

Anaphylaxis Emergency Action Plan

Student's Name: (First, MI, Last)	Date of Birth:	School name:
Health Care Provider:	Provider's phone #:	Provider's fax #:
Emergency Contact's Name and number:	Emergency Contact's name and number:	Allergies:

Medical Diagnosis: _____

Medications: _____

Symptoms of Anaphylaxis: *Only a few symptoms may be present. Severity of symptoms can change quickly.*

**Some symptoms can be life-threatening. ACT FAST!*

- ☐ MOUTH itching, swelling of lips and/or tongue
- ☐ THROAT* itching, tightness/closure, hoarseness
- ☐ SKIN itching, hives, redness, swelling
- ☐ GUT vomiting, diarrhea, cramps
- ☐ LUNG* shortness of breath, cough, wheeze
- ☐ HEART* weak pulse, dizziness, passing out

Emergency Action Steps - DO NOT HESITATE TO GIVE EPINEPHRINE!

- Inject epinephrine in thigh using (check one): *Please note the time and location of the injection
 - Adrenaclick (0.15 mg) ____ Auvi-Q (0.15 mg) ____ EpiPen Jr (0.15 mg) ____
 - Adrenaclick (0.3 mg) ____ Auvi-Q (0.3 mg) ____ EpiPen (0.3 mg) ____
 - Epinephrine Injection, USP Auto-injector- authorized generic (0.15 mg) ____ (0.3 mg) ____
 - Other (0.15 mg) ____ Other (0.3 mg) ____
- Call or have a bystander call 911 immediately or activate the Emergency Medical System (EMS).
 - Explain to the 911 operator that anaphylaxis is suspected and epinephrine has been given.
- Keep the student either lying down or seated, never leave alone. If they lose consciousness, check if they are breathing and have a pulse. If not, begin CPR (cardiopulmonary resuscitation),
- call out for help and continue CPR until the individual regains a pulse and is breathing or until EMS arrives and takes over.
- Repeat the dose after 5 to 15 minutes if no improvement, symptoms persist or return.
- Stay with the student until EMS arrives, continuing to follow the directions above
- Provide EMS with epinephrine auto injector labeled with name, date, and time administered to transport to the ER with the student. Use caution: auto injector needle does not retract.

I give permission for school personnel to follow this plan, administer medication and care for my child, and contact my provider if necessary. I assume full responsibility for providing the school with prescribed medication and delivery/monitoring devices. I approve this Asthma Management Plan for my child. With HCP authorization & parent consent inhaler will be located in ____ clinic or ____ with student (self-carry)

PARENT/Guardian _____
Date _____

To be completed by the provider:

____ Student may carry and self-administer epi-pen at school.

____ Student needs supervision/assistance with the Epi-pen.

Provider SIGNATURE: _____

DATE _____



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