

## The Practice of Eucharist

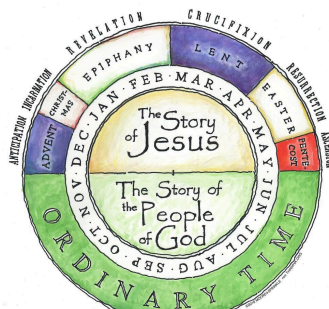
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601  
406-324-7273  
[www.helenaheadwaters.org](http://www.helenaheadwaters.org)



Sunday, June 8  
Easter Season

### Order of Service

#### Welcome

#### Call to Worship

#### Songs of Praise

#### Prayers of the People/ Offering

#### Children's Prayer

#### Ministry of the Word

#### Response in Worship

#### Communion

(Please check out back of bulletin)

#### Benediction



Fear of the LORD is the beginning – Prov. 1:1-7



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# PENTECOST

COME HOLY SPIRIT

## **Special Offering**

Between Mother's Day and Father's Day we will be collecting a special offering to bless our neighbors at Options Clinic. Please pick up your baby bottles with instructions by May 12 and plan to bring them back by June 16.

## **Men's Bible Study**

**When:** Join us every Monday @ 6:30am

**Where:** 1889 Coffee House

**The Study:** We are working through Ecclesiastes  
Contact Pastor Iain for more info. 843.855.0795

## **Women's Bible Study**

When we want wisdom for life, where do we begin? Join us for a study this summer using the WordGo app, following King David and his son, Solomon, as they write words of wisdom that pray and sing of the ultimate Source of wisdom. We will meet every other Monday evening to discuss parts of 1 Kings, Psalms, and Proverbs. We will spend our first meet-up in fellowship and spend time helping everyone get set up to use the app. If you do not have access to the app but still want to participate or if you have any questions, please contact Angie Robertson at 406-531-7366 or [abr.dpt@gmail.com](mailto:abr.dpt@gmail.com).

**When:** June 16<sup>th</sup> - from 6:00-7:30 pm

**Where:** 820 Isy loop

## **Proverbs Devotional**

As we spend the summer in the wisdom book of Proverbs, we encourage all of you to grab a devotional, titled "God's Wisdom for Navigating Life" by Tim and Kathy Keller. You can find them out in the foyer. If you would like to donate \$10 for the book that is great, but please don't let that keep you from taking one as a gift. We would love for everyone to meet with one or two people as you go through this devotional together and grow in Godly wisdom.



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# headwaters covenant church Summer Events

## Summer Life Together Hangouts

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. You can bring something to cook or share (we will have food – just let us know you are coming), or just come to hang out and play or relax, whatever works best for you and your family.

### Every other Wednesday – 5-9pm

- June 11 & 25 @ Dombach's (1075 Forestvale rd)
- July 9 @ Boyd's (2107 Lockey ave)
- July 23 @ Eikenbury's (1921 Lodgepole rd)
- August 6 @ Dombach's (1075 Forestvale rd)
- August 27 @ (TBD)

### August 27 @ (TBD) Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks.

Please bring a side dish or dessert to share.

**Saturday, July 19<sup>th</sup> – 10:00am – 4:00pm**

4010 Bouy Blvd. (2 miles North of Costco)

### All Church Camp Trip

Save the date for our annual church camp trip - **August 15-17**. With so much success, we will again have a Saturday night smoke meat cookoff, plus more of our usual fun at the lake! This year we will be back at the Hellgate Campground on the other side of Canyon Ferry Lake. Please RSVP your site to racheldombach@gmail.com

### Financial Snapshot 2025

#### January February March April

|              |          |          |          |          |
|--------------|----------|----------|----------|----------|
| Budget –     | \$13,534 | \$13,534 | \$13,534 | \$13,534 |
| Tithes –     | \$18,927 | \$12,937 | \$15,844 | \$14,803 |
| Over/(Under) | \$5,393  | (\$597)  | \$2,310  | \$1,269  |



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**Current sermon series: Proverbs – Skill in the Art of Godly Living**

Join us this summer as we unpack timely words and practical life implications from this great book of wisdom.

**Children's Church**

Children's Church is every other week for kid's preschool-5<sup>th</sup> grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052  
Next Children's Church Sunday, June 15<sup>th</sup>.

**Men's and Women's Prayer Times**

The most important and powerful thing we can do together is to pray.

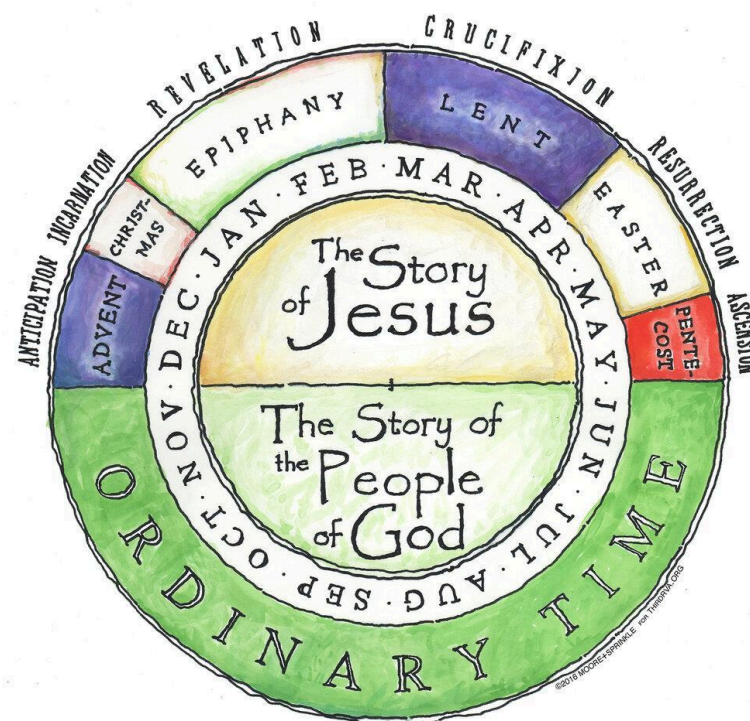
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**Women's prayer Tuesdays 12:30pm-1:30pm**

(If you can't make it for prayer please text or email Pastor Seth with requests)

**Online Tithes**

Thank you so much for your outrageous generosity!  
We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



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