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Mission Statement

To promote mental, physical, and spiritual health and wellness utilizing by providing mental and physical health services for community clients and continuing education for clinical mental health and holistic health practitioners. Practices include, but are not limited to, Clinical Mental Health Counseling and Case Management, Chinese Medicine and Acupuncture, Energy Medicine, Vibration Therapy, Naturopathy, Herbalism, Indigenous and African Spiritual/Healing practices, Expressive and Creative Arts, and Nutrition. We train to work with various populations, especially underrepresented populations including LGBTQ+, Cognitive and Developmental Disability, Communities of Color, and Trauma Survivors. Continuing education hours are available for IL LPC, LCPC, LSW, LCSW who take these trainings.

This policy was adopted on 10/31/2020 by a vote of 3 out of 3.