

Social & Healthy Living Opportunities

[**Cincinnati Recreation Commission Therapeutic Recreation**](#) offers a variety of recreation-based programs and activities offered throughout the year.

[**Autism Connections**](#) offers activities and social opportunities for students preschool through adult.

[**Down Syndrome Association of Greater Cincinnati**](#) offers programming throughout the year grouped by age.

[**Anderson Township Little League Challenger Division**](#) offers a program for youth ages 4-18 (up to age 22 is still enrolled in High School) with physical and developmental disabilities.

[**Cincinnati Snapdragons**](#) offers special needs basketball and softball

[**OT/PTbeWell**](#) offers hiking (adaptive options available), pickleball, rock-climbing, and more throughout the year.

[**We Rock the Spectrum**](#) is a sensory gym with programming open to all special needs.

[**Top Soccer**](#) offers programming for spring summer and fall.

[**Stepping Stones Saturday Kids Club**](#) This adaptive activities programming runs throughout the school year at the Given Road Campus.

[**Cincinnati Therapeutic Riding & Horsemanship \(CTRH\)**](#) provides adaptive recreational and hippotherapy services.

[**Cincinnati Zoo Access for All Resources**](#) The zoo offers many supports for individuals with disabilities including sensory maps, social stories, and 2 calming rooms.

[**First Tee Cincinnati**](#) a non-profit golf education program is inclusive and expresses interest in serving children of all abilities.

[**Cincinnati Children's Hospital Leisure & Athletics Resource**](#) Everything from music therapy, to athletic teams, accessible playgrounds, camps, and more including some already listed above