

The Kindness and Smile Zone Weekly Activity Pack

Theme: Animals Around the World 🌍🐘🦋

Week of August 30 - September 6, 2025

Animal Name Creator

Make your own unique animal species!

- Mash together two animal names or a descriptive word + animal (e.g., “Fluffertiger” or “Zoomingo”).
- Write what it looks like, what it eats, and one kind thing it does for other animals.
- Draw your new animal friend!

Friendship in the Wild Story

Imagine you discovered two animals from different parts of the world who became friends.

- Write a short story about how they met and what kind acts they do for each other.
- Draw them together in their shared home!

Kindness Habitat Puzzle

Draw or print pieces of an animal’s home (e.g., nest, den, hive).

- On each piece, write a kind word or action.
- Mix them up, then put the “home” back together.
- Say each kind action as you build it.

Build-an-Animal Habitat

Draw an environment for your favourite animal — a jungle, desert, forest, or ocean.

- Add other friendly animals and plants.
- Write one sentence about how they live kindly together.

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Craft: Animal Footprint Art

- Using paper or cardboard, trace your hand or foot and turn it into an animal paw, claw, or flipper.
- Paint or color with patterns and designs.
- Create a trail of footprints in your room or yard.
- With each “step,” say a kind thought you’d like to share.

Animal Word Scramble

Unscramble these animal names:

RTGIE → _____

AEHPLTEN → _____

OWLF → _____

APAND → _____

NOIL → _____

Kindness Animal Acrostic

Write the word “ANIMAL” vertically.

- Next to each letter, write a kindness word or phrase starting with that letter.

Example:

A – Always share food

N – Notice when others need help

I – Include everyone in games

M – Make time for friends

A – Appreciate differences

L – Lend a helping hand

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Animal Riddle Time

Can you guess the animals?

I have a trunk but no suitcase. What am I?

I'm black and white and love to eat bamboo. Who am I?

I'm the king of the jungle. Who am I?

I can change my color to hide from predators. Who am I?

(Answers: Elephant, Panda, Lion, Chameleon)

Paper Plate Parrot Craft

Materials: White paper plate, paint (bright colors), colored paper for beak & feathers, googly eyes, glue, scissors.

Instructions:

1. Paint the plate in bright parrot colors (reds, greens, blues).
2. Cut out feather shapes from colored paper and glue them along the sides.
3. Cut and glue on a beak and attach googly eyes.
4. Optional: Add a perch using a popsicle stick.

Animal Fun Facts

- Elephants comfort each other by touching trunks.
- Otters hold hands when they sleep so they don't drift apart.
- Crows can remember human faces — especially kind ones.
- Dolphins work together to help injured friends.
- Meerkats take turns standing guard to protect their group.

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- Bees dance to tell others where to find flowers.
- Parrots can learn to say words — and some have very polite vocabularies!
- Penguins often give each other small pebbles as “gifts.”
- Dogs can understand human emotions just by looking at faces.
- Sea turtles always return to the same beach where they were born.