

HEALTHCARE PROFESSIONALS DIRECTORY

If you're a performing artist experiencing performance-related injuries or health concerns, you may consult this directory to find a PAMANA PH member practicing in your region. Please note that this service is *not intended for emergency or urgent medical situations*.




How to Contact a Specialist

To reach out to a listed specialist, we recommend sending an email that includes the following details:


- Mention that you found their information through the PAMANA PH referral directory and that you are a performing artist
- Your full name, city/province, email address, and contact number
- A brief summary of your health concern, including how long it has been affecting you
- Your age, gender, performing art (e.g., dance, theater, music), and your professional level (e.g., student, pre-professional, professional)

This information will help the specialist better understand your background and health needs before responding.



NATIONAL CAPITAL REGION (NCR)

Professional	Specialization	Services Offered	Clinics
 Alex Zander A. Bondoc azabondoc@gmail.com	Profession: Physiatrist Subspecialty: Pain Medicine PAM Specialty: Dance	Face to face consultation Teleconsultation Studio / On-site Visit Musculoskeletal Ultrasound Electromyography and Nerve Conduction Studies	Veterans Memorial Medical Center <i>North Ave., Quezon City</i> Capitol Medical Center <i>Quezon Ave., Quezon City</i> St Lukes Medical Center <i>Pain Management Center, E. Rod, Quezon City</i>
 Daphnie Joyce R. Demetria djrdemetria@gmail.com	Profession: Physiatrist PAM Specialty: No focused area	Face to face consultation Studio / On-site Visit Musculoskeletal Ultrasound Electromyography and Nerve Conduction Studies	Healthway Qualimed Manila, PGH-FMAB <i>Taft Avenue, Manila</i> 09171402658
 Cid Czarina E. Diesta ciddiesta@gmail.com	Profession: Neurologist Sub-specialty: Movement Disorders PAM Specialty: Dance	Face to face consultation, Teleconsultation Studio / On-site Visit	Makati Medical Center 09088867549 Asian Hospital and Medical Center 09178305859


Professional	Specialization	Services Offered	Clinics
 <p>Maria Lourdes C. Fernandez-Tapang mftapang@ust.edu.ph</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: Dance</p>	<p>Face to face consultation, Teleconsultation</p>	<p>Capitol Medical Center <i>Scout Magbanua, Quezon City</i> 8372 3825 Loc 2106</p>
 <p>Antonio Luis B. Hernandez herny5669@gmail.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: Dance, Athletics</p>	<p>Face to face consultation Studio / On-site Visit</p>	<p>Keralty Clinic <i>Level 2, Gateway tower, Gateway Mall, Araneta City, Quezon City</i> 0919 087 2198</p> <p>The PhysioSpa 2nd Floor, R Center, 89 Banawe St, Santa Mesa Heights, Quezon City, 1114 Metro Manila 0917 859 0808</p>
 <p>Arlene Mackinlay arlenemackinlay@ymail.com</p>	<p>Profession: Physical Therapist</p> <p>Sub-specialty: Dance Injuries</p> <p>PAM Specialty: Dance</p>	<p>Face to face consultation Face to face therapy sessions Studio / On-site Visit Acupuncture Osteopathy</p>	<p>En Pointe Health and Wellness Centre <i>Room 1805 Centuria Medical Makati</i></p>
 <p>Nathaniel Jr, Solpico, Orillaza nsorillaza@up.edu.ph</p>	<p>Profession: Orthopedic Surgeon</p> <p>Sub-specialty: Hand</p> <p>PAM Specialty: Athletics</p>	<p>Face to face consultation Surgical Intervention</p>	<p>Cardinal Santos Medical Center <i>Room 221, MAB Building Wilson St., San Juan</i> https://csmceconsult.com +639272993120</p>
 <p>Ria Mikhaella C. Panis riapanis.md@gmail.com</p>	<p>Profession: Physiatrist</p> <p>Sub-specialty: Performing Arts Medicine</p> <p>PAM Specialty: Dance, Athletics</p>	<p>Face to face consultation Teleconsultation Studio / On-site Visit Musculoskeletal Ultrasound Electromyography and Nerve Conduction Studies</p>	<p>Paranaque Doctors Hospital Better Living Subdivision, Paranaque City 8776 0644</p> <p>CoreXpert Physical Therapy Center 332 El Grande Ave, Paranaque City, 8771 2792</p> <p>Healthway Qualimed Manila, PGH-FMAB Taft Avenue, Ermita, Manila 0917 140 2658</p>

Professional	Specialization	Services Offered	Clinics
 <p>Isabel Patricia R. Serrano isabelprerrano@gmail.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: Acting, Dance, Music, Voice</p>	<p>Teleconsultation Musculoskeletal Ultrasound</p>	<p>The Medical City Ortigas <i>Physical Medicine and Rehabilitation</i> 89881000 / 89887000 local 6241/6240</p>
 <p>Jennifer Marie J. Yang jmyang@yahoo.com</p>	<p>Profession: Physiatrist</p> <p>Subspecialty: Performing Arts Medicine, Neurorehabilitation</p> <p>PAM Specialty: No focused area</p>	<p>Face to face consultation</p>	<p>Manila Doctors Hospital 667 United Nations Avenue, Ermita, Manila 0919 086 7342, 8558 0694, 8558 0888 loc. 3290</p> <p>Keralty L2 Gateway Tower, Cubao 0917 399 8972, 0920 837 3938</p>


REGION IV (CALABARZON)

Professional	Specialization	Services Offered	Clinics
 <p>Amiel Carandang Adajar amielcadajarmd@gmail.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: Dance, Music, Athletics</p>	<p>Face to face consultation Electromyography and Nerve Conduction Studies</p>	<p>Healthserv Los Baños Medical Center 8817 National Highway Batong Malake Los Baños Laguna 09178185928</p> <p>Continuum Medical and Rehabilitation Services Lopez Subdivision Naic, Cavite 09951451132</p> <p>Community General Hospital San Pablo City Colago Ave. San Pablo City 09999157492</p>
 <p>Maria Luisa Paulino-Perez perez.rehabmd@gmail.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: No focused area</p>	<p>Face to face consultation Teleconsultation Studio / On-site Visit</p>	<p>Mary Mediatrix Medical Center JP Laurel Highway, Lipa City, Batangas 0917 852 0933</p> <p>Lipa Medix Medical Center National Highway, Balintawak, Lipa City, Batangas 0991 487 1823</p> <p>Saint Patrick's Hosp Med Center Lopez Jaena St, Batangas City 0956 825 3617</p>

REGION VI

Professional	Specialization	Services Offered	Clinics
 <p>Michelle B. Almeida, MD mikaybalmeida@yahoo.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: No focused area</p>	<p>Face to face consultation Face to face therapy sessions</p>	<p>Capiz Emmanuel Hospital Roxas Ave., Roxas City, Capiz 036 6214-344</p> <p>The Health Centrum Hospital Teodorica Ave, Banica, Roxas City, Capiz 036 6219088 loc 126</p> <p>APMC - Aklan Judge Martelino Rd, Brgy. Andagao, Kalibo</p>

CENTRAL VISAYAS

Professional	Specialization	Services Offered	Clinics
 <p>John Paul Inres Sepe, MD johnpaulinressepe@gmail.com</p>	<p>Profession: Physiatrist</p> <p>PAM Specialty: No focused area</p>	<p>Face to face consultation Musculoskeletal Ultrasound</p>	<p>Holy Name University (HNU) Medical Center Bohol 038 501 9946 / 09382417941</p> <p>ACE Medical Center Bohol 038 412 8888</p> <p>RAMIRO Community Hospital RCH ORO Rehab 038 411 3515</p>