

Overview of Sports/Clubs / Student-Athlete Expectations

1. Student-athlete means '**student first, athlete second.**' All participants must be in good standing with their academics and behavior in all areas of school life.
2. Participating in sports and clubs is a bonus to school life – it is a great way to meet new people, represent your school and develop values/discipline for other walks of life.
3. If a student accepts a spot on a team, they are expected to attend all practice/games. Please do not accept a spot on the team if you are busy after school.
4. Occasionally, things pop up which are understandable (sick, hurt, family) – however, understand it is unacceptable and unfair to the volunteer coach/team to expect to play a student-athlete if they have missed time.
5. Fair play is not equal play. Coaches are encouraged to try and play all members of the team. Not all situations are suited for all players, therefore, that will be the decision for the coaches.
6. Please communicate to the coaches the night before/morning of practices/games if you will be missing. (email or in person)

→ **Practice Times**: will vary depending on the coach. **Most** practices will end between **4:15/4:30**. Coaches will communicate if there are specific **start/ending** times. Please have transportation arranged for the scheduled time. Coaches have families, volunteer in the community or life commitments at night. They cannot leave until all players are gone.

- **Game Times:** These will be communicated once the teams have been picked. Soccer games are Monday and Wednesday. **Usually** in the other sports girls play on **MON/WED** and boys **TUES/THURS**.

- **Uniforms:** student – athletes will receive a uniform. It is their responsibility to take care of their uniform and return (clean) once the season is complete. Lost or damaged uniforms will have a replacement fee.

- **Athletic fee:** each sport will have a fee. This is used to help with the referee cost and costs associated with the sports.

- **Volunteers:** there is a section on the website if people are interested in helping out. There is an HRCE policy that must be followed by parent(s)/guardian(s) if transporting a student-athlete from another family if leaving from school grounds.