

Spanish Speaking Countries

[Full List Of Spanish-Speaking Countries | Mondly Blog](#)

Databases that contain recipes and information about traditional foods:

[Riggs Research Resources](#)

- **Gale** (Resource: *Junior Worldmark Encyclopedia of Foods & Recipes of the World*)
- **CultureGrams** (*World Edition*)

Websites with recipes:

[Familia Kitchen](#) (*Scroll down to find a list of linked Spanish speaking countries' recipes*)

[Latin American Recipes](#) (*Created by **All Recipes**, you will need to check to see what country the food is from*).

[21 Popular Latin Foods - Insanely Good](#)

[Latin American Cooking | Recipes, Dinners and Easy Meal Ideas | Food Network](#)

[15 Recipes That Can Help You Celebrate Hispanic Heritage Month | Stop and Shop](#)

[Ten Iconic Dishes from Spanish-speaking Countries | Vista Higher Learning Blog](#) (*This website lists ten iconic dishes but does not have recipes*).

[14 Spanish dishes you should try -- from churros to jamón](#) (*This website lists fourteen iconic dishes but does not have recipes*).

[National Hispanic Heritage Month: 5 countries, 5 dishes, 1 kitchen](#) (Ready Set Eat)

[64 Best Authentic Mexican Food Dishes \(With Recipes!\)](#) (Taste of Home)

[17 Latin American Comfort Food Recipes That You Need to Make](#) (Good Housekeeping) **Check out the gallery to view recipes.**

[17 Delicious Hispanic Desserts for Any Celebration](#) (Good Housekeeping)

[Latino Desserts Guide: Top 20 Postres in Latin America – Familia Kitchen](#) (*This website lists iconic dishes from each Spanish speaking countries but does not have recipes*).