



2025 Pangos All-East Frosh/Soph Camp
Saturday-Sunday October 25-26, 2025
NBN Sports Academy (Wilmington DE)

Camp Schedule

Saturday October 25, 2025

10:00am - 1:00pm	Camp Registration & Check-In
1:00pm-1:15pm	Camp Announcements/Remarks
1:15pm-2:15pm	Skills Warmup
2:15pm - 3:00pm	Team Assignments & Roll Call
3:00pm - 6:00pm	Camp Games (session I - 3 courts)
5:30pm - 7:00pm	Dinner Break **
6:00pm - 9:00pm	Camp Games (session II - 3 courts)
**	<i>Dinner Break- players will take their meal break based on their game schedule</i>

Sunday October 26, 2025

9:00am - 12:00pm	Camp Games (session III - 3 courts)
12:00pm-1:00pm	Lunch Break
1:00pm - 1:15pm	Final Remarks & All-Star Announcements
1:15pm - 2:15pm	Cream of the Crop Top 50 Game (Main Court)
2:15pm - 3:15pm	Cream of the Crop Top 25 Game (Main Court)

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