

SCCOE SPED Department Parent Trainings - Recorded Links

Sexuality For All Abilities Curriculum Review with Parents w/ English, Vietnamese, and Spanish

Subtitles:

[Middle School through Post Secondary Programs](#)

Helping Your Child Understand Language:

[Primary Grades](#)

[Secondary Grades](#)

- Understand how autism and developmental disabilities impact receptive language
- Learn the foundational skills needed to follow directions and participate in routines
- Learn ways to improve your child's understanding of spoken language and language concepts, including verbal directions
- Access free resources for caregivers to support learning outside of school

Building Expressive Communication At Home:

[Primary Grades](#)

[Secondary Grades](#)

- Define expressive language and learn about communication options
- Choose a goal for your communicator based on their current level
- Learn how to create opportunities for practicing communication during routines
- Receive access to free resources for families and caregivers to support learning at home and in the community

Teaching Skills Through Functional Routines:

[Primary Grades](#)

[Secondary Grades](#)

- Recognize the importance of consistent daily routines for children with autism and other developmental disabilities
- Learn how to use daily routines as teaching opportunities for your child
- Identify effective strategies to use during routines for building independence and motivation
- Access free resources for helping your child with routines at home

First Step: Identifying Strategies That Work:

[Primary Grades: \(password: &3U.#vLw\)](#)

- How does autism impact learning and behavior? This session presents the importance of using evidence-based practices to support the learning needs of children with autism and other related disabilities. Caregivers will learn which strategies have been proven to be effective and how they can collaborate with educators to support their child at home and at school.

Preparing For Puberty And Adolescence:

[Secondary Grades \(password: KAAk+5E.\)](#)

[Secondary Grades](#) (password: KAAk+5E.)

- Puberty brings new challenges that can be difficult to explain and teach to children with autism. It is important for caregivers to partner with educational staff to start discussions about body changes early and identify new routines to teach like shaving, using a menstrual pad, and wearing deodorant. In addition, teams should use visual tools and specific teaching strategies to teach the difference between public and private behaviors related to puberty. Free resources and tools will be shared so that educational teams and families can work together to navigate these new situations

Do With, Not For: Teaching Skills Through Functional Routines:

[Primary Grades](#) (password: 5!ST6pmL)

- Children who are independent and motivated during home routines are better prepared for success in other environments, including at school and in the community. This session describes how to break down routines into small steps and identify ways to support the child during difficult parts of the routine, such as setting up the environment, adding visual supports, and using reinforcement. Additionally, caregivers will learn examples of how to embed skill instruction into daily routines.

I Can Do It Myself! Personal Hygiene And Activities Of Daily Living:

[Secondary Grades](#) (password: NUH8*=Dx)

- Self-help skills like grooming and personal hygiene are crucial for independent living and social acceptance for teens and adults with autism. In this session, caregivers learn how autism and developmental disabilities impact activities of daily living and strategies for building skills like showering, completing daily chores, preparing meals, and navigating transportation. Through routines and motivation, caregivers and educational staff can support independence in these skills at home and in the community

Making The Most Out Of Mealtime:

[Primary Grades](#) (password: X=pv2&GE)

- Mealtime challenges are common for children with autism and other developmental disabilities. This session outlines the importance of having a consistent mealtime routine and strategies for making mealtimes a positive experience for everyone involved. Caregivers will identify common mealtime challenges and learn practical strategies to address selective eating, overeating, and undereating.

Safety Skills: Increasing Awareness At Home And In The Community:

[Secondary Grades](#) (password: 7p\$R*E?3)

- As teens and adults with autism learn to navigate social situations more independently, they are required to use problem-solving skills and increase safety awareness. It is important to specifically teach teens and adults about healthy relationships when meeting others on the internet or in person. New situations can be confusing and those who have a history of

elopement may need increased support for safety. Free resources hand tools will be shared so that educational teams and families can work together to navigate these new situations.

I Can Do It Myself! Toilet Training And Adaptive Skills:

[Primary Grades](#) (password: iCr=J3N#)

- Self-help skills like toileting and personal hygiene are crucial for independent living and social acceptance. In this session, caregivers learn how autism and developmental disabilities impact adaptive skills and strategies for building self-help skills at home. Through routines and motivation, families can support their children's independence in skills like using the bathroom and maintaining good personal hygiene.