

Unofficial AUC checklist

Essentials:

1. Laptop (with internet cord for dorms) and a USB drive. Optional: external hard drive.
2. Valid passport and valid driver's license.
3. Clothes, including at least one pair of formal clothes for the White Coat ceremony. Bring a sweatshirt because it gets cold in class.
4. Scrubs for anatomy lab. You can get them once you get to AUC but you may be able to find them cheaper in the US.
5. ATM card and credit card. Be sure to let your banks and credit card companies know you'll be out of the US. There is a Scotia Bank ATM by campus where you can use a Bank of America ATM card with no charge. Also, Capital One credit cards do not charge international fees.
6. Unlocked phone so you can get an island SIM card.
7. Money: have some small change when you arrive, a taxi is approximately \$10 to campus. (everyone uses American dollars)
8. Flashlight/battery operated lantern because there are power outages.
9. Extra batteries.
10. Medications (prescriptions, cough syrup, allergy medication, Tylenol, etc). There is a pharmacy that gives you an AUC discount, but it's more convenient to have it with you.
11. Keep your letter of acceptance in your carry on.
12. Sunscreen and bug spray.

You can get most things on the island, but some things such as household items are more expensive. Try to bring what you can fit in your suitcase. Also, there will be a 5th semester sale at the beginning of the semester where you can get some household items and books. This is not a complete or exclusive list. It is compiled through our own experiences and we know that each person may have individual needs. If you have other suggestions, please share them with your classmates!

As for food items, you can get just about everything on the island but keep in mind that the grocery stores are not close by and you will need a car to get there.

Also, if you're living with a roommate, be sure to contact them to see what they're bringing.

Rooms:

1. Twin size bed sheets (but if you're living off campus check with their housing office for the size needed), blanket, pillow.
2. Battery operated alarm clock
3. Desk lamp (optional)
4. Wireless router if you're living off campus.
5. Collapsible/mesh laundry basket.

6. Roll of quarters for laundry if you're living off campus.

Bathroom:

1. Shower flip flops and bathmat.
2. Shower curtain and rings.
3. You can get soap, shampoo, razors, etc but it's more expensive on the island and if you're picky about brands, bring it with you.

Kitchen:

If you're living in the dorms, they don't provide any pots, pans, utensils, plates, etc. So, you can bring a set of each or you can try to buy it during the 5th semester sale. Most people just buy it from ACE when they get on the island, it's a little more pricy than the US, but if you have room in your luggage, you can bring something with you that will tie you over until you get out to the stores.

Some off campus housing complexes provide utensils/cooking supplies so be sure to check with them to see what is provided.

You may want to bring a Brita water jug.

On the first night, there are a few places that are about a 2-5minute walk from campus where you can grab something to eat. But, if you're too tired or getting in really late, you may want to bring something with you, such as a packet of Ramen noodles.

School supplies:

ESSENTIAL supplies: #2 pencils (you will NOT be able to take tests without them!), eraser, clip board for anatomy exams.

Books: you can often get these at the 5th semester sale and they're all in the library. Netter's Anatomy and BRS Anatomy are highly recommended to either bring with you or get from the 5th semester sale (but remember, supplies may be limited at the sale).

Anatomy dissection kit (you can get it from Note Services on campus if you choose)

Box of gloves for anatomy (again, you get it from Note Services)-you will use approximately 1 pair of gloves every lab session. One large box from home lasted us the whole semester.

Bring any pens, markers, highlighters, notebooks, post it notes, ear plugs, stapler, tape, rubber bands, etc that you like to use. You can usually find these things on the island, but they can be more expensive.

Other:

Umbrella

Bathing suit and swim goggles/snorkel gear.

Decorative items like pictures

Camera