

FACULTY OF PERFORMANCE KNOWLEDGE ORGANISER

YEAR GROUP : 9	SUBJECT: DANCE	HALF TERM : AUTUMN HALF TERM 1	TOPIC EXPLORED: BASIC DANCE SKILLS
KEY TERMINOLOGY	5 Basic Dance Actions	The 5 basic movements that allow us to create, learn and perform choreography; Jump, Travel, Turn, Gesture & Stillness.	
	Movement Memory	The ability to remember and perform dance moves confidently without hesitation.	
	Timing	Moving to the beat of the music. It helps you stay in sync with the rhythm, the other dancers, and the music so that your steps happen at the right time.	
	Posture	The way the body is held through lining up the head, shoulders, rib cage and hips. This is important in dance as it supports better balance and control when performing movements.	
	Control	The ability to move your body exactly how you want to. It helps you stop, start, balance, and change movements smoothly and on purpose, without wobbling or losing your shape.	
	Stamina	Having the energy and strength to keep dancing for a long time without getting too tired. It helps you perform full routines, stay focused, and keep your movements strong all the way to the end.	
LEARN 2 LEARN			
GRASP IT	QUIZ IT	MAP IT	STICK IT
Learn - Cover - Write - Check The key terminology listed above.	At the end of the topic can you brain dump everything you have learnt, then look back at your learning log - did you write everything down?	Create a mind map using all the new skills and words you have learnt and why including these in your choreography will make it more effective.	Can you make links to how these skills are important and could be used when learning future choreography/performing?
CURRICULUM FOR EXCELLENCE	Watch a piece of choreography - can you spot any of the skills you have been exploring in their piece? Join an Extracurricular club at school!		

