



Athlete Eligibility

1. The Saskatchewan Games are open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each District team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the District they are representing. In the event that an athlete moves from one District to another less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their District residence may elect to compete in a District play down in either their home District or the academic resident District, but not both.

Students attending a secondary school outside their home District must be enrolled in a minimum of 60% of the eligible credits to be considered a full-time student.

Students attending a post-secondary school outside their home District must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full-time student.

4. First Nation athletes who reside and attend school in one District but are members of a First Nation in another District may elect to participate in either District, but not both. If they try out for one District and are not selected for that team, they are not permitted to try out for that sport in another District.
5. Athletes who have shared custody in a split marriage must participate in the District in which they currently attend school. If an athlete is transferring schools to live with the other parent or guardian in another District in the year of the Games, then the school that the athlete previously attended will be the District they participate in.
6. Athletes residing outside Saskatchewan:

Individual Sports:

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan border and attend school on a full-time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Organization (PSO) and not be a member of another province;
- They are eligible for membership with a PSO in Saskatchewan.

Team Sports:

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

- The majority of the team resides in Saskatchewan or attends school on a full-time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan PSO and not be a member of another province;
- They are eligible for membership with a PSO in Saskatchewan.

7. District Team Eligibility**Sports using Club Team selection**

When a team roster is comprised of athletes residing in different Districts, the following criteria will determine which District the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan PSO;
- Where a team has members from two or more Districts, and is registered in a recognized league, it shall compete in the District where the majority of the players reside. Teams in this position may have members living in adjacent Districts within reasonable commuting distance.

8. The Games are open to amateur athletes recognized as such by the applicable PSO.

9. For each Games an athlete may participate in one sport only in each half; however, an athlete may elect to try out for different sports in the District team selection process. Upon acceptance of selection to a District team in that half of the Games, the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.

10. Coaches, managers and athletes may participate in more than one sport, but they may only participate in one sport in each half of the Games.

11. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the Multi-sport environment that athletes are exposed to at the Games, each sport should consider the maturity level of the athlete when establishing its age classification.

12. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSO in the Sport Technical package.

13. Prior to the Games, the eligibility of any athlete not clearly established by these rules will be determined by the Saskatchewan Games Council. During the Games, the eligibility will be determined by the Games Jury.

14. Coaches, managers and athletes of the District team must stay in the Athletes' Village during the Games.



**GYMNASTICS
TECHNICAL PACKAGE**

**2026 SASKATCHEWAN WINTER GAMES
February 15 – 21, 2026
Flying Dust First Nation and Meadow Lake**

1.0 SPORT

- 1.1 Competition Site: Meadow Lake Recreation Centre Field House
 - 1.2 Competition Dates: February 15-18, 2026
 - 1.3 Sanction: Gymnastics Saskatchewan
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2.0 PARTICIPANTS

- 2.1 Number of Competitors per District: 5 Female
 - 2.2 Coaches and Managers per District: 2 Coaches* or 1 Coach and 1 Manager
- * 1 head coach and 1 assistant coach (Both coaches will act as managers as well)
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3.0 CLASSIFICATION:

- 3.1 Athletes are 10 - 14 Years of Age
 - 3.2 Year of Birth: 2012 - 2016
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4.0 ELIGIBILITY:

- 4.1 Athletes:

Athletes must be registered members of a club in good standing with Gymnastics Saskatchewan as of the November 15, 2025 membership deadline.

WAG athletes who have competed in CCP level 6 or higher and Xcel Platinum or higher at the Provincial Championships are ineligible to compete in the Games.

Athletes must be registered in the Provincial Stream category; National athletes are ineligible to participate in the Games. Athletes who have attended a Canadian Championship in the past four years are ineligible to participate in the Games. All athletes must abide by the residency criteria and regulations as established by the Saskatchewan Games Council.

Coaches:

Coaches must be registered members in good standing with Gymnastics Saskatchewan. The head coach of each District must be Competition 1 Certified or NCCP Level 2 Certified in any discipline. The assistant coach must be Competition 1 Trained or NCCP Level 2 Technical any discipline.

As a coach or manager of a District team you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan Games Council, all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the “Respect in Sport” online training program must be taken by all coaches. It is strongly recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

5.0 PROVINCIAL REGISTRATION:

Gymnastics Saskatchewan
300-1734 Elphinstone St.
Regina, SK. S4T 1K1
Phone: 306-780-9229
Email: mbialowas@gymsask.com

6.0 PROVINCIAL TECHNICAL LIAISON:

Karyl Hayes, Gymnastics Saskatchewan
300-1734 Elphinstone St.
Regina, SK. S4T 1K1
Phone: 306-780-9229
Email: wag@gymsask.com

7.0 COMPETITION:

7.1 GENERAL

Competition will be held for Team, All Around and Event Finals on each apparatus:

WAG will compete on Vault, Bars, Balance Beam and Floor Exercise.

7.2 DAY 1 COMPETITION - TEAM

All athletes from each District will compete on Day 1 to select Team Champions. The team ranking will be decided by counting the top 3 scores on each event from each team.

The team with the highest total will be declared champion.

7.3 DAY 2 COMPETITION – ALL AROUND

Individual all-around champions will be decided based on the scores on each event, in each Women's Artistic Gymnastics.

The individual with the highest score in each discipline will be declared champion.

7.4 DAY 3 COMPETITION – EVENT FINALS

Events finals will take place for the following events:

- WAG – Vault, Bars, Balance Beam, Floor Exercise

The top eight athletes on each event, based on a combined total score from Day 1 and Day 2, will compete in event finals.

Individual event finals results will be based on the highest score on each event from Day 3 competition. There are no carry over scores to event finals. Order of competition for finals will be based on a random draw.

8.0 RESULTS:

Points Ranking – rankings will be based on participant numbers (for individual competition) or number of teams (for team competition).

Teams will be ranked and awarded medals for 1st to 3rd place from the results from Day 1 competition.

Individual all-around winners will be ranked and awarded medals for 1st to 3rd place from the results of Day 2 competition.

Event winners will be ranked and awarded medals for 1st to 3rd place from the results of Day 3 competition.

9.0 TIE BREAKING PROCEDURE:

Ties will not be broken for awards.

10.0 SPORT PROTEST PROCEDURE:

Protests can be based on difficulty score/start value only. Protest fee is \$20.00 per protest.

11.0 EQUIPMENT:

All equipment must be approved by Gymnastics Saskatchewan.

WAG

- Vault table, runway, 2 coil beat boards, trampboard/mini tramp, crash mats, tape measure
- Uneven Bars, regulation mats, 1 beat board
- Balance Beam, regulation mats, 1 beat board
- 40' x 40' Spring floor, corner mats

Other

- Chalk bins and chalk
- Duct tape
- Sound system with microphone, with ability to plug in iPhone/Computer and speakers
- Computerized scoring system, 5 tablets, computer, printer, copier
- Extension cords
- Vacuums, mops, pails, cleaning supplies
- Tables and chairs
- Decorations, flowers
- Medical supplies
- Ice, ice bags, water
- Minor official table supplies (4 boxes)
- Meeting rooms for judges

12.0 SPORT JURY:

- Competition Chief Judge
- Meet Director
- Technical Director - Gymnastics Saskatchewan

13.0 OFFICIALS REQUIRED:

13.1 MAJOR OFFICIALS

All major officials will be assigned by Gymnastics Saskatchewan.

Total: 9 major officials required.

WAG 1 Chief Judge + 2 officials per event – total 9 officials

13.2 MINOR OFFICIALS

14 minor officials per session to be supplied by the host.

WAG – 14 minor officials per session

VAULT	UNEVEN BARS	BEAM	FLOOR
	Timer	Timer X 2	Timer
Scorer	Scorer	Scorer	Scorer
Videographer	Videographer	Videographer	Videographer

14.0 MEDICAL SERVICES:

The organizing committee shall ensure that a minimum of two emergency medical technicians (physiotherapist, EMT, athletic therapist, and/or doctor) are in attendance on site for all warm-up and competition sessions. A medical doctor and dentist should be available on call for the duration of the event. Ambulance services should be notified that the event is taking place. An emergency action plan for medical services must be in place.

15.0 MEDALS:

Team competition: 5 gold, 5 silver and 5 bronze

Individual all around: 1 gold, 1 silver, 1 bronze

Individual event: Women – 4 gold, 4 silver, 4 bronze

No ties will be broken – please account for this in awards.

16.0 DISTRICT TEAMS SELECTION CRITERIA:

Districts shall attend a sanctioned qualifying competition before the entry deadline.

District teams (athletes, coaches and managers) shall be named no later than January 23, 2026.

17.0 PROVINCIAL SPORT CONTACT:

Karly Hayes, Gymnastics Saskatchewan
300-1734 Elphinstone St.
Regina, SK. S4T 1K1
Phone: 306-780-9229
Email: wag@gymsask.com

18.0 OTHER INFORMATION REQUIRED

Specific technical rules and regulations are attached for each competition category.
Equipment specifications and requirements are attached for each competition category.

For more information, please contact Gym Sask at mbialowas@gymsask.com