

Larson Biology Schedule

***To access your class's Zoom, go to google classroom for a zoom link for your class.**

***Biology Zoom Video-chat Check-ins will be optional, but they will be a time when we can get together as a class and ask any questions you have.**

***We will adopt the same rules and norms as in the physical classroom (participate by asking and answering questions; wear classroom-ready clothing). For everyone's benefit, join the course in a quiet place. Turn on your video. Mute your microphone unless you are asking a question. Close browser tabs not required for participating in class. This form of learning will be somewhat new to all of us, and success will depend on the commitment we all bring to the online classroom.**

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 9:00	Wake Up & Morning Routines...be sure that you are dressed appropriately and have an appropriate place at home to do Zoom videochats!				
9:00 – 10:00	1st period	I will be planning or available for you to contact by appointment at this time.	1st period	I will be planning or available for you to contact by appointment at this time.	I will be planning or available for you to contact by appointment at this time.
10:00 – 12:00	Meal Deliveries, Work on School Assignments, Eat Lunch...work out...go outside...relax...take a nap				
12:00 – 1:00	3rd period	4th period	3rd period	4th period	I will be planning or available for you to contact by appointment at this time.
1:00 – 2:00	5th period	I will be planning or available for you to contact by appointment at this time.	5th period	I will be planning or available for you to contact by appointment at this time.	I will be planning or available for you to contact by appointment at this time.
2:00 – 3:00	7th period	2:00 – 2:30 Environmental Club Zoom	7th period	I will be planning or available for you to contact by appointment at this time.	I will be planning or available for you to contact by appointment at this time.
After School Suggestions:	■ Reach out (call, text, facetime, email, write a letter, etc) to friends or relatives and check on them! ■ Go outside and observe living things in your yard/outside of your apartment (...maintain a responsible distance from other people)! ■ Help a younger sibling/cousin/friend learn something new today! ■ Email me...ask questions, share an interesting current event link, share a picture of something you saw when you went outside for some fresh air! ■ Check into our new class website tab "Class Animals" for updates on our class animals! ■ Read articles from our "Current Science" tab...I will be adding new, interesting articles for you to see! ■ Practice old class material on our "Resources" or "SOL Review" tabs on my website! ■ Find a motivational quote and inspire a friend or relative with it...you can find some on the "Nice Words" tab! ■ Check out this Cincinnati Zoo Virtual Safari each day at 3PM ... you can even watch them from previous days through their youtube! ■ Check out the Monterey Bay Aquarium live cams featuring an aviary, coral reef, jellyfish, kelp forest, Monterey Bay, moon jellyfish, open sea, penguins, sea otters, and sharks! ■ Check out a San Diego Zoo live cam featuring pandas, baboons, penguins, pandas, polar bears, apes, koalas, giraffes, burrowing owls, elephants, tigers, and condors! ■ Check out the Smithsonian National Zoo webcam featuring naked mole rats, lions, giant pandas, and elephants! ■ Check out the Ducksters Review Website to review old biology topics or preview new topics!				
10:00 – 11:00	Bed Time – Teens need 8 to 10 hours of sleep. A consistent sleep schedule will help you feel less tired since it allows your body to get in sync with its natural patterns.				