

**East Grand Rapids Public Schools
Two-Year Report on Achievement of Goals and Objectives
HIV/AIDS and Sex Education
September 14, 2026**

Background Information

In June of 2004, the Michigan state legislators passed Public Acts 165 and 166 which modified Michigan laws related to sex education in public schools. Public Acts 165 and 166 outline the planning, training, and implementation mandates for HIV/AIDS and sex education (PA 165 of 2004) and a parent complaint process (PA 166 of 2004).

These acts stipulate the make-up of each district's Reproductive Health Advisory Committee (RHAC) as well as their roles and responsibilities. Part of the role of the RHAC is to:

- *Establish program goals and objectives for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and sexually transmitted diseases; and*
- *At least once every 2 years, evaluate, measure, and report the attainment of program goals and objectives established under subdivision (a). The board of a school district shall make the resulting report available to parents in the school district. MCL [380.1507](#)*

Approved Goals, Objectives, and Curricula

The East Grand Rapids Public School District (EGRPS) Reproductive Health Advisory Committee (RHAC) has recommended, and the EGRPS Board of Education has approved the following goals and objectives for the K-12 program of instruction in HIV/AIDS, reproductive health, and sex education. The goals and objectives are aligned with state laws, the State Board of Education [Policy to Promote Health and Prevent Disease and Pregnancy \(2003\)](#), and the [Grade Level Content Expectations as well as the Michigan Merit Curriculum Credit Guidelines for Health Education](#), adopted by the Michigan Board of Education (2007).

Philosophy:

East Grand Rapids Public Schools provides a comprehensive, medically accurate, and developmentally appropriate reproductive health and HIV/STI prevention curriculum for all K-12 students. The curriculum is designed to recognize and represent the diversity of our students and community and strives to be inclusive of everyone regardless of their race, class, ability, family structure, religion, sex, gender, sexual orientation, gender identity, and gender expression. The reproductive health lessons aim to equip students with the knowledge and skills to make responsible, well-informed choices that promote lifelong health and wellness.

Program Goal:

To equip students with the knowledge to develop healthy relationships and to avoid sexual behaviors that put them at risk for HIV, other STIs, and unintended pregnancy.

Objectives (Abstinence-based):

At the end of the K-12 HIV/STI and sex education program of instruction, students will be able to:

- Identify the developmental changes that occur during puberty.
- Analyze characteristics of healthy and unhealthy relationships
- Evaluate positive and negative influences on sexual decisions.

- Evaluate the possible emotional, physical, and legal consequences of early sexual activity.
- Identify abstinence as the only 100% effective way to avoid pregnancy, HIV and STIs.
- Accurately assess their risks for HIV, other STIs, and pregnancy.
- Communicate with parents and other trusted adults regarding reproductive and sexual health, relationships, and sexual decisions.
- Seek additional information, support, and services as needed.

Approved Curricula

The East Grand Rapids (EGR) Reproductive Health Advisory Committee has reviewed and recommended, and the East Grand Rapids Board of Education has approved the following curricula for implementation with students at each building level. Each East Grand Rapids teacher responsible for implementing the sex education program has the certifications, endorsements, and professional development required to teach HIV prevention and health, and the recommended training for the approved curricula.

Grade 5 Curriculum and Supplementary Materials:

- *HIV/AIDS Education* (2020). [Michigan Model for Health®](#), Grade 5. 1 lesson.
- *Puberty, the Wonder Years* (2022). I Wonder What Is Happening to Me, Grade 5, [Puberty the Wonder Years®](#). 9 lessons. (This includes a lesson on bullying and online safety)

The approved reproductive health curriculum is implemented by Grade 5 classroom teachers in the three elementary buildings.

Grade 7 Curriculum and Supplementary Materials:

- *Growing up and Staying Healthy: HIV, AIDS, and Other STIs: A Module for Grades 7 and 8* (2020). [Michigan Model for Health®](#). 10 lessons.

The approved reproductive health curriculum is implemented by the health education teachers at the middle school building.

Grade 9 Curriculum and Supplementary Materials:

- *Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention, A Module for Grades 9-12* (2020). [Michigan Model for Health®](#). 22 lessons.

The approved curriculum is implemented by health education teachers at the high school.

Preparation for Program Evaluation

On Wednesday, December 12, 2025, the district's Reproductive Health Advisory Committee met and approved a recommendation to evaluate our program using a pre- and post-test, with tests provided by the approved curricula that assess knowledge and skills.

Evaluation, Measurement, and Attainment of Program Goals and Objectives

The district results of the pre- and post-tests are as follows:

Puberty: The Wonder Years (Grade 5)	Pre-test	Post-test	Change
Mean score for all 20 questions	11.7	16.4	+4.7

Growing Up and Staying Healthy and ETR Supplement (Middle School)	Pre-test	Post-test	Change
Mean score for all questions	9.27	18.5	+9.23
Mean score for contraceptive questions (10 questions)	5.5	8.9	+3.4
Mean score for skill HIV/STI Exposure (35 questions)	13.04	28.06	+15.02
Healthy and Responsible Relationships (High School)	Pre-test	Post-test	Change
Mean score for all 15 questions	13.5	14.3	+ .8
Positive Prevention Plus for Special Populations (High School, self-contained classrooms)	Pre-test	Post-test	Change
Mean score for all questions	N/A	N/A	N/A
Mean score for knowledge questions	N/A	N/A	N/A
Mean score for skill questions	N/A	N/A	N/A

Results:

The data across the three health education curricula reveals a general trend of positive knowledge acquisition, though the level of growth varies significantly by age group. The middle school curriculum, *Growing Up and Staying Healthy* (accompanied by the ETR Supplement), demonstrated the most robust impact. Students nearly doubled their overall mean scores from a pre-test of 9.27 to a post-test of 18.5, marking an impressive overall increase of +9.23 points. Notably, the middle schoolers showed a massive skill surge regarding HIV/STI Exposure, with scores climbing by +15.02 points, alongside a solid +3.4 point increase in contraceptive knowledge.

Meanwhile, the elementary and high school programs showed more modest progress. The 5th-grade *Puberty: The Wonder Years* curriculum proved highly effective for its developmental level, yielding a steady and healthy +4.7 point growth in foundational knowledge (rising from 11.7 to 16.4). Conversely, the high school *Healthy and Responsible Relationships* curriculum saw the least amount of change, with mean scores nudging up by only +0.8 points (from 13.5 to 14.3).

Ultimately, these results highlight that while the elementary and middle school programs are highly successful at driving significant learning gains, the high school curriculum shows a much different trajectory. Because the high school students entered the program with a relatively high baseline knowledge score of 13.5, the minimal growth indicates a "ceiling effect," meaning they already understood a large portion of the material before the lessons began. Consequently, while the data validates the continued success and strong impact of the elementary and middle school frameworks, it also isolates the high school results as an area where student knowledge simply remained stable from start to finish.

Sex Ed Program Activities and Next Steps

The East Grand Rapids Reproductive Health Advisory Committee meets two to three times annually to ensure all statutory and district responsibilities are fully executed. Comprehensive meeting minutes remain on file and are available upon request.

- **2023-2024 School Year:** The committee conducted a rigorous review of all instructional resources. Following this evaluation, the RHAC recommended the formal adoption of the fifth-grade curriculum, *Puberty: The Wonder Years*, alongside supplementary instructional videos. The Board of Education approved this adoption.

- **2024-2025 School Year:** Implementation of *Puberty: The Wonder Years*, alongside supplementary instructional videos.
- **2025-2026 School Year:** The committee convened in December 2025 to evaluate the district's comprehensive Two-Year Program Report and provide strategic feedback to Reproductive Health instructors. The committee met again in February and March 2026 to finalize the district's updated reproductive health goals and evaluate recent student data metrics.

Accessing the Results

The East Grand Rapids Two-year Program report can be found on the district website at egrps.org. This report was prepared by Dr. Caroline Breault-Cannon. Please contact Dr. Cannon at ccannon@egrps.org with any questions about this report.