Social & Healthy Living Opportunities

<u>Cincinnati Recreation Commission Therapeutic Recreation</u> offers a variety of recreation-based programs and activities offered throughout the year.

<u>Autism Connections</u> offers activities and social opportunities for students preschool through adult.

<u>Down Syndrome Association of Greater Cincinnati</u> offers programming throughout the year grouped by age.

<u>AndersonTownship Little League Challenger Division</u> offers a program for youth ages 4-18 (up to age 22 is still enrolled in High School) with physical and developmental disabilities.

<u>Cincinnati Snapdragons</u> offers special needs basketball and softball

<u>OT/PTbeWell</u> offers hiking (adaptive options available), pickleball, rock-climbing, and more throughout the year.

We Rock the Spectrum is a sensory gym with programming open to all special needs.

Top Soccer offers programming for spring summer and fall.

<u>Stepping Stones Saturday Kids Club</u> This adaptive activities programming runs throughout the school year at the Given Road Campus.

<u>Cincinnati Therapeutic Riding & Horsemanship (CTRH)</u> provides adaptive recreational and hippotherapy services.

<u>Cincinnati Zoo Access for All Resources</u> The zoo offers many supports for individuals with disabilities including sensory maps, social stories, and 2 calming rooms.

<u>First Tee Cincinnati</u> a non-profit golf education program is inclusive and expresses interest in serving children of all abilities.

<u>Cincinnati Children's Hospital Leisure & Athletics Resource</u> Everything from music therapy, to athletic teams, accessible playgrounds, camps, and more including some already listed above