Lecture topics
Dr. Stansbury's Botanicals Conference & Tuscan Retreat

Cardiovascular Support:

- CV Disease with Mechanism of Action of Herbs
- Blood lipids: Herbal Alternatives to Statins
- Hypertension
- Personal or Family History of CVD Support: High Flavonoid Foods and Herbs for CV Protective Effects

Metabolic Support:

- Herbal Alternatives to GLP Medicines
- Herbal Medicines for Metabolic Syndrome
- Diabetes and Blood Sugar Dysregulation

Diabetes Support:

Longevity:

- Herbs for Longevity