

# Kauai Recommendations Quick Guide

## North Shore

### Restaurants

#### [Avalon Gastropub](#)

*Kilauea*

Our favorite restaurant on the island. Make reservations if you plan on going.

#### [Tahiti Nui](#)

*Hanalei*

#### [Hideaway Pizza Pub](#)

*Princeville*

#### [Sandwich Isle](#)

*Princeville*

#### [Tiki Iniki](#)

*Princeville*

A good place to go for late-night drinks.

### Activities and Hikes

#### [Hanakapi'ai Beach Hike - Kalalau Trail](#)

*Ha'ena*

An incredible hike to Hanakapi'ai Beach. Click [here](#) to make the required reservations.

#### [Hanakapi'ai Falls Hike](#)

*Ha'ena*

An extension of the hike to Hanakapi'ai Beach that leads to an amazing waterfall. Click [here](#) to make the required reservations.

#### [Queen's Bath](#)

*Princeville*

#### [Kilauea Lighthouse](#)

*Kilauea*

## **Beaches**

### **Hanalei Bay Beach**

*Hanalei*

This beautiful beach is great for boogie boarding, paddle boarding, kayaking, and surfing. Equipment can be rented near the town center. On some days, you can grab some delicious food from [Pat's Tacos](#) food truck located in the last parking lot.

### **Tunnels Beach**

*Ha'ena*

This is our favorite beach. We park in the main lot at Ha'ena Beach Park and then walk back up the road about a half mile to a beach access road. This leads to clear, calm water that is great for snorkeling. It is best to arrive early (like by 8 am) because parking fills up fast. There's also a beautiful cove near the main parking lot, but the water is less safe for young children.

### **Ke'e Beach**

*Ha'ena*

A [permit](#) is required to visit this beach.

### **Anini Beach**

*Kalihiwai*

This is a fantastic beach for small children but also great for all ages.

### **Secret Beach**

*Kalihiwai*

## **Resorts**

### **Bali Hai Villas**

*Princeville*

### **Ka Eo Kai Resort**

*Princeville*

# Coconut Coast and Lihue (East side)

## Restaurants

### [Kauai Beer Company](#)

*Lihue*

### [Mariachi's](#)

*Lihue and Kapa'a*

### [Lilikoi Bar & Grill](#)

*Lihue*

### [Scorpacciata Restaurant & Bar](#)

*Lihue*

On Tuesdays, they only have takeout, but they still serve beer and wine and allow customers to dine on their front patio.

### [Dukes Kauai](#)

*Lihue*

### [Napali Brewing](#)

*Kapa'a*

### [Bobby V's Italian Restaurant & Pizzeria](#)

*Kapa'a*

### [Lava Lava Beach Club](#)

*Kapa'a*

## Activities and Hikes

### [Kilohana Plantation](#)

*Lihue*

### [Smith's Fern Grotto Tour](#)

*Lihue*

### [Wailua Falls](#)

*Lihue*

### [Ho'opi'i Falls Trail Hike](#)

*Kapa'a*

### [Kuilau Ridge Trail](#)

*Kapa'a*

## **Beaches**

### **Lae Nani Beach**

*Kapa'a*

A great ocean pool for kids

### **Lydgate Beach Pool**

*Wailua*

A larger ocean pool for kids with a fun playground nearby.

### **Kalapaki Beach**

*Lihue*

## **Resorts**

### **Kauai Coast Resort at the Beachboy**

*Kapa'a*

### **Banyan Harbor Resort**

*Lihue*

# South and West Shores

## Restaurants

### [Da Crack Mexican Grinds](#)

*Koloa*

### [Kauai Island Brewing Company](#)

*'Ele'ele*

### [Grand Hyatt Poipu](#)

*Poipu*

## Activities and Hikes

### [Waimea Canyon - Waipo'o Falls Hike](#)

*Waimea*

### [Waimea Canyon - Pihea Vista Trail](#)

*Waimea*

This hike starts at the Pu'u O Kila lookout, and it's a great way to see the Napali Coast from the West side.

### [Waimea Canyon \(hikeless views\)](#)

*Waimea*

Drive to the last lookout, Pu'u O Kila to see the Napali Coast from the West side, and then stop at the other lookouts on the way back down.

### [McBryde & Allerton Gardens](#)

*Koloa*

## **Next up**

### **Luau's**

[Smith's Family Luau](#)

*Kapa'a*

[Kilohana Plantation Luau](#)

*Lihue*

### **Activities**

[Guided Wailua River Kayak Tour to Waterfall](#)

*Kapa'a*

[Kauai Mountain Tubing Adventure](#)

*Lihue*

[Kauai Mountain Ziplining Adventure](#)

*Lihue*

[Napali Zodiac Boat Tour](#)

*Kehaka*

### **21+ Crowd**

[Kilohana Rum Safari](#)

*Lihue*