Pina Colada Popsicle Recipe

Makes 9-10 (11”) popsicles

Ingredients:

1 medium ripe pineapple, cubed

1 cup full fat coconut milk

1/4 cup turbinado sugar or honey

Preparation:

Place all the above ingredients in a high speed blender and blend until smooth. Taste and adjust the sweetness as needed. Fresh fruit tends to be sweeter than frozen, so keep the liquid a little on the sweeter side to get perfectly sweet popsicles.

Pour into popsicle molds and freeze.