

To the Wonderful Sub,
Thanks for taking my classes today.

Wednesday 9-24-25

1st hour is AP Physics They are going to be working on Chapter 3 in the book dealing with Vectors. They can use the book at the front of the room to check the answers they are getting. If they get done then they can do the quizzes on AP Classroom. They know which ones to do. I showed them the quizzes on Tuesday.

2nd hour is Astronomy is going to be watching a video called **A year in space**. The DVD is in the player in front of my desk. The remote is on my desk. Turn the Smart Board on to HDMI 2 Please make sure you show the 1st episode. Students need to write down 20 items they find interesting. Have them write their name on the paper and A year in space and collect them at the end of the period.

3rd hour is Physics 1010 They are going to be working in Chapter 8 and 9. They can use their books or the online version to help them. Remind them that Chapters 7, 8 and 9 are going to be due on Monday. I will be answering questions of the chapters on Friday.

5th and 6th hour are Physics A Are going to be watching a video called Medieval Siege. This is a video to help them understand trebuchets. The DVD is in on my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. They can be working on their review for the test retake as well.

Thursday 9-25-25

1st hour is AP Physics They are going to be working on Chapter 3 in the book dealing with Vectors. They can use the book at the front of the room to check the answers they are getting. If they get done then they can do the quizzes on AP Classroom. They know which ones to do. I showed them the quizzes on Tuesday.

2nd hour is Astronomy is going to be watching a video called **Beyond A year in Space**. The DVD is in the player in front of my desk. The remote is on my desk. Turn the Smart Board on to HDMI 2. Please make sure you show the 1st episode. Students need to write down 20 items they find interesting. Have them write their name on the paper and A year in space and collect them at the end of the period.

3rd hour is Physics 1010 They are going to be working in Chapter 8 and 9. They can use their books or the online version to help them. Remind them that Chapters 7, 8 and 9 are going to be due on Monday. I will be answering questions of the chapters on Friday. They can also start to do the practice Quizzes for Chapters 7, 8, 9, and 10

5th and 6th hour are Physics A Students are going to be working on the practice quizzes or finishing their packet. There are a few students who still need to do labs or finish labs. They should be working on any of those items.

Please don't let students play with any equipment in the room. If there are any issues please let me know.

Thanks
Cefalo

To the Wonderful Sub,

Thanks for taking my classes today.

1st- 3rd hours Physics B These classes are going to be working on the new packet they got yesterday. The notes are on Canvas. They should be able take the notes and do the practice problems up to page 8.

4th hour is AP Physics They are going to be working on a practice test. They are on AP Classroom. They should know where to find them.

6th hour is going to be watching a video called **A year in space**. The DVD is in the player in front of my desk. The remote is on my desk. Turn the Smart Board on to HDMI 2 Please make sure you show the 1st episode. Students need to write down 20 items they find interesting. Have them write their name on the paper and A year in space and collect them at the end of the period.

Please don't let students play with any equipment in the room. If there are any issues please let me know.

Thanks
Cefalo

To the Wonderful Sub,

Thanks for taking my classes today.

1st hour is AP Physics. Students should be working on Chapter 14. Please remind the students that all late assignments are due on Friday. They have the assignment and should be able to work on the assignments.

2nd and 5th hours are Physics 1010. Students need to be studying for the test that will happen tomorrow or for the final that will be on Thursday. Please tell the students that we will have our review session tomorrow morning from 6:30-7:30 am. I will answer questions from the quizzes for the unit 4 Tests then.

3rd and 6th hours are Physics B. Students should be working on all pages up to review in the packet if they are done with all of these pages besides the lab on motors. They can also go on to canvas and fill in the rest of the notes. Please encourage them to do more of the practice quizzes located on Canvas.

Please let me know if there are any issues.

Thank you
Gregg Cefalo

To the Wonderful Sub,

Thanks for taking my classes today.

1st hour is AP Physics. Half of the class will be with me at the STEM Fair. The rest of the class should be working on Ch 12 or watching videos on AP classroom. The students already have the assignment

2nd and 5th hours are Physics 1010. The students are going to be working on the homework for chapters 12 and 25. If they get finished they are to start reading chapter 26. If they get done with that they can start doing the Practice quizzes for Unit 3

3rd and 6th hours are Physics B. They are going to be working on pages 10 and 11 in their packets. They will need to use the books in the front of the class. Once they are done with that they work on the Test review at the back of the packet or they can work on the Light Test Review Module

Please let me know if there are any issues.

**Thank you
Gregg Cefalo**

Doug

Thanks for taking my classes this week. I hope that they will work well for you. They have lots to work on to get ready for the last couple of days in the trimester.

Monday - Friday

1st hour

AP Physics The students are working on Chapter 7 in the book. They know what the assignment is and where the correction book is so they can check their answers. They can be working on this chapter or they can be working on Quizzes on Canvas. The quizzes they should be taking are chapters 4-7. They also can watch AP videos off of AP Classroom up to Unit 2

2nd hour - 3rd hour

Physics

The students will be working on the Forces Packet to finish it up. They should be able to do all of the rest of the packet and the test review. On canvas there are extra videos and quizzes that they should take in the Force 4b module. They can use the Chrome books to help them along the way. My 3rd hour there are some students that will try to get together at the back table and they won't get much done. Please have them sit in the seating chart. Aaron is the only one that can move seats because of his injury.

Things to do:

- 1) Finish packet
- 2) Take quizzes
- 3) Help those around you in class

3rd hour I have 2 students Ryan Weaver and Brandon Richards who will be with Mrs. McBride all Week. Please don't mark them absent. They work better when they are with her in her room.

5th - 6th hour

Astronomy Space exploration

Please hand out the review for the Lander/Rover Test. They are on my desk. They are different for 5th and 6th hours. Please hand out the correct paper for each class. Students were informed that if they are good for you they will be allowed to use a note card on the test. If they are not good then they will not be able to use it. This week they are going to be working on 2 major things.

- 1) The Review for the test
- 2) The Rover assignment. They need to have a a rover that will go down the path I create in the hallway. They also need to have a 1 page paper that talks about the mission they are creating. All of the requirements are located on my Website or on Canvas. **Please remind the students to share the paper with me. Gregg.Cefalo@besd.net**
- 3) If they get done and you need something else to do they can watch the video Death dive to Saturn that is on my desk. The DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner.

Please let me know if you if you have any issues.

Thanks

Gregg

To the wonderful Sub

Thanks for taking my classes today

1st hour is AP Physics they should be working on their book assignment for Chapter 6. If they need more instruction they can watch the video on AP classroom.

2nd and 3rd hours are going to be watching a video called Medieval Siege. This is a video to help them understand Trebuchetes. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. They can be working on their review for the test as well.

5th and 6th They are going to be working on their presentations or their landers. The landers will be launched on Thursday in class and we will start presenting their presentations on Friday or on Monday. If they need to sign up for a presentation the sheets are in the back of my class on the table.

Please let me know if there are any issues

Thanks
Gregg Cefalo

1st hour is my AP Physics class they are going to be working on chapter 2 in the books. They have been given the assignment and should be able to work independently. I will be answering questions on Monday off of the assignment

2nd and 3rd hours are my Physics classes. They just had a test and will be working on the Physics 500. Please hand out a packet to each student. They need to pair up with another student and follow the directions. If they get done they can work on the next page with the graph or the definitions and use the yellow book.

5th and 6th hours are going to be finishing up their presentations. They all should be in a group. Please remind them if they have not shared their folder with me to have them do it. Today will be the last day that they are working on it. If they don't get done it will turn into homework.

Please let me know if there are any issues with any students

Thanks
Gregg Cefalo

To the wonderful sub,

1st hour. Students are going to be working on their test questions for the review. They should have 25 questions that match the guide on Canvas or on my website. They all should be in groups to do this project. We signed up for the different groups on Friday.

2nd hour is going to be doing a practice test. Please put a 45-minute up on the board for them. Hand out the test and they will know what they need to do.

4th, 5th and 6th hour. They are going to be working on their presentations or their landers. The landers will launched on Tuesday in class and we will start presenting their presentations on Wednesday.

I have a TA 6th hour but he hasn't shown up for a little while.

Please let me know if you have any issues with any students.

Thanks
Cefalo

To the wonderful sub,

There is a solar eclipse that can be seen during the day on April 8th starting at 11:25 and ending at 1:41. If the sun is up the eclipse is still going you can have the students go watch it for a minute using the eclipse glasses in the back of the room.

Monday, April 8th

1st hour is going to be watching the movie Outer Planets. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. When starting the movie to go episodes and select Outer Planets. If you don't it will play the wrong movie.

2nd hour is going to be taking a practice test that is multiple choice. They need a 45 min timer and then give them the test. I will give them the answers for the test on Wednesday

4th, 5th and 6th hour are going to be watching the movie **A year in space**. The DVD is on my desk. Please make sure you show the 1st episode. Students need to write down 20 items they find interesting. Have them write their name on the paper and Beyond a year in space and collect them at the end of the period.

Tuesday, April 9th

1st hour is going to be watching the video called the **Death Dive to Saturn**. The disc is on my desk. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. Please collect the movie guide at the end of the hour.

2nd hour is going to be taking a practice test that is free response. They need a 45 min timer and then give them the test. I will give them the answers for the test on Wednesday

4th, 5th and 6th hour are going to be watching the movie **Beyond a year in space**. The DVD is in my DVD player in front of my desk. This is the 2nd part on the disk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. Students need to write down 20 items they find interesting. Have them write their name on the paper and Beyond a year in space and collect them at the end of the period.

6th Hour I have a TA. He can work on grading papers in the inbox.

There are multiple students that will have Peer tutors with them in class.

Please let me know if there are any issues. You can text me at 435-279-3218

Thanks
Gregg Cefalo

To the wonderful sub,

Tuesday, March 19th

1st hour is going to be watching the movie Extreme Stars. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. When starting the movie to go episodes and select Extreme Stars. If you don't it will play the wrong movie.

2nd hour is going to be working on AP classroom. They should be working on the Unit 3 Progress check or watching some of the review videos or doing a progress check.

4th, 5th and 6th hour are going to be starting their presentations. Most of the students are in a group already. They should have 18 slides in the presentation and then guided notes that match their slides and then 5 test questions off of their slides. Please have them share the folder with me and remind them to add me as an editor. gregg.cefalo@besd.net

Wednesday, March 20th

1st hour is going to be watching the movie Inner Planets. The DVD is on my desk. In the Universe case with a blue sticky note. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

When starting the movie to go episodes and select Inner Planets. If you don't it will play the wrong movie.

2nd hour is going to be working on AP classroom. They should be working on the Unit 4 Progress check or watching some of the review videos or doing a progress check.

4th, 5th and 6th hour are going to be starting their presentations. Most of the students are in a group already. They should have 18 slides in the presentation and then guided notes that match their slides and then 5 test questions off of their slides. Please have them share the folder with me and remind them to add me as an editor. gregg.cefalo@besd.net

6th Hour I have a TA. He can work on grading papers in the inbox.

There are multiple students that will have Peer tutors with them in class.

Please let me know if there are any issues. You can text me at 435-279-3218

Thanks
Gregg Cefalo

To the wonderful sub,

1st , 5th and 6th hours are going to be watching a video called **Supernova**. Please make sure you play the Supernova video which is the 2nd episode. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

2nd hour is going to be working on their homework or watching videos on AP classroom. They have all their assignments and know what to do.

3rd hour is Online Lab. You will need to go to P-2 for that period.

4th hour is my 1010 class. You won't have a class this hour. They will all be with me.

Please let me know if there are any issues.

Thanks

Gregg

To the wonderful sub,

4th hour is my Physcis 1010 Class. They are going to be working on either Chapter 26 or the Unit 3 Review. They can use the chrome books in the front of the class to work on that. I will answer any questions on Wednesday. Please remind them that their test is coming up on Thursday.

5th and 6th hours. All classes are going to be watching a movie called **Black Holes**. It is the **2nd eposide** on the DVD. Please make sure that you select the Black Holes video on the menu. There is a study guide that they will need to fill out on my desk. Please collect the papers at the end of the period. To show the video make sure the Smart Board is turned on and have the input be HDMI 2. The input button is in the bottom left corner. Please make sure you hand out the guide before you start the movie.

Please let me know if you have any issues.

Thanks

Gregg Cefalo

To the wonderful sub,

11-17-23

1st and 2nd hours are my AP classes. They are going to be working on Chapter 6 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Cavnas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 7. I will be answering questions off of the assignment on Monday.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class. **You will probably need to remind him to plug the HDMI cord back into the DVD player to show the movies in 5th and 6th hours.**

5th and 6th hours are going to be watching the video called the **Death Dive to Saturn**. The disc is on my desk. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. Please collect the movie guide at the end of the hour.

Please let me know if there ar any issues with the classes.

Thanks
Gregg Cefalo

To the wonderful sub,

Tuesday 10-31-23

1st and 2nd hours are my AP classes. They are going to be working on Chapter 4 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Canvas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 5. I will be answering questions off of the assignment on Wednesday.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class. **You will probably need to remind him to plug the HDMI cord back into the DVD player to show the movies in 5th and 6th hours.**

5th and 6th hourhour are going to be watching a movie called **Colonizing Space**. The DVD is in my DVD player in front of my desk. The Smart Board needs to be on HDMI 2 to watch this movie. There is a movie guide that students will need to fill out as the movie is played. Please collect the papers at the end of the period.

Please don't let students use any equipment in the class. Please let me know if you have any issues

Thanks
Gregg Cefalo

Wednesday

1st and 2nd hours are my AP classes. They are going to be working on either the packet I gave out last week or Chapter 4 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Canvas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 5. I will be answering questions off of the assignment on Thursday. These are the same instructions from Monday and Tuesday. If any student gives you issues please let me know.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class.

5th and 6th hours are going to be watching the movie **A year in space**. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. Students need to write down 20 items they find interesting. Have them write their name on the paper and Beyond a year in space and collect them at the end of the period.

To the wonderful sub,

10-23 to 10-24

Monday

1st and 2nd hours are my AP classes. They are going to be working on either the packet I gave out last week or Chapter 4 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Canvas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 5. I will be answering questions off of the assignment on Wednesday.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class.

5th and 6th hours are going to be finishing up their presentations. Most of the students have a good start to them. They should have 18 slides in the presentation and then guided notes that match their slides and then 5 test questions off of their slides. Please have them share the folder with me and remind them to add me as an editor. gregg.cefalo@besd.net

Tuesday

1st and 2nd hours are my AP classes. They are going to be working on either the packet I gave out last week or Chapter 4 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Canvas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 5. I will be answering questions off of the assignment on Wednesday.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class. **You will probably need to remind him to plug the HDMI cord back into the DVD player to show the movies in 5th and 6th hours.**

5th and 6th hours are going to be watching the movie **Beyond a year in space**. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. Students need to write down 20 items they find interesting. Have them write their name on the paper and Beyond a year in space and collect them at the end of the period.

Please don't let students use any equipment in the class. Please let me know if you have any issues

Thanks
Gregg Cefalo

To the wonderful sub,

1st and 2nd hours are my AP classes. They are going to be working on Chapter 1 in the book. The problem numbers are on Canvas for the students. They can use a chrome book as needed to look up the assignment on Canvas. Once they are done they can either watch videos on AP classroom or they can start the read over chapter 2. I will be answering questions off of the assignment on Thursday. Please remind the students that we are going to have a test coming up on Friday.

5th and 6th hours are going to be watching the movie The 1st Man on the Moon. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. If there is not enough time to finish the movie we will finish it on Thursday.

4th hour is my Technology hour and Tom Davidson will be in my room with his AP Class.

Please don't let students use any equipment in the class. Please let me know if you have any issues

Thanks
Gregg Cefalo

To the wonderful sub,

Thanks for taking my classes today. I know that they are going to be sparse when it comes to attendance. Students know that I will be gone grading AP tests and nothing new will go on their grade.

All hours are going to watch a space video. You can choose which video you want to show each hour. There are different videos on each disk. To show the video make sure the Smart Board is turned on and have the input be HDMI 2. The input button is in the bottom left corner. The DVD player remote is on my desk.

Thank you

Gregg

To the wonderful sub,

Thanks for taking my classes today. Please let me know if there are any issues with my classes.

4th, 5th and 6th hours. All classes are going to be watching a movie called Black Holes. It is the 2nd episode on the DVD. Please make sure that you select the Black Holes video on the menu. There is a study guide that they will need to fill out on my desk. Please collect the papers at the end of the period. To show the video make sure the Smart Board is turned on and have the input be HDMI 2. The input button is in the bottom left corner. Please make sure you hand out the guide before you start the movie.

Please let me know if you have any issues

Thanks

Gregg Cefalo

To the wonderful sub,
Thanks for taking my classes today. Please let me know if there are any issues with my classes.

1st and 6th hours are going to be finishing up their presentations. Most of the students have a good start to them. They should have 18 slides in the presentation and then guided notes that match their slides and then 5 test questions off of their slides. Please have them share the folder with me and remind them to add me as an editor. gregg.cefalo@besd.net

2nd hour is going to be taking a practice test that is multiple choice. They need a 45 min timer and then give them the test. At the end of the 45 mins give them the answer sheet to score their test.

4th and 5th hours are going to be watching **Chasing Pluto**. There is a study guide that they will need to fill out on my desk. The movie will probably take more than the entire hour. Please collect the papers at the end of the period. To show the video make sure the Smart Board is turned on and have the input be HDMI 2. The input button is in the bottom left corner. Please make sure you hand out the guide before you start the movie.

Thanks for your help
Gregg Cefalo

To the wonderful sub,

Thanks for taking my classes today. Please let me know if there are any issues with my classes.

1st and 6th hours are going to be watching **Chasing Pluto**. Both classes had presentations on New Horizons yesterday. There is a study guide that they will need to fill out on my desk. The movie will probably take more than the entire hour. Please collect the papers at the end of the period. To show the video make sure the Smart Board is turned on and have the input be HDMI 2. The input button is in the bottom left corner. Please make sure you hand out the guide before you start the movie.

2nd hour is going to be taking a practice test that is MC. They need a 45 min timer and then give them the test. At the end of the 45 mins read them the correct answers that are located on my desk under the tests. They can keep the tests after they are done.

4th and 5th hours are going to be watching a video about **The outer planets**. The disc is on my desk and the dvd player is located in front of my desk on the cart. There is a study guide that goes along with the movie. Hand out the paper before you start the movie and please collect the papers at the end of the hour.

Thanks again for your help.

Mr. Cefalo

To the wonderful sub.

Thanks for taking my classes today.

1st and 6th hours are going to be finishing up their presentations. Most of the students have a good start to them. They should have 18 slides in the presentation and then guided notes that match their slides and then 5 test questions off of their slides. Remind them to add me as an editor. gregg.cefalo@besd.net

2nd hour is going to be taking a practice test that is free response. They need a 45 min timer and then give them the test. At the end of the 45 mins give them the answer sheet to score their test.

4th and 5th hours are going to be watching the video called the **Death Dive to Saturn**. The disc is on my desk. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. Please collect the movie guide at the end of the hour.

Please let me know if there are any problems

Thanks
Cefalo

Thanks for taking my classes today.

4th hour Almost everyone will be with me at the elementary school. The rest of the class will be at the foundations practice for Orchestra

5th and 6th hours are going to be watching the rest of interstellar. They got to the point in the movie when they are on the planet with Dr. Mann and the hab exploded. It is at the 2:00:00 mark on the film. Students need to write 6 items for today. Fact vs Fiction. Have them call it Day 4 and collect them at the end of the period.

Once they are done with interstellar we are going to have them watch the video that is link below. It is on Spray paint art.

https://www.youtube.com/watch?v=1esaSXawiE4&t=589s&ab_channel=SkechArt

To the Wonderful Sub,

Thanks for taking my classes today. Please let me know if you have any issues in my classes

Turn on the Smart Display in the bottom left corner and make sure you are on HDMI input 2. There is a Remote for the DVD player on my desk. The sound control is under the Flag.

If students want to use the bathroom they need to use the QR codes in the back of the room to check in and out of the classroom.

Friday 12-16

2nd hour AP Physics: Students are going to be watching videos on AP Classroom or working on Practice quizzes from Units 1-4. Have them do the progress checks after they watch the videos. There are headphones over on the Chromebook cart. They can work with other students to get questions answered

3rd, 5th and 6th hours Astronomy: Today students are going to watch the video called the Inner Planets. The disc is on my desk in the Please make sure you play the **Inner Planets** video which is the 3rd episode. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. If you don't have enough time to finish the movie please finish it on Monday.

4th Physics 1010: Students are going to be reading over chapters 7 and 8 and doing the assignments for them. . **Please remind students that chapters 4, 5, and 6 are due on Monday the 19 BEFORE class. Please tell them to READ and not just answer the questions at the of the chapter. It will be very helpful for them to read the book.**

Monday 12-19

2nd hour AP Physics Students are going to be watching videos on AP Classroom or working on Practice quizzes from Units 1-4. Have them do the progress checks after they watch the videos. There are headphones over on the Chromebook cart. They can work with other students to get questions answered

3rd, 5th and 6th hours Astronomy Today students are going to watch the video called the Outer Planets. The disc is on my desk in the Please make sure you play the **Outer Planets** video which is the 4th episode. The DVD is in the holder on my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

4th Physics 1010 Students are going to continue to work on reading over chapters 7 and 8 and doing the assignments for them. The assignments are not due until after the break. They are posted on Canvas. **Please tell them to READ and not just answer the questions at the of the chapter. It will be very helpful for them to read the book.**

Tuesday 12-20

2nd hour AP Physics Students are going to be watching videos on AP Classroom or working on Practice quizzes from Units 1-4. Have them do the progress checks after they watch the videos. There are headphones over on the Chromebook cart. They can work with other students to get questions answered

3rd, 5th and 6th hours Astronomy Today students are going to watch the video called the **Death Dive to Saturn**. The disc is on my desk. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

4th Physics 1010 If students are already done with chapters 7-8 they can start to read over chapter 9. Please tell them to READ and not just answer the questions at the of the chapter. It will be very helpful for them to read the book.

Wednesday 12-21

This is half day. Please show up at 7:40 and you get to leave at 11:15. Most students will not present. For those that show up please have them watch a video called Secrets of the Sun for all of my classes. It is the 1st disc in the disc holder on my desk.

Please don't let students play with any equipment in the class. I don't want them to break it or get hurt. Please let me know of any concerns,

Thanks

Mr. Cefalo

To the Wonderful Sub,

Thanks for taking my classes today. Please let me know if you have any issues in my classes

Turn on the Smart Display in the bottom left corner and make sure you are on HDMI input 2. There is a Remote for the DVD player on my desk. The sound control is under the Flag

Thursday 11-17-22

1st hour is going to be watching a video called **Supernova**. Please make sure you play the Supernova video which is the 2nd episode. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

2nd hour is going to be working on their homework or watching videos on AP classroom. They have all their assignments and know what to do.

3rd and 4th hours are my prep and technology hours. They might have you cover for another class these hours

5th and 6th hours are going to be working on their rovers. The rovers assignment guide is on Canvas or on my website. We are planning on doing the rovers path on Monday. They can use the k'nex on the table in my room but they need to make sure they pick up any parts they drop so they don't get lost or vacuumed up. They need to share their essay about their rover with me. Their essay is due on **Friday** Gregg.cefalo@besd.net

Friday 11-18-22

1st hour is going to be watching a video called **Blackholes**. You will need to change the disk to disc 1 and make sure you play the **Blackholes** video which is the 2nd episode. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie.

2nd hour is going to be working on their homework or watching videos on AP classroom. They have all their assignments and know what to do.

3rd and 4th hours are my prep and technology hours. They might have you cover for another class these hours

5th and 6th hours are going to be working on their rovers. The rovers assignment guide is on Canvas or on my website. We are planning on doing the rovers path on Monday. They can use the k'nex on the table in my room but they need to make sure they pick up any parts they drop so they don't get lost or vacuumed up. They need to share their essay about their rover with me. Their essay is due on **TODAY!** Gregg.cefalo@besd.net

Please don't let students play with any equipment in the class. I don't want them to break it or get hurt. Please let me know of any concerns,

Thanks

Mr. Cefalo

To the Wonderful sub,

Thanks for taking my classes. With it being the end of school I hate to leave but it is very important to convey what is expected to the students so they can turn in the items to me for grading.

Friday 5-27-22

1st hour and 4th hour are going to be watching a movie called Colonizing Space. The Smart Board needs to be on HDMI 2 to watch this movie. There is a movie guide that students will need to fill out as the movie is played. **Once they are done with the paper they will need to submit the paper on Canvas for grading. Please tell the students that is the only way it will be graded.**

2nd hour is going to be watching the same movie from 1st hour but they don't have to turn in the assignment.

5th and 6th hours are going to be watching movie called **Supernova**. Please make sure you play the Supernova video which is the 2nd episode. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. **nce they are done with the paper they will need to submit the paper on Canvas for grading. Please tell the students that is the only way it will be graded.**

Tuesday 5/31

We only have 30 minutes in class today. Get as much as you can covered.

1st and 4th hour are going to start the Messge to Alien Civilztaion. There are papers on my desk explaining what they have to do and the point values. The same information is on Canvas for them. They will have today through Thursday to finish and turn in their assignments. They can work with a partner. (2 is max per group)

2nd hour will whatever episode they want from How the Universe works.

5th and 6th hours are going to be watching Extreme Planets. There is a movie guide they will need to fill out. Pleas hand out the guide before you start the movie. Take note how far they get so you can have them finish it on Wednesday. There will not be any Seniors in the class the rest of the week.

Wednesday 6/1

1st and 4th see notes from Tuesday

2nd hour you may have 2 kids show up the rest are graduated

5th and 6th will finish the movie from Tuesday and then submit their papers on Canvas. After they are done you can show the next episode called Extreme Moons. They don't have to turn in any work for this movie.

Thursday 6/2

1st and 4th should be finishing their Messge to Alien Civilztaion and submitting on Canvas.

2nd hour you may have 2 kids show up the rest are graduated

5th and 6th are going to be finishing the movie from Wednesday. If there is still time you can show anyone of the videos in either disc set.

Thanks again for all your help!

Gregg

To the Wonderful Sub,

Thanks for taking my classes today. Please let me know if you have any issues in my classes

Turn on the Smart Display in the bottom left corner and make sure you are on HDMI input 1. There is a Remote for the Blu-ray player on my desk.

5-18 to 5-20 Wednesday, Thursday, and Friday.

1st and 4th hours are going to be watching the Martian. The students will need to write down 5 items that are facts and 5 items of fiction. They should be items that we have talked about in the class about space and the different missions. I will collect them on Monday. They will be doing fact and fiction every day, for a total of 30

items. At the end of the period please write down the time where the movie is at. Record it below for the next day. I have a TA for 1st hour that will work on what she needs to. After that, she can work on whatever she needs to.

2nd hour is going to be watching Interstellar. They don't need to write anything down.

5th and 6th hours are going to be watching Interstellar. The students will need to write down 5 items that are facts and 5 items of fiction. They should be items that we have talked about in the class about space and the different missions. I will collect them on Monday. They will be doing fact and fiction every day, for a total of 30 items. At the end of the period please write down the time where the movie is at. Record it below for the next day.

Time the movie stopped when class was over

Class	Wed	Thurs	Friday
1st			
2nd			
4th			
5th			
6th			

Thanks for your help. Please let me know if you have any issues.

Gregg Cefalo

To the Wonderful Sub,

Thanks for taking my classes today. Please let me know if you have any issues with anyone.

1st and 4th hours are going to be working on either their presentation or their lander. If someone was not here to sign up for a presentation, they can sign up on the paper that is on my desk for their respective hour. The requirements for the presentations are on Canvas or on my Website.

I have a TA 1st hour Kaitlyn that can work on anything that she needs to.

2nd hour is going to be working on the materials from AP classroom to prepare for the AP Test

5th and 6th hours are going to be watching a movie called Meteor Strike. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. If there is not enough time to finish the movie we will finish it on Tuesday.

Please don't let students play with any equipment in the room.

Thank you

Gregg Cefalo

To the wonderful Sub,

I hope my classes will work well for you.

1st and 4th hour are going to be watching the movie The 1st Man on the Moon. The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. If there is not enough time to finish the movie we will finish it on Monday. I also have a TA 1st hour that can work on whatever she needs to.

2nd hour is going to be taking a practice test for the AP test. The paper for them in on my desk. Please time them for 45 mins. I will give them the answer sheet on Monday

5th and 6th hours are going to be watching the movie Extreme Stars. The disk on my desk. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. When starting the movie to go episodes and select Extreme Stars. If you don't it will play the wrong movie. If there is not enough time to finish the movie we will finish it on Monday.

Please let me know if you have any issues with students

Thanks again for your help

Gregg Cefalo

To the wonderful Sub,

Thanks for taking my classes today. I hope that my classes will work well for you. My 2nd hour will be small since 5 of them will be with me at the Stem Fair

1st and 5th hours are my Physics classes. They are going to be watching a video called Medieval Siege. The DVD is in the DVD player behind my computer. There is a remote on my desk for the DVD player. The Smartboard needs to be turned on using the moon symbol and then moved to HDMI 1 using the arrow. Please have the students take notes on the video and how it ties into physics. They will be turning in their notes at the end of the period. Tell the students that they need to elaborate on the physics concepts.

2nd hour is going to be working on items in AP classroom. They can grab a chrome book and either work on practice questions or watch videos. If they choose to watch videos they should be using headphones.

3rd hour is going to be reviewing for their final next week. They should be using the yellow book and canvas to help them prepare.

6th hour is going to be watching a video called Constellations. The DVD is in the DVD case for Medieval Siege behind on my desk. There is a movie guide on my desk. Please pass out the movie guide before you start the movie. There is a remote on my desk for the DVD player. The Smartboard needs to be turned on using the moon symbol and then moved to HDMI 1 using the arrow. Please make sure you go to the episode selection to start the Black Holes episode and just play all.

Please let me know of any issues.

Thanks
Gregg Cefalo

To the wonderful Sub,

Thanks for taking my classes today. I hope the students will work well for you. We do have an assembly today that revolves around 2nd hour. That means we will attend the assembly after roll call of 2nd hour.

1st hour and 5th hour Physics. Students are going to be working on the review in their packets. If they are done with the review there are links on Canvas or below for them to go get extra instruction about the content coming up on the test. The test will be on Tuesday. I will answer questions on Monday.

<https://www.physicsclassroom.com/class/circuits>

<http://www.conceptualphysics.com/91-100.html>

https://www.youtube.com/watch?time_continue=1&v=BxMdof7C6SE&feature=emb_logo

2nd hour is going to be working on AP classroom. They can work on either the quizzes or use the headphones and watch some of the videos.

3rd hour is going to be working on the packet that is coming from the office that is called Measuring Waves. They should be able to do almost all of it. If they get done they can work on chapter 25 and 26 book assignments off of Canvas.

6th hour is going to be watching a movie called. How the Universe Works: Black Holes: The DVD is in the DVD player behind my computer. There is a movie guide on my desk. Please pass out the movie guide before you start the movie. There is a remote on my desk for the DVD player. The Smartboard needs to be turned on using the moon symbol and then moved to HDMI 1 using the arrow. Please make sure you go to the episode selection to start the Black Holes episode and just play all.

Please let me know if there are any issues with the classes.

Thank you for your help.

Mr Cefalo

To Wonderful Sub,

1 - 4 - 21

Thanks for taking my classes today.

1st and 5th hours are going to be reading chapter 27 in the yellow textbook in the front of the class. Then they are to answer the "Review Questions" at the back of the chapter. They will need to do this on a separate sheet of paper. This paper will be turned in with their packet at the end of the unit. 5th hour I have a TA that can do whatever he needs to work on.

2nd hour is going to be working on their packet. They should be able to finish up Homework #3 and #4. If they are done with the packet they can work on items online in AP Classroom

3rd hour is going to be reading over chapter 8 and then starting the packet that is on my desk. I will be going over the packet with them on Wednesday. Also, they can start the homework for chapter 8 on Canvas

6th hour is going to be watching a movie called. NOVA: Death dive to Saturn. The DVD is in the DVD player behind my computer. There is a movie guide on my desk. Please pass out the movie guide before you start the movie. There is a remote on my desk for the DVD player. The Smartboard needs to be turned on using the moon symbol and then moved to HDMI 1 using the arrow. If you don't have enough time to finish the movie, I will finish on Wednesday.

Please let me know if there are any issues

Thanks
Gregg Cefalo

Heather,

Thank you for all of your great work last week. I hope the students will work well for you.

Thursday 11-18-21

1st and 6th hours are going finishing up their packets and getting ready for the test. They will be turning in their packets on Friday.

2nd hour is going to continue with their Work Packet

3rd and 5th hours are going to be working on their rovers. The rovers assignment guide is on Canvas. We they will have some time on Monday to finish their Rover if they need it. We are planning on starting the rovers path on Monday and finish on Tuesday. They need to share their essay about their rover with me.

Gregg.cefalo@besd.net

Remind all classes about the Lunar Eclipse that is tonight into Friday morning. It peaks at 2 am on Friday.

<https://www.timeanddate.com/eclipse/in/usa/salt-lake-city>

Friday 11-19-21

1st and 6th hours are going to be taking a test on Forces. The Name of the test is Force Numerical Test. The password is "Newton2"

They cannot use their notes but they can use their reference sheet and the equations on the boards.

2nd hour should be working either in AP classroom or on their Work Packet. They can check their answers with the answer document.

3rd and 5th hours are going to be finishing up their Rover Project. Please remind them that they need to have the essay with the questions answered from the canvas page as well as have their instruments on their rovers.

Please let me know if you have any issues.

Thanks!

Heather,

Thank you so much for taking my classes. I hope that they will work well for you. Please let me know of any issues you may have. I know there is an assembly this week and might take a little time out of the schedule. I really don't know how long it will take on some of the assignments. I hope I have left enough materials to keep the students working.

I have a lot of items in the class that students like touching. Please encourage them to not touch them.

11-9-21 to 11-15-21

Tuesday

1st and 6th hours are going to be doing the friction lab in their packets. It is on page 12. I went over how to do the lab yesterday in class. They are allowed to go outside to use different surfaces with their brick to find the coefficient of friction. They will need a brick and different size spring scales to measure the forces. I have an inkpad and bee stamp on my desk to stamp page 12 when students are done with the lab. If the students get done with the lab they can start working on their packets.

2nd hour is going to be watching a video on Integrals in Canvas. Have them go to the Energy Tab for them to find the video. I have also added the assignment with the answer for them to check in canvas. I have headphones over by the Chromebooks to have them use.

2nd hour Alta Stott is my TA. She can work on whatever she needs to.

3rd and 5th hours are going to start to work on the review for their test on Friday. The review for each hour is on my desk. Please hand out the reviews and have the students start to work on the review. They are allowed to use a notecard on the test on Friday. I have some cards in the front of the class on the bookshelf if they need one.

Wednesday

1st and 6th hours are going to be working in the packet up to page 10. This is not new material. It is having the students use numbers to answer the questions

2nd hour is going to be watching a video on AP Classroom or working on their packet. Have them go to watch any videos on Energy. There are practice questions they can answer in AP classroom as well.

2nd hour Alta Stott is my TA. She can work on whatever she needs to.

3rd and 5th hours are going to be finishing up their review. If they get done with the review and their notecard then they can work on their lander in their groups.

Thursday

1st and 6th hours are going to be finishing up their packet up to page 10. This is not new material. It is having the students use numbers to answer the questions. I will answer questions off of the packet when I get back.

2nd hour is going to be watching a video on AP Classroom or working on their packet. Have them go to watch any videos on Energy. There are practice questions they can answer in AP classroom as well.

3rd and 5th hours Most of them are going to need more time to finish their landers. If they are working that is great. If people are not working then you can show one of the video on my desk. The remote is on my desk and the Smart Display should be turned to HDMI 2. The button behind the DVD player switches between the computer and the DVD player. I have Chasing Pluto and Death dive to Saturn. There are video guides for them to fill out with the movie

Friday

1st and 6th hours are going to be reading chapter 5 in the Conceptual Physics Book and answering all of the questions at the end of the chapter. They can do this in their lab packet in the back. They can work with their lab groups if they would like to answer the questions. The book on my desk is the Teacher edition with the solution if you need to help any student.

2nd hour is going to be watching a video on AP Classroom or working on their packet. Have them go to watch any videos on Energy. There are practice questions they can answer in AP classroom as well.

3rd and 5th hours are going to be taking the tests on their presentations. The test is called 3rd or 5th hour Rover test. They are allowed to use their notecard. Max Jones will go to take test in Mrs. Larsens room. The access code to the test is "NomoreDADJokes"

Monday

1st and 6th hours are going to be reading chapter 6 in the Conceptual Physics Book and answering all of the questions at the end of the chapter. They can do this in their lab packet in the back. They can work with their lab groups if they would like to answer the questions.

2nd hour is going to be watching a video on AP Classroom or working on their packet. Have them go to watch any videos on Energy. There are practice questions they can answer in AP classroom as well.

3rd and 5th hours are going to watch whichever movie you didn't show last week. If they were working hard then just pick one of them to watch. Collect the papers at the end of the period. Please remind the students that they are going to be launching their landers on Wednesday

10-25-21

Thanks for taking my classes today.

1st and 6th hours are going to be reading chapter 4 out of the "Conceptual Physics" book in the front of the class (the yellow one). They are then to answer all of the questions on pgs 56-58. They can answer these questions on the back of the packets that they already have.

2nd hour is AP Physics. They are going to be doing work on either their packet on homework 3 and 4 or in AP classroom. They can use a Chromebook to watch the videos if they want to or they can watch on their phones.

2nd hour I also have a TA. She doesn't have anything to grade so she can work on whatever she needs to.

3rd and 5th hours are going to be watching a movie called "Colonizing Space". The DVD is in my DVD player in front of my desk. The SmartBoard needs to be turned on and changed to HDMI 2. There is also a switch behind my computer The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. At the end of the period please collect the worksheets, even if they don't finish the movie.

If students bring in food for the food drive please have them add the total to their class.

I have great classes. Please let me know if you have any issues.

Thanks

Gregg Cefalo

4-12-21

To the Wonderful Sub,

Thanks for taking my classes today.

1st hour is going to be watching a movie called "Colonizing Space". The DVD is in my DVD player in front of my desk. The Smart Board needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. At the end of the period please collect the worksheets, even if they don't finish the movie.

2nd hour is going to be doing a practice test. It is going to be timed for 45 minutes. Please hand out the test and have them take it. After 45 mins hand out the solution guide. They can start to look over the answers. Please have them keep all papers.

4th, 5th and 6th hours are going to be working out of the book. They are going to read chapter 28. After they read they are to answer the Think and Explain questions. They can read it out of the yellow book in the front of the class or they can read it on Canvas.

I have great classes. Please let me know if you have any issues.

Thanks

Gregg Cefalo

3-18 to 3-19

Thanks for taking my classes today.

Thursday

1st hour is going to be watching the movie The 1st Man on the Moon. The DVD is in my DVD player in front of my desk. The Smart Board needs to be turned on and changed to HDMI 2. The input button is in the bottom left corner. There is a movie guide that goes along with the video. Please hand out the guide before you start the movie. There will not be enough time to finish the movie today. It will be finished on Friday. I would suggest to pause the video at the end of the period and it should start the next day where you left off.

2nd hour is going to be working on their assignment. They are going to correct it on Friday.

4th, 5th and 6th hours are going to be reading out of the yellow books on Chapters 25 and 26. They are to do the Plug and Chug and Think and Solve at the end of both chapters. Chapter 25 is for Thursday and Chapter 26 is for Friday. The chapters are also located in Canvas under the Waves & Sound Module. They will finish up their lab from Wednesday on Monday.

Friday

1st hour is going to finish watching the movie on Thursday. Please collect their papers after the movie is done. They are then to work on their presentations that they started on Tuesday and Wednesday. We will correct the worksheet on Monday. Isaiah and Kiya are not in a group. They can create a group if they would like to.

2nd hour will be correcting their assignment and then they are to try the practice test that is on my desk. They will need to leave the test in the room when they are done.

4th, 5th and 6th are going to be doing chapter 26 in the Yellow book. When they are done reading the chapter please have them answer the questions on Plug and Chug and Think and Solve.

Please sanitize the desks between classes using the yellow rags and sanitizing spray.

Please let me know if you have any issues with any students. I have amazing students in my classes this trimester.

Thank you
Gregg Cefalo