

JOLIE GUILLEBEAU

40 THINGS WHILE 40 YEARS OLD

A PROJECT FOR 2017 AND BEYOND



Introduction

I'm getting old, but I'm going to have fun doing it! No really, my 30 things while 30 was significant and set the course for my whole decade--my life is entirely different now because I took that risk. Let's take more risks! At least ten more than we did back then. Okay? Let's GO!

The List

While I'm 40, I will:

1. Take a trip to Italy
2. Paint with burnt sienna in Siena
3. Win a trophy
4. Join a dragonboat team and attend regular practices for 3 months
5. ~~Graduate with my M.A. in Art Therapy Counseling~~ 24 June 2017
6. ~~Get a job as an art therapist~~ 21 June 2017
7. ~~See Hamilton!~~ 12 April 2017!!
8. Earn 1200 hours toward my LPC (384)
9. ~~Make a new website~~ 11 August 2017
10. Publish a monthly newsletter .
11. Learn basic ASL
12. Write and send 52 handwritten letters (Wanna be my penpal? Email for info!)
13. ~~Teach at Wayfinding Academy~~ 22 May 2017
14. ~~Buy a pan of Lapis Watercolor paint~~ 17 June 2017
15. Paint or draw 12 Self-Portraits ..
16. ~~Learn to braid my own hair~~ 17 August 2017
17. Rappel down Broadway! Or if that doesn't work out, something equally crazy.
18. Write 100K words
19. Do something fun with Mike, Pat and Mary
20. ~~Take a girls' vacation with Joni, Jenica, Tera~~ 21 July 2017
21. Drive down the California coast
22. ~~Have an auntie adventure with Lauren~~ 26 July 2017
23. Have 40 lunch or ice cream dates with Tsilli.....
24. Meditate 162 times
25. Hit the ball 60% of the time at the batting cages on the slowest setting
26. Learn to eat slowly
27. Take a calligraphy workshop
28. Take a trip with Amy #amyjolieadventures
29. ~~Invest in a Vitamix~~ and juice 5x/week

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30. Clean out the garage, all drawers and closets as if we were moving
 31. Honor 8 years of teaching Sara the student as she graduates from high school
 32. Take an independent international trip
 33. Sled!
 34. Install hardwood floors for the house
 - ~~35. Make a self-care deck~~ 13 April 2017
 36. Bring the magic back to Christmas
 - ~~37. Volunteer as an event planner for an organization focused on a cause that matters to me.~~ 28 July 2017-22 April 2018
 38. Have fresh flowers on the mantel all year long.
 - ~~39. Give a great talk at WDS.~~ 16 July 2017
 40. Buy season tickets to Broadway in Portland.