SL: Headline

Hey [name],

Sick "How to speed up muscle recovery" video! I liked that you showed real evidence from medical professionals to back up your claims.

I noticed you have a website and saw your headline and thought it was a little bit vague, and that's okay.

That got me thinking of some new headlines that'll get your readers a bit more curious about your services and how they can "Get Fit and Build Muscle at Any Age".

So I whipped up some ideas for you and pasted them down below.

Take a look at them and let me know what you think.

Kind regards,

Brandon M.

[Pasted headline ideas will go here]