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I weigh 140 pounds.

I rapidly lose weight until I am 140 pounds.

I weigh 140 pounds right now.

I weigh 140 pounds instantly.

I have soft and squishy thighs.

My thighs are so squishy and fun to play with.

My thighs make for great pillows.

My thighs are soft to the touch.

I have cute jiggly thighs.

I have nice looking thighs.

My thighs look absolutely great in stockings.

My thighs are slightly plump.

I have slightly plump and shapely legs.

My legs are supremely shapely.

I have shapely thighs.

My legs have a defined but jiggly shape.

My legs make a defined curvy line.

My waistline is extremely defined.

I have a noticeably indented waist.

My waist has a defined indent on both sides.

I have such a soft and jiggly butt.
My butt is soft and jiggly.
My butt is perfectly plump and perky.
I have my desired butt size.
My butt looks great at every angle.
My plump butt is the perfect size.

I have big breasts.
I have double-d-cup sized breasts.
My breasts are absolutely perfect.
My breasts look incredibly youthful.
I have perky breasts.
My breasts are perky enough to be without a bra.
I love my perky breasts.
I have the perfect feet.
My feet are fully free of any infections.
I am immune to having toe infections.
I have full immunity to any foot problems.
My feet look cute.

I have a cute little belly pooch.
My soft belly pooch is absolutely adorable.
My soft belly pooch looks cute in everything I wear.
I retain all the fat in my breasts as I lose weight.
My breasts stay a double-d-cup as I lose weight.
I am romantically desirable regardless of my weight.
I am sexually desirable regardless of my weight.

I find it extremely easy to maintain my desired weight.
It takes zero effort for me to maintain my desired weight.
I keep myself hydrated all the time.
It is incredibly easy for me to naturally get to my desired weight.
I do not need to be skinny to be appealing to myself or others.
I have an extremely feminine body.
I have a squishy belly.
I have a soft belly.

My body looks natural.
I have a healthily fast metabolism.
My metabolism has increased.
I have my desired metabolic rate.
I have a defined jawline.
I naturally look feminine.
I am naturally pretty.
I have thick and long eyelashes.
My eyelashes are dark and defined.

I have full eyelashes.

I have beautiful and big eyes.

I have a good smelling vagina.

I have a good tasting vagina.

My vagina is healthy.

I am immune to feeling insecure about my body.

My body is beautiful.

I have a healthy and beautiful body.