

Note:

these are just my best & favourite emails

Fitness niche:

☰ HIIT Almost Killed Me 😱

☰ 3 Secrets I Stole From Prison

Dating/Relationship niche:

☰ First opener (dating niche)

☰ First Date (What to do)

Communication/Confidence niche:

☰ Overthinking in conversations

☰ #1 Reason Anxiety Get's Worse