

VIETNAM, Monday Feb.5, 2024

LARGE GROUP MEETING -6:30 AT THE JM Cuelenaere Library

1. Jamie- There are still some people who have not gone on EF's website to confirm your passport info. Do this NOW! Go onto EF's site www.eftours.ca and go into your account. Click on passport info and take a look at your name spelling and date of birth. As well, make sure you've OK'd your passport info with EF. Many of us have not done that yet. –if this is all correct click on “looks good!” If you can't get on your account then call them 1-800-263-2806. 1/3 of us have not yet done this so do this TONIGHT!
2. Jamie -Really stress not contacting home and NOOOO drama with girl friends/boy friends and texting parents about this.
3. Jana -Parents -are you giving your kids responsibility NOW. Let them handle money NOW. Let them handle their meds NOW. Let them set their alarms and get up for school on their own NOW. They must pack their bookbags for school and their sports bags for tournaments NOW. They must pack to go over for a sleepover NOW. They must be problem solving NOW. They must be talking out their issues with you NOW! This is huge, parents!
4. **Jana -Immunizations** -you must get this done this month. All of the travellers should have received their Hep B shots in grade 6, if you did not then your requirements are different than what I'm listing below. Everyone needs 1) Hep A 2) Typhoid 3) normal cold and covid shots. You get the prescriptions for these shots from your Dr. and then he/she can administer them OR if your pharmacist has the “Travel Certificate” for immunizations you can talk to them and get your shots there.
Everyone needs to phone the S'toon Travel Clinic 1-306-655-4780 to arrange to get your typhoid and Hep A/B shots.
5. Jana -When you see you DR. you need Imodium - **PLUS A PRESCRIPTION FOR TRAVELLERS DIARRHEA** either **CIPRO** or **AZITHROMYCIN DIHYDRATE PLUS a General broad spectrum antibiotic -do it this month**
6. Jana- if you are taking pictures and putting them on any type of social media -**you must get permission from the person you took the picture of or it CANNOT BE POSTED.**
7. Jamie – How to handle Homesickness and Anxiety when travellers are away.
8. Jamie – snoring -lets problem solve now not while we're on the trip. Get some breathe right strips and start using them now as you need to get used to them.

9. Sam -phone tree

10. **Jamie - Recap meeting dates and times:**

March 4 at 6:00 –Commissioner of Oaths -Tracy Lysyk 306-960-6423 tracylysyk@sasktel.net will notarize our documents. If you cannot make this meeting then you will have to find a Notary Public or Commissioner of Oaths on your own to get this done. **All parents must attend to get the document notarized. A pharmacist will go over your needs. Parents and travelers will initial the legal documents -all parents please attend**

March 18 – probably 7:00 spending money will be given to the travellers and new options will be discussed

SMALL GROUP MEETING

- 1. For this trip to be a success you must: DRINK LOTS!! OF WATER (at least two 1.5 L. daily) USE HAND SANITIZER ALL THE TIME AND WEAR A HAT ALWAYS!!**
2. Go onto EF's site www.eftours.ca and go into your account. Click on passport info and take a look at your name/ spelling and date of birth –if this is all correct click on “looks good!” If you can't get on their account then call them 1-800-263-2806
3. Collect your group's envelopes of forms.
4. Have you been embracing your 14 hour flight? This is when you start getting your head around that. Ideas to help pass the time: take gravol/ cards/movies. What do you do if your seatmate is sleeping?
5. Go over the rooming lists –explain how they will change roommates throughout the trip – Jamie will be the rooming “go to” person. We have set up the 1st set of quads. These will change at the next hotelG
- 6. Go over the trip itinerary!! Yeah!**
7. go over spreadsheet -they need to know what they owe and must be paid up by the end of the week. Who wants more than \$900? Who wants less?

8. Go over phone tree
9. Go over discussion points 1,2,4 ,5,8,9
10. Get a list of allergies, food issues and special meds your group is on
11. Go over small group leader responsibilities
12. Really stress not contacting home and NOOOO drama with girl friends/boy friends and texting parents about this
13. Individual fundraising forms on the web -Donna/Ellen need to know what/when and where the fund raiser is and receipts need to be handed in.
14. EF's drinking policy - their new policy is to abide by the drinking rules of the country. So if that countries' age limit is 18 or 19 then, even though it may be a 'cultural' experience that we may want the students to experience ,EF's policy is that the students need to abide by that countries' rules
15. **Meeting Dates: March 4 at 6:00 –Commissioner of Oaths** -Tracy Lysyk 306-960-6423
tracylysyk@sasktel.net will notarize our documents. If you cannot make this meeting then you will have to find a Notary Public or Commissioner of Oaths on your own to get this done. **All parents must attend to get the document notarized. A pharmacist will go over your needs. Parents and travelers will initial the legal documents -all parents please attend**
16. **Final meeting - March 18 – probably 7:00?? spending money will be given to the travellers and new options will be discussed**

