

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 4th Varsity Boys 2:30 Varsity Girls 4:30 JV Boys <u>Lower</u> 1:45 Frosh Boys 3:30 Frosh Girls 5:30 JV Girls	14 4th Varsity Boys 3:00 Varsity Girls <u>Lower</u> 3:00 Frosh Girls 4:30 JV Girls <i>Boys @ NU</i>	15 4th Varsity Boys 3:30 JV Boys <u>Lower</u> 3:00 Frosh Boys <i>Girls @ NU</i>	16 4th Varsity Boys <i>Boys vs Rio Linda</i> <i>4:00/5:30/7:00</i> <u>Lower</u> 3:00 Varsity Girls 5:00 JV/Frosh Girls	17 4th Varsity Boys <i>Girls vs Rio Linda</i> <i>4:00/5:30/7:00</i> <u>Lower</u> 2:30 JV Boys 4:00 Frosh Boys	18 <i>Placer Wrestling Duals</i> <i>All Day</i>
20 8:30 Varsity Boys 10:30 Varsity Girls 12:30 JV Girls <u>Lower</u> 8:30 JV Boys 10:30 Frosh Boys 12:30 Frosh Girls	21 4th Varsity Boys <i>Boys vs Oakmont</i> <i>4:00/5:30/7:00</i> <u>Lower</u> 3:00 Girls Varsity 5:00 Frosh Girls 6:00 JV Girls	22 4th Varsity Boys <i>Girls vs Oakmont</i> <i>4/5:30/7:00</i> <u>Lower</u> 2:30 JV Boys 4:00 Frosh Boys	23 4th Varsity Boys 3:00 Varsity Girls <i>Wrestling vs Pondo</i> <i>5:00/6:00</i> <u>Lower</u> 3:00 Frosh Girls 4:30 JV Girls <i>Boys @ Ponderosa</i>	24 4th Varsity Boys 3:30 Frosh Boys <u>Lower</u> 2:30 JV Boys <i>Girls @ Ponderosa</i>	25
27 4th Varsity Boys 2:30 Varsity Girls 4:30 JV Girls <u>Lower</u> 1:30 JV Boys 3:00 Frosh Girls 4:30 Frosh Boys	28 4th Varsity Boys <i>Girls vs Lincoln</i> <i>4/5:30/7:00</i> <u>Lower</u> 2:30 Boys JV 4:00 Frosh Boys	29 4th Varsity Boys <i>Boys vs Lincoln</i> <i>4/5:30/7:00</i> <u>Lower</u> 3:00 Varsity Girls 5:00 Girls JV 5:30 Girls Frosh	30 4th Varsity Boys <i>Girls vs Nevada Union</i> <i>4/5:30/7:00</i> <u>Lower</u> 2:30 Boys JV <i>4:00 Frosh Boys</i>	31 4th Varsity Boys <i>Boys vs Nevada Union</i> <i>4/5:30/7:00</i> <u>Lower</u> 3:00 Varsity Girls 4:30 Girls JV 5:30 Girls Frosh	1
3 4th Varsity Boys 2:30 Varsity Girls 4:30 Frosh Boys <u>Lower</u> 4th JV Boys 2:00 Frosh Girls 3:30 JV Girls	4 4th Varsity Boys 3:30 JV Boys <u>Lower</u> 3:00 Boys Frosh	5 4th Varsity Boys 3:00 Varsity Girls <u>Lower</u> 3:00 Frosh Girls 4:30 JV Girls	6 4th Varsity Boys 3:30 Frosh Boys <u>Lower</u> 4th JV Boys	7 4th Varsity Boys 3:00 Varsity Girls <u>Lower</u> 3:00 Frosh Girls 4:30 JV Girls	8 <i>Updated 1/1/20</i>
10 4th Varsity Boys 2:30 Varsity Girls 4:30 Frosh Boys <u>Lower</u> 4th JV Boys 2:30 Frosh Girls 4:00 JV Girls 6:00 Boys VB	11 4th Varsity Boys <i>Girls vs Ponderosa</i> <i>4/5:30/7:00</i> <u>Lower</u> 4th Boys JV 3:30 Boys Frosh 6:00 Boys VB	12 4th Varsity Boys <i>Boys vs Ponderosa</i> <i>4/5:30/7:00</i> <u>Lower</u> 3:00 Frosh Girls 4:30 JV Girls 6:00 Boys VB	13 4th Varsity Boys 3:30 Frosh Boys <u>Lower</u> 4th JV Boys 4:00 Boys VB <i>Girls @ Lincoln</i>	14 4th Varsity Boys 3:00 Varsity Girls <u>Lower</u> 3:00 Boys VB <i>Boys @ Lincoln</i>	15

