

Feedback for a Growth Mindset



DEVELOP
IDENTITY

WHAT KIND OF FEEDBACK DO YOU LIKE TO RECEIVE?

1: START WITH YOURSELF

Identify the type of feedback that benefits you.

THINK ABOUT the feedback you receive

Use this table to list three examples of positive feedback you have received in your life. You do not need to quote it perfectly. You can just provide the general idea.

List 3 examples of positive feedback

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Reflect on the quotes from the slides.

Which pieces of information stood out the most to you?

Revisit your feedback list from earlier. Was the feedback given to you meaningful? Explain.

HOW CAN FEEDBACK PROMOTE A GROWTH MINDSET ?

2: LOOK BEYOND YOURSELF

Identify feedback that promotes a growth mindset.

THINK ABOUT having a growth mindset

In your groups, look at the feedback given below. Identify if it shows a growth mindset by placing a check in the YES or NO column.

Do the statements given below reflect a Growth Mindset?	YES	NO
You know that when you try your best, you make us all proud.		
Of course you got an A, the test was super easy.		
Good job as always. I expect nothing less from you.		
If you get stuck on something, just remember your training, and focus on working through the problem.		
It's okay that your experiment didn't work out like you thought it would. What matters is you learned something from the experience.		

WHAT ARE THE BEST WAYS TO GIVE AND RECEIVE FEEDBACK?

3: MAKE CONNECTIONS

Understand that having a Growth Mindset helps you give and receive feedback.

CONNECT: Use A Growth Mindset To Give Feedback

Join with 1 or 2 other students and use the table below to modify his feedback.

Supervisor's Feedback	Feedback To Develop Growth Mindset
You were unprepared which is ridiculous considering all the time I gave you to plan.	
You did not discipline the kids. Do that better next time.	
Stop crying. It makes you look weak.	
I don't care if the kids understand the lesson or not, just get through it.	

WHAT HAVE YOU LEARNED ABOUT GIVING AND RECEIVING FEEDBACK FOR A GROWTH MINDSET?

4: Reflect and Update your thinking

I can use what I have learned to give better feedback and to tell others the type of feedback I need to hear.

How can having a growth mindset help someone when receiving feedback?

Why do some people dislike receiving feedback? Could the techniques learned in this module help? How so?

Do you think you would be able to provide feedback for others in a way that would help them develop their own Growth Mindset? Why or why not?