# Five Things on a Friday – Summer Staff Conference

On Wednesday 21 August, it is the LUU Summer Staff Conference! Here is what you need to know about the day...

## Let's celebrate!



The Summer Staff Conference will start off in **Pyramid**, where you can arrive anytime from **8:30am** onwards for teas, coffees and pastries. At **9am**, we will kick off the day with our Shining Stars!

Shining Stars is a wholesome way for colleagues to recognise one another as contributors to having a positive impact on their team, others in the organisation and LUU as a whole.

Click here to see our finalists.

# **Afternoon Shenanigans**



In the afternoon, you will be split up into teams of up to 10 and we invite you to take part in a lighthearted competition! Working in your teams, you will get to attend a range of activities to gain points- these points will be in the form of tokens or slips- and the team to get the most points wins!

There are a range of activities, from whole team and individual, to competitive and non-competitive- there are lots of ways you can get involved and win your team points.

Some activities include Laughter Yoga, Pet Therapy and Tea Blend Making. Oh! And did we mention there will be Laser Quest and Human Tabletop Football (yes, you heard that right, human tabletop football!)

Click here to grab a copy of the afternoon timetable.

#### SSC Hub



In the afternoon, there will be an SSC Hub outside of Coop, where you can come help yourself to cold and hot drinks, drop off your points/tokens, and ask any questions!

From 2:30pm - 4pm, you can pop down to the Hub and Union Square to grab yourself a frozen treat from our Scream Cart!

## Time for a chill!



Let's be honest, from a jam-packed morning of celebrating, to a wide range of activities going on in the afternoon, it's safe to say we may need a time out!

Union Square and Common Ground will be our chill zones, where you can come along to take part in some easy going activities, and chat to fellow colleagues.

There will be board games, cookie decorating, mindful colouring, a LUU Network arts and crafts, and more! There will also be a book swap station, so if you have any books at home you are wanting to give away- feel free to bring them in and drop them off in the morning at Pyramid.

#### **Staff Checklist**

# To make the most out of the day we recommend:

- ☐ Bring your lanyard so you can move about the building easily. ☐ Wear comfu clothes you can move about in, gym wear is totally
- ☐ Wear comfy clothes you can move about in, gym wear is totally acceptable on this day.
  - ☐ Wear trainers or comfortable shoes to move about in
    - $\square$  Bring a water bottle with you.
- Leave your laptop/devices at home or locked in your office, you won't be needing them.
- $\square$  Put your out of office on, you won't be checking emails on this day.
- ☐ Take some time before Wednesday to plan the activities you want to take part in.

#### That's not all!



We realise that it is very hard to share everything about the Conference in just 5 sections! So, we have created a Summer Staff Conference page on the Staff Intranet, where you can find out more information about the day and the agenda, as well as the afternoon time table.

To click to head over to the Summer Staff Conference Page.

We cannot wait to see you there!

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