



## Coaching Requirements

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### Instructions to complete the required training

DiscNW is required by state and federal law to ensure that all coaches in youth events complete the following list of training and other items.

- US National Background Check – This check is NOT a credit check (5 min)
- Safesport Training (90 min)
- Concussion Awareness (60 min)
- Sudden Cardiac Arrest (60 min)
- Implicit Bias Training (30 min)
- DiscNW Coaching Code of Conduct
  
- [CPR Training](#) (Optional & Free) Use this link to access CPR. This link is not listed in Ankored.

Ankored is the compliance platform that DiscNW uses to manage the individual requirements you need to complete in order to participate.

All required waivers, forms, documents (and more!) will be collected directly through your Ankored profile and must be completed in a timely manner for you to participate.

#### Instructions for Coaches

Please use the link to create your Ankored profile. [DiscNW Coaches Link](#)

Canadian coaches please use this link to create your Ankored profile. [Canadian Coaches Link](#)

#### Instructions for Team Admins

If you will not be coaching youth athletes, you'll need to set up a Team Admin account on the Ankored platform. Team admins are required to submit a background check and complete the Safesport training.

Please use the link to create your Ankored profile. [DiscNW Team Admins Link](#)

The Ankored system has been configured to import your existing valid requirements if you have any. If you have any questions about creating your Ankored account, please email [Support@ankored.com](mailto:Support@ankored.com) directly.