Frequently Asked Questions

TRAINING LOCATION





Vidàlia is a community and a "cooperativa integral" – a cooperative developed to cover the housing, work, and food needs of its members. Located in an old textile factory an hour inland from Barcelona (Catalunya, Spain) the site is a village, inspired by the garden city movement, originally built for the workers and now being regenerated as a community. Vidàlia offers ample event and workshop spaces, 3 ha. of agricultural fields, and the enormous old factory itself.







Vidàlia is located alongside the second largest river in Catalunya, surrounded by forests and fields, and has a bus stop just outside the property that provides fast public transport to the city. We have the intention to develop Vidàlia as a permaculture and regenerative agriculture demonstration site...and this is our first course! Your participation will help the project to grow. More info about Vidàlia HERE

Who will be looking after the children (will it be a permaculture educator?)?

<u>Daniella Querol</u> is an artist, educator, and permaculturalist who lives at the site of the training, and will offer childcare support for participants with activities around permaculture and art.

My child doesn't speak English...

Daniella speaks English, German, Spanish and Catalan.

What will the children be doing? Is there an age limit for the children? How far away will the children be? How much does it cost to bring a child? How will children be accommodated?

For all of these questions, please contact Daniella directly HERE.

Can I bring a co-parent or carer with me to assist with the main caring of the children so that I can attend all the classes?

Yes. Please inquire about the cost for food and lodging.

Are there private rooms with multiple beds for a family?

Yes. But please let us know your specific needs.

Travel & Arrival

Arriving by Train to Barcelona:

TRAINS: use https://www.raileurope.com and aim for Barcelona, from there take a bus to the meeting point. For combinations of trains+buses use https://www.rome2rio.com/ Booking well in advance can make it much cheaper. If you're travelling from across Europe on the train we've found this website to be really useful to plan journeys https://www.seat61.com. Another useful website for booking trains is loco2.com.

If you are arriving to Estació Sants, the easiest way to get to the Alsa "Barcelona - Centre" bus stop is to take the L3 Green line metro from Sants to Plaça Catalunya, after which it is a short walk to the bus stop.

Arriving by Bus to Barcelona:

If you are arriving to Barcelona by bus, it will likely stop in either Sants or Estació del Nord. In the first case, follow the directions for Sants just above;

in the second case, Estació del Nord is one of the stops on the Alsa "BCN1" bus line to Vidalia.

Arriving by Car to Vidalia:

Here is the location of the Vidalia event space called the "Casal de la Dona": https://goo.gl/maps/9xp6rNjxhaYwSAiC8

Arriving by Airplane to Barcelona:

The most ecological and economical way to get from the T2 airport terminal to the bus stop is to take the Renfe airport train to the Passeig de Gracia station, and then you are just a very short walk to the bus stop. There is also the "L9 Sud" metro line which goes from both T1 and T2 airport terminals to Plaça Catalunya, but you must change trains at the Torrassa station. The easiest and fastest way to get from the airport directly to Plaça Catalunya is to just take the Aerobus, which costs €5.90.

From Barcelona to Vidalia

Fortunately, it is easy to get to Vidalia from the centre of Barcelona on a public bus operated by Alsa. There are different stops in Barcelona, the easiest one for most people will be "Barcelona – Centre" which is just a 5-10 minute walk from Plaça Catalunya.

The stop is located here, in front of Passeig de Gracia 36, between the streets Consell de Cent and Diputació, on the right hand side if you are walking up Passeig de Gracia from Plaça Catalunya:

https://goo.gl/maps/jdsS5vwmi8j4UnVr6

The stop is just a pole with a sign that says "Alsa", it is next to a covered bus stop. The bus costs 13€ and usually has "Berga" as its destination on the front window. The bus is often 5-10 minutes late, but sometimes is on time □ Please note that you need to tell the driver that your stop is "Colonia Cal Vidal", you can say in Spanish... "Mi parada es Colonia Cal Vidal, gracias!"

The bus schedule can be found here: https://mobilitat.bergueda.cat/

Registration at Vidalia will take place on the afternoon of April 12. Here are three buses from Barcelona - Centre to Cal Vidal on that day, please try to take the second bus that arrives to Cal Vidal at 16:46:



If you need to quickly get in touch while you are travelling, you can text Alfred through the apps Signal, Telegram, or Whatsapp (the wifi coverage here is better than the 4G network coverage): +34 672 950 099

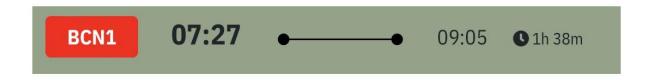
When you arrive at the Cal Vidal bus stop, you will see Vidalia right behind the bus stop on the other side of the field. Just walk down the road, pass the big plaza on the left and the Museum on the right, and then turn right and walk until you see a door for the building "Casal de la Dona". Enter through the door and find the welcome desk. Here is the location of the Museum that you will walk past and then turn right: https://goo.gl/maps/ShsuSMN1SAh8SLKT8

If you need to leave the training on the afternoon or evening of the 19th instead of staying for the party and No Talent Show, there is one bus leaving from Cal Vidal and going to Barcelona - Centre that day:

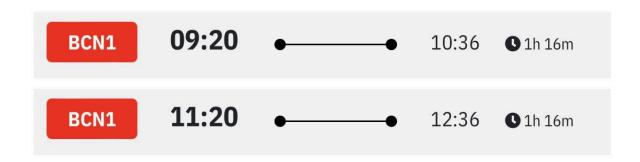


<u>Departure</u>

On April 20, there is one early morning bus leaving from Cal Vidal to Barcelona - Centre:



And there are two later buses that morning leaving from the nearby village of Navas to Barcelona - Centre, we can organise a ride for you:



Things to bring with you

While there will likely be sunny and hot days during your stay, **there may also be cooler ones, and nights may be a bit chilly!** Though as partial compensation, we will heat up the wood-fired hot tub on one or two nights. Please bring:

- Range of layered clothing for all weather (seriously, trust us, it gets cold!)
- Warm sleeping bag
- Hot water bottle
- Toiletries (note: Vidalia will provide ecological soaps and shampoos included in the price of your stay)
- Head torch
- Towel
- Bathing suit for the hot tub!
- Slippers for the classroom
- Note-taking materials
- We invite you to bring anything that you would like to share, such as musical instruments. :-) On the last night of the course we will have a "No Talent Show", in which anyone can share something with the group (songs, dance, theatre, poetry...you name it...and no talent is required!).

Return Policy

The deposit is non-returnable. The rest of the course fee is returnable up to two weeks in advance of the start date. After March 29, 2025 the full course

fee is non-returnable. Course fees must be paid in full by March 29th. If this is not possible, please contact course organisers to discuss.

Random

* Can I park my car/van at Vidalia? Yes.

* Can I sleep in my vehicle at Vidalia? No.

* Can I camp at Vidalia?
Unfortunately, camping is not an option.

Can I come earlier or stay after the course?

Unless you have a special arrangement, in order to give the community well-needed time to rest and prepare between courses, please plan to arrive on the afternoon of the registration and leave on the morning after the course ends.

Is there a place to do laundry?

One can wash some clothes with hot water in a sink and then hang them to dry on a line. But plan to come with enough clothes to get through the course as much as possible.

Will I have time to visit the local area?

There will be an "Integration Day" in the middle of the course when people can go for a hike or explore the area.

Can I bring my dogs or cat?

Sorry, though we love animals, we don't have the capacity to host more.

Is there insurance in case I have an accident or feel sick?

It's imperative that you have a health or travel insurance that covers Spain.

We have a general insurance policy that has a minimum coverage plan in case of an accident but are not liable for any losses or injuries (we hope

None of my questions are here...can I write you?

there are none) incurred during your stay.

Yes, please do: info@12pdesign.net

Extenuating Circumstances Policy

In the event of unforeseen circumstances beyond normal control, such as war, civil or political unrest, executive actions taken by governing authorities, strikes, natural disasters, epidemics or other serious threats or highly unexpected circumstances (!), this course may be cancelled or postponed, and any deposits received will be reimbursed minus transaction fees. You may want to get a ticket that can be cancelled or changed.

COVID-19

In order to ensure a safe space for all, we request that participants accept it if local conditions and regulations around Covid change before the course.