

Hello! I'm Coach Dufries

Welcome to Saluda River Academy for the Arts

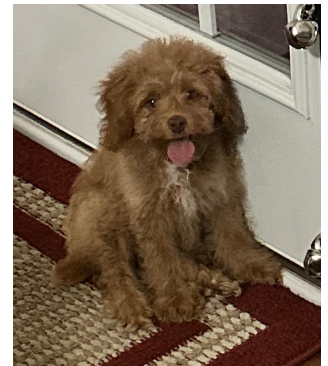


Mission Statement:

My mission is to help every student learn that movement can be enjoyable and educational. I want our students to understand how important physical activity is to maintaining an active and healthy lifestyle throughout their life.

A Little About Me:

I have been married to my wonderful husband, Todd, for 20 years and we have three amazing and very active children: Leah, Jay Tyler and Preston. We have a puppy named Gracie! In my free time, I enjoy being outside at the pool, beach, or river. I enjoy hiking as well. I've been a lifelong South Carolina Gamecocks fan. Go Cocks!



My Experience and Education:

I graduated from Presbyterian College with a degree in Early Childhood education. I taught first grade at SRAA from 2005-2009. I then went on to teach preschool for many years while my children were younger. I was a teaching assistant in Lexington Two at Springdale Elementary and Riverbank Elementary. This is my third year teaching PE.

A Few of my Favorites:

Candy: PB M&MS
Color: Mint Green
Sport: Volleyball

