

## **Lakota West Bands**

### **Packing Guidelines – Johnson City & St. Louis 2024**

#### **Important Notes:**

- Students will be doing a lot of walking outside on both trips, TN includes a hiking trip. Pack for the weather with sturdy/comfortable shoes.
- Performances are inside in both TN & MO but warmups & rehearsals may be outside.
- Tag everything with your name.
- Students are permitted their red band bag, one small sized luggage bag/suitcase, and a small backpack for the bus. Please pack smart and remember it is only 2 nights for St. Louis and 3 nights for Johnson City. They will be carrying what they pack.
- Please do NOT send X-Box type gaming devices, homework/Chromebooks. There will not be sufficient downtime to get school work done.

#### **Luggage includes** (in addition to your instrument)

- **Red Bag (Band)** - Plan for two performances for each trip
  - Gloves
  - Drill masters
  - Black crew socks (multiple pairs)
  - Hair ties, bobby pins as needed
  - Extra performance clothes
  - **Uniform** (they will bring this home and will be responsible for packing)
    - Bibs
    - Competition Show Shirt
    - Gauntlets
- **Red Bag (Guard)** - Plan for two performances
  - Gloves
  - Black shoes
  - Body tight
  - Makeup and makeup remover,
  - Hairspray, Hair ties, Bobby pins and more bobby pins
  - Water Bottle
  - Warmups
  - Uniform
- **Small size luggage**
  - Toiletries, personal items, contacts, toothbrush, deodorant, ear plugs, etc...
  - Boys - razor

- Clothes for 3 days (Johnson City) and 2 days (St. Louis), Pajamas, Jacket based on predicted weather that will keep you comfortable.
- Comfortable shoes for walking
- **Small backpack for bus**
  - Water, Snacks
  - Jacket, Blanket
  - Money for souvenirs or extra snacks. BOA apparel ranges from \$25 and up.
  - **Money for meals**
    - TN: 2 lunches (on way to and home), 1 dinner (at Dollywood)
    - MO: 1 lunch (on way home), 1 dinner (on way to)
  - Phone, charger, **portable battery charger**, headphones