

INNOCOS Longevity Singapore

November 6-8

The Outpost Hotel Sentosa

Wednesday, November 6: Pre-Conference Wellness Experiences at the Map & Observations Rooms (1st floor on the left side at the Events Centre)

2:00 PM - 4:30 PM

Inner Glow Workshop

Shirlyn Wright facilitates this session, which offers mindfulness and rejuvenation through colour therapy, sound baths, and intention-setting exercises.

- **2:00 PM** - Guided Color Meditation
- **2:45 PM** - Sound Bath
- **3:30 PM** - Tea Break
- **4:00 PM** - Discover Your Glow: Intention-Setting Exercise

7:30 PM - Welcome Drink at *1-Altitude Coast at The Outpost Hotel*

Thursday, November 7: Conference Day 1 at Revelry Hall (2nd Floor) at the Events Centre

8:45 AM - Welcome

9:00 AM - Keynote: Beyond Skin-Deep: The Real Science of Holistic Aging

Dr. Naras Lapsys, Chief Clinical Officer, Chi Longevity

9:20 AM - Keynote: The Role of Personalization and Data

Nick Howard, Director of Global Strategy, EveLab Insight

9:40 AM - Presentation: Unlocking the Power of AI

Julien Carsenti, Regional Client Partner, Meta

10:00 AM - Panel: The Evolving Role of Distributors as Strategic Partners

Facilitator: Louis Holdart, Founder, BeautyMatter

Panellists: Jitha Thathachari, Allie Rooke, Brooke Berge, Serene Seah, Ivan Tiong,

10:30 AM - Coffee Break

10:50 AM - Presentation: Beauty and Personal Care Trends for 2025

KinShen Chan, Senior Beauty and Personal Care Analyst, Mintel

11:10 AM - Presentation: Patient-Tailored Interventions to Slow Down Aging

Ivan Bolonikhin, Co-Founder and CEO, Epigee

11:30 AM - Panel: Redefining Wellness & Longevity in Hospitality, Retail, and Social Wellness Clubs

Facilitator: Kelly Kovack, Founder, BeautyMatter

Panelists: *Naras Lapsys (Chi Longevity), Diana Kraemer (REKOOP), Jeannie Jarnott (Beauty Heroes)*

12:00 PM - Panel: Marketing to Asian Consumers: Best Practices and Insights

Facilitator: Nick Vaus, Free The Birds

Panelists: *Anel Puzic (FOREO), Carol Zhou (Shiseido), Gabby Chen (Florasis)*

12:30 PM - Lunch @ Native Kitchen at Village Hotel Sentosa

1:40 PM - Brainstorming Session: Creating the Ultimate Unboxing Experience

David Silbergleit, CEO, PIMS

3:00 PM - Coffee Break

3:30 PM - Fireside Chat: Building a Wellness Brand from 0 to 7 Figures

Emma Powell, Rebel360; Agata Andryszczak, Rebel360 and Foundrise

4:00 PM - Fireside Chat: An Insider's Perspective on Beauty + Wellness Investing in Asia

Facilitator: *John Cafarelli, BeautyMatter*

Invited: *Sameer Mehta (DSGCP) and Alwyn Chong (Luxasia)*

4:30 PM - Presentation: The Future of Regenerative Medicine

Dr. Michael Lim Ming Soon, CEO, Cell Genesis Laboratories

5:00 PM - Fireside Chat: The Next Stage of Innovation in Beauty

Nick Howard, Director of Global Strategy, EveLab Insight, and Jayesh Mehta, Brand Technology Leader, VP, The Estee Lauder Companies Inc.

5:40 PM - Networking Drink Reception at I-Altitude Coast at The Outpost Hotel

Friday, November 8: Conference Day 2 at Revelry Hall (2nd Floor) at the Events Centre

8:50 AM - Welcome

9:00 AM - Presentation: Innovation Over Sustainability in Greener Beauty Solutions

Eva Lagarde, Founder and CEO, re-sources

9:20 AM - Workshop: Unlocking the Supply Chain for Sustainable Growth

Lizbeth Zuniga, Founder and CEO, Acquire Beauty

10:20 AM - Morning Break

10:50 AM - Presentation: **Beauty and the Brain**
Marie Drago, Chief Innovation Officer, Galinée

11:10 AM - Presentation: **The Beauty of Biohacking**
Begoña Sanjuan, CMO, Ayuna

11:30 AM - Presentation: **Embracing Longevity: Tapping into Asian Skincare Trends**
Fanny Coste, Former Head of Formulations, Medik8

11:50 AM - Presentation: **The Rise of Longevity and Health in Beauty and Wellness**
Julia Laukemann, Founder, L'évive Labs

12:10 PM - Conference Wrap-Up and End

12:20 PM - Lunch at *Native Kitchen at Village Hotel Sentosa*

Hotel Property Map

To reach **Revelry Hall** in the Events Centre from The Outpost Hotel, access through the 2nd floor, simply follow the red path on the map, it's a 5 min walk. Lunch will be held at Native Kitchen at the Village Hotel Sentosa.

