

Eastern Oregon University Course Syllabus

Number of Course:

ED 570

Name of Course:

Foundations of Trauma and Identity in Education

Catalog Description:

This course provides an introduction to the types and impacts of trauma on educational communities. Topics covered include the neurobiology of trauma, epigenetics, Adverse Childhood Experiences (ACES), resilience, systemic oppression and its influences on trauma prevalence, secondary trauma and self-care. The emphasis throughout the course is on integrating these topics into the student's existing pedagogy, and is designed to both provide a foundation for students just beginning to learn about trauma as well as the opportunity to go deeper into the work for those more familiar with the basics.

Credit Hours:

3

Instructor:

TBD

Time and place of the course:

Courses in the trauma concentration are delivered fully online (asynchronous) and administered through the EOU Canvas Learning Management System.

Required Texts or Suggested Materials:

Link to the EOU Bookstore: [Eastern Oregon University Bookstore \(opens in new tab\)](#)

Prerequisites:

Graduate standing.

Learning Outcomes:

Upon successful completion of the course, students will be able to:

1. Build a foundational understanding of the holistic impacts of trauma at the individual and collective level (including effects on the brain and body, relationships and the community).
2. Explore the complexity and diversity of experiences and impacts of trauma.
3. Examine the role of positionality and identity in experiences and prevalence of trauma and its impacts.
4. Analyze the current trends in trauma-informed educational practices.
5. Analyze the role educational institutions have in creating trauma as well as reducing impacts of trauma.
6. Critically examine one's own wellness as it relates to topics covered in this course and make plans to support personal wellness while engaging in this work.
7. Critically examine beliefs about trauma and resilience.

Course Requirements:

- Explorations: Selected Readings and Reflections/Discussions
 - Students will read a selection of relevant articles or other resources related to the content of the course and write reflections and/or discussion board posts relating the content to their current context or experiences.
- Personal Positionality Analysis
 - Students will analyze their own multidimensional identities, exploring in what ways the various aspects of their identity afford them relative privilege and power or lack thereof. Students will then analyze the connections between identity and the prevalence and types of trauma.
- Self-Care Planning
 - Students will create and implement a personalized self-care plan that addresses various aspects of their exposure to and experience of primary and/or secondary trauma in addition to supporting their own personal overall wellness. This work will be supported by formative exercises exploring various methods and approaches to self-care throughout the course.
- Investigation of Current Efforts in Trauma-Informed Practices
 - Students will critically examine trauma-informed practices currently being implemented in educational settings.

Grading Policies:

Scoring guides and rubrics are provided in Canvas. Policies on late work and resubmission of assignments are set by the instructor and will be included in the syllabus.

Grading Scale:

Letter Grade:	Percentage:
A	93-100%
A-	90-92.9%
B+	87-89.9%
B	83-86.9%
B-	80-82.9%
C+	77-79.9%
C	73-76.9%
C-	70-72.9%
D	60-69.9%
F	Under 60%

Means of Assessment:

Assignment	Percentage of Final Grade	Course Outcomes
Selected Article Readings and Reflections/Discussions	40%	1,2,3,4,5,6,7
Personal Positionality Analysis	20%	2,3,5,7
Investigation of Current Efforts in Trauma-Informed Practices	20%	4,5
Self-Care Plan	20%	1,2,3,6,7

Brief Outline of Course:

NOTE: This is a preliminary outline. Additional details and revisions will occur as the course continues to be updated.

Topics to be covered will include:

- One's own multidimensional identities and their relationship to systems of oppression
- Holistic impacts of trauma on the brain, body, relationships and community
- The diversity of trauma experiences, including
 - acute trauma
 - complex trauma
 - early childhood trauma
 - sexual abuse
 - community violence
 - intimate partner violence
 - medical trauma
 - refugee and immigration trauma
 - terrorism and violence
 - traumatic grief
 - cultural trauma
 - historical trauma
 - intergenerational trauma
 - racial trauma
- Personal holistic wellness with regard to trauma including aspects of identity and positionality
- Current trends in trauma-Informed practices within educational settings

General Education Category and Outcomes:

[Insert text here if GEC course]

University Writing Requirement Outcomes:

[Insert text here if UWR]

Writing Center Statement:

The EOU Writing Center provides a place — physical or virtual — where every EOU student can find an interested, responsive reader. Writing tutorials are free of charge for EOU undergraduate and graduate students and are available for writing at any course level and for writing resumes, job letters, and graduate applications. For drop-in hours or to schedule in-person, synchronous online, or asynchronous online tutoring, please visit the EOU Writing Center: [Writing Center – Eastern Oregon University \(opens in new tab\)](#).

Classroom Decorum:

[Insert text here]

Academic Misconduct Policy:

Eastern Oregon University places a high value upon the integrity of its student scholars. Any student found responsible for an act of academic misconduct (including but not limited to cheating, unauthorized collaboration, fabrication, facilitation, plagiarism or tampering) may be

subject to having his or her grade reduced in the course in question, being placed on probation or suspended from the University, or a combination of these.

Accommodations/Students with Disabilities Policy:

Any student who feels they may need accommodation for any type of disability must contact the Disability Services Office in Loso Hall, Room 233. Phone: 541-962-3081.

Disclaimer:

This standard syllabus provides only general information on the course. For those enrolled in the course a detailed syllabus will be provided by the Instructor at the beginning of the term. Please keep in mind that not all courses are offered every year.

Syllabus Prepared By:

Naomi Tuinstra

Date:

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