

# Facial Plastic Surgery in Anchorage AK

Welcome to the world of premier [facial plastic surgery in Anchorage, AK](#). At our clinic, we take pride in providing patients with transformative and personalized care to help enhance their facial features, boost confidence, and achieve their desired look. Our team of esteemed [facial plastic surgeons](#), **Dr William Portuese** and **Dr Joseph Shvidler**, are dedicated to delivering the highest quality of care and a comfortable experience. Whether you're looking to rejuvenate your appearance, correct imperfections, or achieve a more balanced facial structure, we're here to help you every step of the way.

## Key Takeaways

- [Facial plastic surgery](#) can enhance your facial features and boost your self-confidence.
- **Dr William Portuese** and **Dr Joseph Shvidler** are expert [facial plastic surgeons](#) in Anchorage, AK.
- [Facial plastic surgery](#) involves a range of services, including [facelifts](#) and [rhinoplasty](#).
- Choosing the right [facial plastic surgeon](#) is crucial for a successful surgical experience.
- **Recovery** and **aftercare** are essential to ensure optimal healing and results.

## Meet Dr William Portuese and Dr Joseph Shvidler

Allow us to introduce the talented [facial plastic surgeons](#) of Anchorage, AK - **Dr William Portuese** and **Dr Joseph Shvidler**. With over 30 years of combined experience, their extensive knowledge and exceptional skills have provided countless patients with the highest quality care. Dr William Portuese specializes in rhinoplasty, while Dr Joseph Shvidler is an expert in facial rejuvenation, including [facelifts](#) and eyelid surgery.

These accomplished surgeons are dedicated to providing personalized treatment plans that cater to your unique needs and goals. By utilizing the latest techniques and technologies, they aim to achieve natural-looking results that enhance your natural beauty. Their friendly and approachable demeanor ensures a comfortable and stress-free experience from start to finish.

## Services Offered by Dr. William Portuese and Dr. Joseph Shvidler

Looking to enhance your facial features to achieve a more youthful, confident appearance? Dr. William Portuese and Dr. Joseph Shvidler offer a wide range of facial plastic surgery services that cater to your unique needs. They use the latest techniques and technology for the most efficient and effective results. Here are just some of the services they offer:

Service	Description
Facelifts	Reduce the signs of aging and restore your youthful look with a facelift.
Rhinoplasty	Improve the size, shape, and overall appearance of your nose with rhinoplasty.
Eyelid Surgery	Remove excess skin or fat from the eyelids to improve vision and enhance appearance.
Chin and Cheek Augmentation	Enhance the contours and balance of your face with chin and cheek augmentation.
Brow Lifts	Create a more youthful look by lifting sagging eyebrows with a brow lift.
Ear Surgery	Correct protruding, asymmetrical, or overly large ears with ear surgery.

No matter what service you choose, Dr. Portuese and Dr. Shvidler will work closely with you to understand your goals and create a personalized surgical plan that suits your unique needs. Book your consultation today to learn more about how they can help transform your look and boost your self-confidence.

## What is Facial Plastic Surgery?

Facial plastic surgery comprises a variety of procedures aimed at improving facial aesthetics, correcting imperfections, and enhancing self-confidence. The purpose of these procedures is to create a natural, refreshed look that complements the individual's unique features.

The process usually begins with a consultation with a [qualified facial plastic surgeon](#) such as Dr. William Portuese and Dr. Joseph Shvidler, who will discuss the patient's goals, examine their facial structure, and recommend the most suitable procedure. This personalized approach ensures that each patient's unique needs are met.

[Facial plastic surgery](#) is an important decision, and it's essential to have a clear understanding of the process and potential outcomes. With the right surgeon and proper preparation, facial plastic surgery can have a tremendous positive impact on self-confidence and overall well-being.

Whether it's a [facelift](#), [rhinoplasty](#), or another procedure, [facial plastic surgery](#) offers a wide range of options for individuals seeking to enhance their appearance.

Trust the experience and expertise of Dr William Portuese and Dr Joseph Shvidler to help you achieve your **desired results**.

## Benefits of Facial Plastic Surgery

Facial plastic surgery is known to have numerous **benefits** that can positively impact your overall well-being. Whether it's correcting imperfections, enhancing your facial features, or improving self-confidence, facial plastic surgery has a lot to offer. Here are some of the main **benefits** of facial plastic surgery:

- *Rejuvenated Appearance:* Facial plastic surgery can restore your youthful appearance by tightening sagging skin, smoothing out wrinkles, and softening facial lines.
- *Improved Breathing:* Rhinoplasty, commonly known as a nose job, can improve your nasal breathing and restore your airway function.
- *Enhanced Facial Features:* Procedures like facelifts, blepharoplasty, and [rhinoplasty](#) can help you achieve your desired facial features and improve your overall look.
- *Increased Self-Confidence:* Facial plastic surgery can help boost your self-esteem and make you feel more comfortable in your own skin.
- *Recovery from Trauma:* Those who have gone through facial trauma can benefit from reconstructive surgeries such as scar revision, skin grafts, and other procedures that can restore the appearance and function of their facial features.

"[Facial plastic surgery](#) can restore your youthful appearance, improve your breathing, enhance facial features, boost your confidence, and help you recover from trauma."

Dr William Portuese and Dr Joseph Shvidler are committed to delivering excellent results for their patients. They understand the importance of customized treatment plans and make it their priority to help patients achieve their desired outcomes.

## How to Choose a Facial Plastic Surgeon

Choosing the right [facial plastic surgeon](#) is a critical decision that can influence the success of your procedure and overall satisfaction. Follow these **tips** to select a qualified and trustworthy surgeon:

1. *Experience:* Look for a surgeon with extensive experience in facial plastic surgery. Ask how many surgeries they have performed and ask for before and after photos of previous patients.
2. *Credentials:* Ensure the surgeon is a [board-certified facial plastic surgeon](#) with proper training and qualifications. Check if they are affiliated with any recognized medical organizations.
3. *Patient Testimonials:* Read reviews and testimonials from previous patients to assess the surgeon's track record of success and patient satisfaction.

4. *Communication:* Choose a [facial plastic surgeon](#) who listens to your concerns and communicates the procedure and expected results clearly. They should provide a detailed treatment plan and offer realistic expectations.
5. *Facilities:* Ensure the surgical center meets the highest standards of safety, cleanliness, and equipment. They should have accreditation from recognized organizations.

By following these **tips**, you can find a facial plastic surgeon who will provide you with exceptional care, skillful treatment, and natural-looking results.

## Preparing for Facial Plastic Surgery

**Preparing for facial plastic surgery** may seem daunting, but following a comprehensive **checklist** can help ensure a smooth process. To optimize your surgical experience, consider the following:

Task	Details
Arrange transportation	Coordinate transportation to and from your surgery appointment, as anesthesia may impact your ability to drive safely. Consider arranging for a trusted friend or family member to take you home.
Quit smoking	Smoking can impede the healing process and increase the risk of <b>complications</b> . Stop smoking at least four weeks beforehand, and avoid any nicotine products during the <b>recovery</b> period.
Adjust medications and supplements	Discuss with your surgeon which medications and supplements need to be adjusted before surgery to prevent negative interactions.
Prepare your <b>recovery</b> area	Ensure that you have a comfortable and quiet space to recover, with plenty of pillows, blankets, and entertainment to keep you occupied.
Follow dietary instructions	Pay close attention to the dietary instructions given by your surgeon before and after surgery to support the healing process.

By following this **checklist**, you can feel confident that you are fully prepared for your facial plastic surgery, optimizing your chances for a successful and positive outcome.

## What to Expect During Facial Plastic Surgery

At our Anchorage, AK clinic, Dr William Portuese and Dr Joseph Shvidler provide patients with a comprehensive understanding of the facial plastic surgery process from start to finish.

It begins with a consultation, during which time the [facial plastic surgeon](#) will discuss the patient's aesthetic concerns, medical history, and surgical goals. Depending on the specific

procedure, patients may be asked to abstain from smoking and certain medications before surgery.

The day of the procedure, patients will be administered anesthesia and any incisions will be made accordingly. The procedure length varies depending on the specific procedure being performed and the patient's individual needs. Afterward, patients can expect a period of recovery time, which will be discussed in detail beforehand.

Dr William Portuese and Dr Joseph Shvidler will allow patients to rest before discharging them to go home with specific postoperative instructions. These instructions may include keeping the head elevated, taking medications as prescribed, and avoiding strenuous physical activity.

## Risks and Complications of Facial Plastic Surgery

[Facial plastic surgery](#) has become increasingly popular over the years, offering people a chance to enhance their features and achieve their desired look. However, like any surgical procedure, there are **risks** and potential **complications** to be aware of.

Common **risks** associated with [facial plastic surgery](#) include bleeding, infection, and adverse reactions to anesthesia. Additionally, some people may experience scarring or poor wound healing after surgery. While these **risks** are relatively rare, it's important to understand them before making a decision to undergo surgery.

**Complications** can occasionally occur during or after [facial plastic surgery](#), ranging from mild discomfort to more severe complications such as nerve damage or permanent scarring. Results may not meet your expectations, which can occur due to a variety of factors such as poor healing or unrealistic expectations. It's important to have an open and honest discussion with your surgeon and follow all pre- and post-operative instructions carefully to minimize these risks as much as possible.

If you are considering [facial plastic surgery](#), it's essential to choose an experienced, qualified surgeon to minimize the risks and achieve the best possible outcomes. At our practice, Dr William Portuese and Dr Joseph Shvidler utilize their expertise and state-of-the-art techniques to ensure a safe and successful surgical experience.

## Recovery and Aftercare for Facial Plastic Surgery

After undergoing [facial plastic surgery](#), it's essential to follow the post-operative guidelines instructed by Dr William Portuese and Dr Joseph Shvidler. Recovery time varies depending on the procedure; it may take several weeks to months for complete healing.

Patients should expect to encounter some discomfort, swelling, and bruising in the initial stages of recovery. Applying cold compresses may alleviate these symptoms. Limiting physical activity, avoiding sun exposure, and refraining from smoking can speed up the recovery process.

It's crucial to attend all follow-up appointments with your [facial plastic surgeon](#) to ensure proper healing and address any concerns. In addition, any unusual symptoms or severe pain must be shared with your surgeon promptly.

*Take steps for a smooth and successful recovery after your [facial plastic surgery](#).*

## Achieving the Desired Results with Facial Plastic Surgery

[Facial plastic surgery](#) is a highly personalized process that aims to help you achieve your **desired results**. Dr William Portuese and Dr Joseph Shvidler understand that every patient has unique needs and goals. They work closely with you to create a customized treatment plan that aligns with your specific requirements.

As renowned facial [plastic surgeons in Anchorage, AK](#), Dr William Portuese and Dr Joseph Shvidler are known for their precision and attention to detail. They strive to deliver natural-looking outcomes that enhance your facial features while maintaining your overall appearance.

Whether you're looking to restore a youthful glow to your skin, correct a specific facial flaw, or enhance your facial contours, Dr William Portuese and Dr Joseph Shvidler can help you achieve your **desired results**. They use cutting-edge techniques and state-of-the-art technology to ensure that you receive the highest quality care.

Contact Dr William Portuese and Dr Joseph Shvidler today to schedule a consultation and discover how they can help you achieve the results you're looking for through [facial plastic surgery](#).

## Conclusion

We hope this article has provided you with valuable information about [facial plastic surgery in Anchorage, AK](#). Dr William Portuese and Dr Joseph Shvidler are renowned experts in this field, with a commitment to delivering exceptional care and natural-looking results. Whether you're considering a facelift, rhinoplasty, or other facial enhancement procedure, their extensive experience and precision techniques can help you achieve your desired outcome.

Don't let imperfections hold you back any longer - schedule a consultation with Dr Portuese or Dr Shvidler today to explore your options for [facial plastic surgery](#). We're confident that you'll be thrilled with the outstanding care and personalized attention you receive, and the transformative results that follow. Thank you for reading!

## FAQ

### What is facial plastic surgery?

[Facial plastic surgery](#) refers to surgical procedures performed on the face to enhance or rejuvenate one's facial features. These procedures can address various concerns, such as signs of aging, facial asymmetry, or correcting imperfections.

## **Are Dr William Portuese and Dr Joseph Shvidler experienced facial plastic surgeons?**

Yes, both Dr William Portuese and Dr Joseph Shvidler are highly experienced [facial plastic surgeons in Anchorage, AK](#). They have extensive training and a wealth of knowledge in the field, providing exceptional care and results to their patients.

## **What services do Dr William Portuese and Dr Joseph Shvidler offer?**

Dr William Portuese and Dr Joseph Shvidler offer a comprehensive range of [facial plastic surgery](#) services. These include facelifts, rhinoplasty (nose surgery), blepharoplasty (eyelid surgery), brow lifts, and more. They tailor their services to meet each patient's unique needs and goals.

## **What are the benefits of facial plastic surgery?**

[Facial plastic surgery](#) offers numerous **benefits**. It can improve facial aesthetics, reduce signs of aging, enhance self-confidence, and create a more harmonious facial appearance. These procedures have the potential to positively impact overall well-being and quality of life.

## **How should I choose a facial plastic surgeon?**

When choosing a [facial plastic surgeon](#), it's crucial to consider factors such as experience, qualifications, and patient testimonials. Research each surgeon's background, ask for before and after photos, and schedule a consultation to ensure they understand your goals and have a personalized approach.

## **What should I do to prepare for facial plastic surgery?**

To prepare for [facial plastic surgery](#), follow a comprehensive **checklist**. This may include arranging transportation for the day of surgery, stopping or adjusting medications as advised by your surgeon, quitting smoking, and ensuring you have a support system in place for the recovery period.

## **What can I expect during facial plastic surgery?**

During [facial plastic surgery](#), you can expect to have a consultation with either Dr William Portuese or Dr Joseph Shvidler to discuss your goals and create a personalized surgical plan. On the day of surgery, you will be given anesthesia, and the procedure will be performed with



meticulous care. The surgeons will guide you through the entire process, from pre-operative preparations to post-operative care.

### **Are there any risks or complications associated with facial plastic surgery?**

While the risks and complications associated with facial plastic surgery are rare, it is important to be aware of them. Some potential risks may include bleeding, infection, adverse reactions to anesthesia, or unsatisfactory results. Dr William Portuese and Dr Joseph Shvidler provide a thorough consultation to address any concerns and minimize such risks.

### **What is the recovery process like after facial plastic surgery?**

The recovery process after [facial plastic surgery](#) varies depending on the type of procedure performed. Dr William Portuese and Dr Joseph Shvidler will provide you with specific guidelines for post-operative care, including instructions for wound care, medications, and follow-up appointments. Allow yourself time to rest and heal, gradually returning to your regular activities as advised.

### **How can I achieve my desired results with facial plastic surgery?**

Dr William Portuese and Dr Joseph Shvidler aim to help you achieve your desired results through [facial plastic surgery](#). They will discuss your goals in detail during the consultation and develop a customized surgical plan based on your unique needs. Their expertise, precision, and commitment to delivering natural-looking outcomes are crucial in achieving your desired results.







[Rhinoplasty Video](#)