3 of the course consists of strength and weight training. Two options are available to complete this requirement: an in-person weight room session or an at-home weight training assignment submitted online during week 3.

- Students who have had an introduction to the high school weight room and weight training safety through a previous physical education course or athletics (including Muskego Power during the current summer), may complete the at-home weight training assignment (assignment details provided during week 3).
- For those new to the weight room, select a one-hour session from the dates below.
An email with a link to register for a one-hour session from dates and times below will be sent to families after the registration period has closed.

Weight Room Session

Wednesday, July 9 | 7:00 am - 11:00 am

Wednesday, July 16 | 11:00 am - 3:00 pm

Location: MHS Weight Training Facility

Failure to attend for those required will result in withdrawal from the course. There are no alternative dates.



Online Economics

.5 credit

70 Online Economics (Gr. 10, 11, 12)

This course is the study of how individuals and societies deal with the problem of scarcity. Basic economic concepts from both macro and microeconomics will be covered. Topics of study include; Scarcity, Economic Systems, Supply and Demand, American Business Organizations, the Business Cycle, and a Stock Market Simulation. Developing problem solving and critical thinking skills to make wise economic choices are essential to function successfully in the American private enterprise system. Students are expected to turn in assignments on a weekly basis. Students may be unable to participate in summer school if they have other commitments such as vacations, camps, sports tournaments, etc that prohibit them from working online.

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Online Intro to Psychology

.5 credit

72 Online Intro to Psychology (Gr. 10, 11, 12)

This survey course introduces students to basic psychological principles and theories. Topics of study include: the development of personality, relationships, animal studies, the paranormal, learning, thinking, memory, sensation, perception, the brain, and much

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Online American Issues

.5 credit

71 Online American Issues (Gr. 10, 11, 12)

This course will incorporate basic civics concepts and structures (e.g. the three branches of government). Current events and the presidential campaign process will be the backdrop for a larger investigation of the people's connection to their government. Students are expected to turn in assignments on a weekly basis. Students may be unable to participate in summer school if they have other commitments such as vacations, camps, sports tournaments, etc that prohibit them from working online.

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College Essay Workshop - Grade 12 ONLY

(no credit)

700 College Essay Workshop (Grade 12 ONLY)

How do you impress a college admissions panel with a compelling personal essay? This workshop is designed to give students general information about college application essays. Class time will include looking at sample prompts, discussing the writing process, evaluating essay samples, and writing and conferencing with instructors. Students who complete this workshop will enter the fall semester with a strong start to their college applications.

August 11- 14 (Mon-Thur)

8:00 - 10:00 a.m.

Muskego Power

(no credit)

Cost: \$10 for T-shirt

This course is designed for students who want to improve muscular strength, endurance levels, and/or the ability to compete in areas that require physical and mental excellence. The program will include instruction in muscular strength, endurance training, flexibility, speed development, and cardiovascular endurance. Students will learn preventative maintenance techniques and skills to help reduce physical injury, to compete against and lead each other while in team oriented activity, and will demonstrate and teach proper physical fitness training etiquette and technique. Other concepts covered include learning to compete, working as part of a team, and achieving success, all while having a great attitude. We will work to build 1-Warrior.

June 16 - August 1

(Monday through Friday; OFF July 4)

- 950 7:00 am - 9:00 am HS Girls Grades 9-12
- 951 9:00 am - 11:00 am HS Boys Grades 10-12
- 952 11:00 am - 1:00 pm HS Boys Grade 9
- 954 1:00 pm - 3:00 pm HS Boys/Girls ALL



- 955 8:00 am - 10:00 am HS Boys/Girls ALL
Endurance Sports Focused Training

*Enrollment cap per high school session: 120
(Note: When registering for Muskego Power, look for the
“2025 Muskego Power” calendar.)

The Art of Cooking - NEW!

(no credit)

(IC #) The Art of Cooking (Gr. 9, 10, 11, 12)

Get ready to roll up your sleeves and explore the exciting world of cooking with our “Art of Cooking” summer clinic! This hands-on clinic is designed for students of all skill levels and offers a flexible learning experience. Students are required to attend each day of the first session, “Mastering the Basics,” which will cover the foundational skills every budding chef needs. Each session is designed to build on essential skills, with plenty of opportunities for students to practice and create delicious dishes. Whether you’re looking to boost your culinary skills or just have fun experimenting in the kitchen, this course is the perfect way to spend your summer!

Location: Muskego High School Kitchen (room 265)

Enrollment options:

Session 1 only

Sessions 1 & 2

Sessions 1 & 3

Sessions 1, 2, & 3

Session 1 – Mastering the Basics

(Required – as a stand-alone session or as a prerequisite for sessions 2 & 3; each day is required)

June 16 - 19 (Mon-Thurs)

10:00 - 11:00 a.m.

Course Fee: \$10

This session covers kitchen safety, sanitation, and essential tools, followed by hands-on practice with knife skills, basic food prep, and cooking methods like boiling and sautéing. It concludes with an introduction to baking, oven basics, and creating simple, healthy recipes with a focus on balanced meals.

Session 2 – Baked to Perfection: Pastries, Cookies, and Beyond

June 23 - 26 (Mon-Thurs)

10:00 - 11:00 a.m.

Course Fee: \$20

This session introduces baking essentials, including ingredients, measuring techniques, and the importance of precise recipes, before exploring pies, tarts, cookies, muffins, and breads. Students gain hands-on experience with dough preparation, baking techniques, and creating various baked goods such as tarts, cookies, muffins, and dinner rolls.

Session 3 – Passport to Flavors: A Global Cooking Experience

July 7 - 10 (Mon-Thurs)

10:00 - 11:00 a.m.

Course Fee: \$30

This session explores global cuisines through hands-on cooking, featuring Italian pasta making, Mexican tacos with fresh tortillas, Asian noodle preparation, and Mediterranean dips and salads. Each day focuses on key techniques, spices, and traditional dishes, allowing participants to create authentic meals from each region.



CONNECT Academy

CONNECT - Career Internship

.5 credit

606 CONNECT - Career Internship (Gr. 10, 11, 12)

CONNECT Career Internships integrates school-based and work-based learning to instruct students in employability and occupational skills. Students are instructed by qualified teachers and skilled worksite mentors. Job placement will be connected to the students' specific career aspirations as identified through the Academic and Career Planning process.

Business partners reserve the right to refuse or terminate an experiential learning placement at any time (including prior to and during placement) based on any criteria they determine.

CONNECT - Micro Internship Building Trades

.25 credit

604 CONNECT - Micro Internship: Building Trades (Gr. 9, 10, 11, 12)

Dates/times: June 23rd - 27th; 8:00 am - 3:00 pm

Are you thinking of a career in the building trades? If you are, this exploratory experience is for you. Spend the week with over 14 different local union partners to learn about the educational requirements needed to get into different local unions as well as participate in hands-on activities. Each day students will travel to two different local union halls to see and experience the training centers first hand.

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CONNECT - Law Enforcement

Micro Internship

.25 credit

602 CONNECT - Law Enforcement Micro Internship (Gr. 9, 10, 11, 12)

Dates/times:

June 16th - 20th; 8:00 am - 4:00 pm

Do you enjoy helping others and solving problems? Are you looking for an exciting career away from a desk and office? You might want to give a career in law enforcement some thought if you haven't already. There's so much more to this fulfilling occupation than just carrying a gun and wearing a badge. During this week, you'll be working and learning, side by side, with the fine men and women of the Muskego Police Department, covering such topics as police science/technology, managing a crime scene or critical incident, drug prevention, meeting the K9 units, and so much more. You'll even get to witness some of the action first hand on a ride along with an officer. All said and done, you'll walk away with some professional communication skills and a better understanding of the day to day life of a police officer.

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