

United States: Emergency: **911** Suicide Hotline: **988**

Algeria: Emergency: 34342 and 43 Suicide Hotline: 0021 3983 2000 58

Argentina: Emergency: 911 Suicide Hotline: (54-11) 4758-2554

Armenia: Emergency: 911 and 112 Suicide Hotline: (2) 538194

Australia: Emergency: 000 Suicide Hotline: 131114

Austria: Emergency: 112 Telefonseelsorge 24/7 : 142 Rat auf Draht 24/7 : 147 (youth)

Bahamas: Emergency: 911 Suicide Hotline: (2) 322-2763

Bangladesh: Emergency: 999

Barbados: Emergency: 911 Suicide Hotline: Samaritan Barbados (246) 4299999

Belgium: Emergency: 112 Suicide Hotline: Stichting Zelfmoordlijn 1813

Bolivia: Emergency: 911 Suicide Hotline: 3911270

Bosnia & Herzegovina: Suicide Hotline: 080 05 03 05

Botswana: Emergency: 911 National Lifeline: 3911270

Brazil: Emergency: 188

Bulgaria: Emergency: 112 Suicide Hotline: 0035 9249 17 223

Canada: Emergency: 911 Suicide Hotline: 1 (833) 456 4566

China: Emergency: 110 Suicide Hotline: 800-810-1117

Colombia: 24/7 Helpline in Baranquilla: 1(00 57 5) 372 27 27 24/7 Hotline Bogota: (57-1) 323 24 25

Croatia: Emergency: 112

Cyprus: Emergency: 112 Suicide Hotline: 8000 7773

Czech Republic: Emergency: 112

Denmark: Emergency: 112 Suicide Hotline: 4570201201

Egypt: Emergency: 122

Estonia: Emergency: 112 Suicide Hotline: 3726558088 ; in Russian 3726555688

Finland: Emergency: 112 Suicide Hotline: 010 195 202

France: Emergency: 112 Suicide number: 0145394000

Germany: Emergency: 112 Suicide Hotline: 08001810771

Ghana: Emergency: 999 Suicide Hotline: 2332 444 71279

Greece: Emergency: 1018

Guyana: Emergency: 999 Suicide Hotline: 223-0001

Holland: Suicide Hotline: 09000767

Hong Kong: Emergency: 999 Suicide Hotline: 852 2382 0000

Hungary: Emergency: Suicide Hotline: 116123

India: Emergency: Suicide Hotline: 8888817666

Indonesia: Emergency: 112 Suicide Hotline: 1-800-273-8255

Iran: Emergency: 110 Suicide Hotline: 1480

Ireland: Emergency number: 112 Suicide Hotline: +4408457909090

Israel: Emergency: 100 Suicide Hotline: 1201

Italy: Emergency: 112 Suicide Hotline: 800860022

Jamaica: Suicide Hotline: 1-888-429-KARE (5273)

Japan: Emergency: 110 Suicide Hotline: 810352869090

Jordan: Emergency: 911 Suicide Hotline: 110

Latvia: Emergency: 113 Suicide Hotline: 371 67222922

Lebanon: Suicide Hotline: 1564

Liberia: Suicide Hotline: 6534308

Luxembourg: Emergency: 112 Suicide Hotline: 352 45 45 45

Malaysia: Emergency: 999 Suicide Hotline: (06) 2842500

Malta: Suicide Hotline: 179

Mauritius: Emergency: 112 Suicide Hotline: +230 800 93 93

Mexico: Emergency: 911 Suicide Hotline: 5255102550

Netherlands: Emergency: 112 Suicide Hotline: 900 0113

New Zealand : Emergency: 111 Suicide Hotline: 1737

Nigeria: Suicide Hotline: 234 8092106493

Norway: Emergency: 112 Suicide Hotline: +4781533300

Pakistan: Emergency: 115

Philippines: Emergency: v911 Suicide Hotline: 028969191

Poland: Emergency: 112 Suicide Hotline: 5270000

Portugal: Emergency: 112& Suicide Hotlines: 21 854 07 40 and 8 96 898 21 50

Romania: Emergency number: 112 Suicide Hotline: 0800 801200

Russia: Emergency: 112 Suicide Hotline: 0078202577577

Saint Vincent and the Grenadines: Suicide Hotline: 9784) 456 1044

Saudi Arabia: Emergency:112

Serbia Serbia: Suicide Hotline: (+381) 21-6623-393

Singapore: Emergency number: 999 Suicide Hotline: 1 800 2214444

Spain: Emergency: 112 Suicide Hotline: 914590050

South Africa: Emergency: 10111 Suicide Hotline: 0514445691

South Korea: Emergency: 112 Suicide Hotline: (02) 7158600

Sri Lanka: Suicide Hotline: 011 057 2222662

Sri Lanka Sudan: Suicide Hotline: (249) 11-555-253

Sweden: Emergency number: 112 Suicide Hotline: 46317112400

Switzerland: Emergency: 112 Suicide Hotline: 143

Thailand: Suicide Hotline: (02) 713-6793

Tonga: Suicide Hotline: 23000

Trinidad and Tobago: Suicide Hotline: (868) 645 2800

Turkey: Emergency: 112

United Arab Emirates: Suicide Hotline: 800 46342

United Kingdom: Emergency: 112 Suicide Hotline: 08457909090

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