

# INNOCOS Longevity Singapore

November 6-8

The Outpost Hotel Sentosa

## **Wednesday, November 6: Pre-Conference Wellness Experiences at the Map & Observations Rooms (1st floor on the left side at the Events Centre)**

**2:00 PM - 4:30 PM**

### **Inner Glow Workshop**

Shirlyn Wright facilitates this session, which offers mindfulness and rejuvenation through colour therapy, sound baths, and intention-setting exercises.

- **2:00 PM** - Guided Color Meditation
- **2:45 PM** - Sound Bath
- **3:30 PM** - Tea Break
- **4:00 PM** - Discover Your Glow: Intention-Setting Exercise

**7:30 PM** - Welcome Drink at *1-Altitude Coast at The Outpost Hotel*

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## **Thursday, November 7: Conference Day 1 at Revelry Hall (2nd Floor) at the Events Centre**

**8:45 AM - Welcome**

**9:00 AM - Keynote: Beyond Skin-Deep: The Real Science of Holistic Aging**  
*Dr. Naras Lapsys, Chief Clinical Officer, Chi Longevity*

**9:20 AM - Keynote: The Role of Personalization and Data**  
*Nick Howard, Director of Global Strategy, EveLab Insight*

**9:40 AM - Presentation: Unlocking the Power of AI**  
*Julien Carsenti, Regional Client Partner, Meta*

**10:00 AM - Panel: The Evolving Role of Distributors as Strategic Partners**  
Facilitator: Louis Holdart, Founder, BeautyMatter  
*Panellists: Jitha Thathachari, Allie Rooke, Brooke Berge, Serene Seah, Ivan Tiong,*

**10:30 AM - Coffee Break**

**10:50 AM - Presentation: Beauty and Personal Care Trends for 2025**  
*KinShen Chan, Senior Beauty and Personal Care Analyst, Mintel*

**11:10 AM** - Presentation: **Patient-Tailored Interventions to Slow Down Aging**  
*Ivan Bolonikhin, Co-Founder and CEO, Epigee*

**11:30 AM** - Panel: **Redefining Wellness & Longevity in Hospitality, Retail, and Social Wellness Clubs**

Facilitator: Kelly Kovack, Founder, BeautyMatter

*Panelists: Naras Lapsys (Chi Longevity), Diana Kraemer (REKOOP), Jeannie Jarnott (Beauty Heroes)*

**12:00 PM** - Panel: **Marketing to Asian Consumers: Best Practices and Insights**

Facilitator: Nick Vaus, Free The Birds

*Panellists: Anel Puzic (FOREO), Carol Zhou (Shiseido), Gabby Chen (Florasis)*

**12:30 PM** - Lunch @ Native Kitchen at Village Hotel Sentosa

**1:40 PM** - Brainstorming Session: **Creating the Ultimate Unboxing Experience**

*David Silbergleit, CEO, PIMS*

**3:00 PM** - Coffee Break

**3:30 PM** - Fireside Chat: **Building a Wellness Brand from 0 to 7 Figures**

*Emma Powell, Rebel360; Agata Andryszczk, Rebel360 and Foundrise*

**4:00 PM** - Fireside Chat: **An Insider's Perspective on Beauty + Wellness Investing in Asia**

Facilitator: John Cafarelli, BeautyMatter

*Invited: Sameer Mehta (DSGCP) and Alwyn Chong (Luxasia)*

**4:30 PM** - Presentation: **The Future of Regenerative Medicine**

*Dr. Michael Lim Ming Soon, CEO, Cell Genesis Laboratories*

**5:00 PM** - Fireside Chat: **The Next Stage of Innovation in Beauty**

*Nick Howard, Director of Global Strategy, EveLab Insight, and Jayesh Mehta, Brand Technology Leader, VP, The Estee Lauder Companies Inc.*

**5:40 PM** - Networking Drink Reception at *1-Altitude Coast at The Outpost Hotel*

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**Friday, November 8: Conference Day 2 at Revelry Hall (2nd Floor) at the Events Centre**

**8:50 AM** - Welcome

**9:00 AM** - Presentation: **Innovation Over Sustainability in Greener Beauty Solutions**

*Eva Lagarde, Founder and CEO, re-sources*

**9:20 AM** - Workshop: **Unlocking the Supply Chain for Sustainable Growth**

*Lizbeth Zuniga, Founder and CEO, Acquire Beauty*

**10:20 AM** - Morning Break

**10:50 AM** - Presentation: **Beauty and the Brain**

*Marie Drago, Chief Innovation Officer, Galinée*

**11:10 AM** - Presentation: **The Beauty of Biohacking**

*Begoña Sanjuan, CMO, Ayuna*

**11:30 AM** - Presentation: **Embracing Longevity: Tapping into Asian Skincare Trends**

*Fanny Coste, Former Head of Formulations, Medik8*

**11:50 AM** - Presentation: **The Rise of Longevity and Health in Beauty and Wellness**

*Julia Laukemann, Founder, L'évive Labs*

**12:10 PM** - Conference Wrap-Up and End

**12:20 PM** - Lunch at *Native Kitchen at Village Hotel Sentosa*

### **Hotel Property Map**

To reach **Revelry Hall** in the Events Centre from The Outpost Hotel, access through the 2nd floor, simply follow the red path on the map, it's a 5 min walk. Lunch will be held at Native Kitchen at the Village Hotel Sentosa.

