## Dyscalculia - Parents/Carers



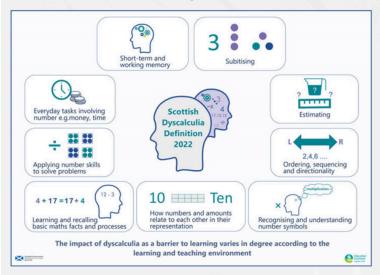
## What is dyscalculia?

Dyscalculia is defined as a specific and persistent difficulty in understanding and dealing with numbers, which can lead to a range of difficulties with mathematics.

It occurs across all age ranges, levels of education, and abilities.

It can occur on its own or can co-occur with other specific learning difficulties, mathematics anxiety, and medical conditions.

## What are the indicators of Dyscalculia?



## Top tips for parents/carers of a dyscalculic child

- Liaise with your child's school: good communication and good relationships are essential.
- Ask the school what you can help with at home and practice with your child: little and often, revise and repeat, is key to success.
- Use hands on manipulatives at home: preferably the same manipulatives that are being used in school.
- Talk about maths positively at home: your enthusiasm as a role model will rub off on your child!
- Use real life examples of maths around you: talk about maths in everyday situations such as when baking, doing DIY or craft or at the supermarket.
- Give your child/young adult pocket money in cash: help develop budgeting skills by having money boxes for spending and saving.
- Use the power of 'yet' when they say they can't do it/don't understand: say you can't do it/don't understand it yet.
- Use praise as much as possible: hearing we are good at something goes a long way to improve confidence.
- If you consider an assessment or a tutor privately ensure they have the correct specialist dyscalculia qualification/s: an index can be found on our website.
- · Find support for you: being well supported you will be in a better position to help your child.

For more information visit - www.dyscalculianetwork.com