

Landscape Analysis

Access Factors to Consider	Where to Find State-Specific Information	What might this mean for your region/CAI?
Medicaid Expansion <i>Medicaid expansion increases access to contraception by extending health insurance to more low-income individuals, especially women of reproductive age. In states that have expanded Medicaid under the Affordable Care Act, more people can receive coverage for a full range of contraceptive services without cost barriers.</i>	Status of Medicaid Expansion Decisions from KFF Medicaid State Fact Sheets	
Family Planning SPAs and Waivers <i>State Plan Amendments (SPAs) and Medicaid waivers for family planning allow states to provide contraceptive care to individuals who might not otherwise qualify for full Medicaid benefits. These targeted policies help close coverage gaps and ensure that more people—especially those with low incomes—can access essential family planning services.</i>	States That Have Expanded Eligibility for Coverage of Family Planning Services Under Medicaid Implementing Contraceptive Access Now Map	
Title X Dollars <i>Federal Title X funding supports clinics that offer confidential, low- or no-cost family planning services, especially to underserved populations. The presence and funding levels of Title X clinics are key indicators of a region's ability to provide equitable contraceptive access, particularly for adolescents and uninsured individuals.</i>	Office of Population Affairs Title X Directory	
Number of people in need of Services <i>The demand for contraceptive care—measured by the number of people in need—helps determine where gaps in access exist. High need with insufficient service infrastructure often signals a contraceptive desert, guiding public health investments and resource allocation to areas where services are most critical.</i>	Women's Health Insurance Coverage analysis from KFF Contraceptive Deserts from Power to Decide Medicaid State Fact Sheets	