

Lesson 04 Recommended Reading

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<https://www.ncbi.nlm.nih.gov/books/NBK562258/>
- Li, X., Wang, X., Wu, Q., Guo, R., Leng, X., Du, Q., Pan, B., & Zhao, Y. (2022). Short total sleep duration and poor sleep quality might be associated with asthenozoospermia risk: A case-control study. *Frontiers in physiology*, 13, 959009.
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