










# WEEK 2 - 28 Days To A Client

## THE MASTER WAR MODE DAY PLAN + REPORT







✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/	Q1 ▾	Watch MPUC
2. /✗	Q1 ▾	Watch Andrew's video breakdown
3. ✓/	Q1 ▾	Spend one hour coming up with new ideas for outreach
4. ✓/	Q1 ▾	Be happy throughout the day, listen to happy music and cycle outside
5. /✗	Q1 ▾	Make FV for leads
6. ✓/	Q2 ▾	Drink water throughout the day
7. ✓/	Q1 ▾	Do push-ups!!
8. ✓/	Q2 ▾	Eat well and fast
9. ✓/	Q1 ▾	Rewatch WOSS and take notes
10. /	Q2 ▾	Review TRW copy
11. /✗	Q3 ▾	Add FV to your portfolio
12. /	Q2 ▾	Read HTWFAIP for one hour
13. ✓/	Q3 ▾	Model product descriptions and write own version
14. ✓/	Q3 ▾	Prospect for one hour
15. ✓/	Q3 ▾	Write the report quickly.
16. /✗	Q4 ▾	Thank mom
17. ✗	Q4 ▾	Practice meditation
18. /✗	Q4 ▾	Ask Arno or Andrew about positive state
19. ✗	Q4 ▾	Shower
20. /✗	Q4 ▾	Write your current situation on a piece of paper

	 <b>DAY NUMBER + DATE + TIME</b> 
<b>Day Number:</b>	<b>13</b>
<b>Date:</b>	<b>25.3 2023</b>
<b>Start Time:</b>	<b>06:00</b>

	 <b>3 Things That I Am Grateful To Have In My Life</b> 
<b>1.</b>	<b>A home, and a warm bed to sleep in</b>
<b>2.</b>	<b>A computer and my phone to do work with</b>
<b>3.</b>	<b>Food available at all times</b>

	 <b>My Top 3 Priority Tasks That MUST Be Completed</b> 
<b>1.</b>	<b>Improving marketing IQ by writing copy</b>
<b>2.</b>	<b>Improving my outreach, new ideas</b>
<b>3.</b>	<b>Being positive throughout the day, no negativity</b>

## **Hour-By-Hour Tracking:** **[Plan+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

# **MY MORNING WAR PLAN**

 **What Do I Plan To Accomplish This Morning?** 

**Write day plans, rewatch WOSS, improve outreach**

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 **What Is The Main Goal For This Morning?** 

**Make an outreach to test**

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 **How Will I Start My Morning With Power?** 

**Will do push-ups, now.**

**(Delete Any Boxes Below  
That Are Before The Time  
That You Start Your Day +  
After The End OF Your  
Day In Your Own Copy)**

<b>6 am: Task</b> \$	<b>Wake up, fill the rest of this before doing any else-</b>
<b>Intention</b> 🔔	<b>To have a clear plan for the day</b>
<b>Reflection</b> ✍️	<b>Reviewed trw outreach, and made 13</b>

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<b>7 am: Task</b> \$	<b>Do day 13 and 14</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	<b>Did 13</b>

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<b>8 am: Task</b> \$	<b>Eat, watch MPUC</b>
<b>Intention</b> 🔔	<b>Eat and learn from Andrew</b>
<b>Reflection</b> ✍️	<b>Yes</b>

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<b>9 am: Task</b> \$	<b>Continue day 14</b>
<b>Intention</b> 🔔	<b>Make the plan for 14 clear</b>
<b>Reflection</b> ✍️	

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<b>10 am: Task</b> 💰	<b>Prospect for an hour</b>
<b>Intention</b> 🔔	<b>Get more leads to contact</b>
<b>Reflection</b> ✍️	<b>Yea</b>

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<b>11 am: Task</b> 💰	<b>Refresh, and improve outreach ideas you have.</b>
<b>Intention</b> 🔔	<b>To improve outreach quality</b>
<b>Reflection</b> ✍️	<b>Got sidetracked talking to mom, ate</b>

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<b>12 am: Task</b> 💰	<b>Rewatch WOSS</b>
<b>Intention</b> 🔔	<b>Revise important lessons</b>
<b>Reflection</b> ✍️	<b>Done</b>

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## 🎯 **END-OF-THE-MORNING REPORT** 🎯

<b>🧠 What Did I Learn This Morning? 🧠</b>
<b>Revisiting important lessons is very important, should do more often</b>

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<b>❌ What Problem's Did I Face This Morning? ❌</b>
<b>Not doing plans quick enough, distractions</b>

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 **How Will I Solve These Problems For This Afternoon?** 

**Doing high jumps, or high knees to focus**

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## **MY AFTERNOON WAR PLAN**

 **What Do I Plan To Accomplish This Afternoon?** 

**Write FV for portfolio, get a better understanding of my subniche**

 **What Is The Main Goal For This Afternoon?** 

**Watch Andrew's video breakdown**

 **How Will I Start My Afternoon With Power?** 

**With push-ups**

**1 pm: Task** 

**Research the top brand in your sub-niche, and model product descriptions from them**

**Intention** 

**To have something else to offer for FV**

**Reflection** 

**Got distracted talking to my mom, and ended up helping her in her tasks.**

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<b>2 pm: Task</b> 💰	<b>Continue writing, and use AI for help. Create as many as possible.</b>
<b>Intention</b> 🔔	<b>Offer new FV idea for leads</b>
<b>Reflection</b> ✍️	<b>Ate, and talked with mom instead.</b>

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<b>3 pm: Task</b> 💰	<b>Eat heavy. Read HTWFAIP</b>
<b>Intention</b> 🔔	<b>Recharge, and learn about humans</b>
<b>Reflection</b> ✍️	<b>Got distracted by chess, and ended up playing for two hours.</b>

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<b>4 pm: Task</b> 💰	<b>Cycle outside, and breathe fresh air. Shower after.</b>
<b>Intention</b> 🔔	<b>Refresh my subcouncious</b>
<b>Reflection</b> ✍️	

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<b>5 pm: Task</b> 💰	<b>Do research on ceos in your subniche, and write it down</b>
<b>Intention</b> 🔔	<b>To know how to approach and write outreach</b>
<b>Reflection</b> ✍️	<b>After realizing I had spent three hours on things not that useful to me, I decided to watch an episode of my former favourite show. Honestly, it got me to a positive state, and I took notes on what the show used to communicate emotions.</b>

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<b>6 pm: Task</b> 💰	<b>Continue to do research. If you can't, analyze Eugene Schwartz sales letter</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	<b>Unfortunately, I got sidetracked by my religion teacher pointing out “wrong ideas” I had written in an assignment. I had to defend my points, and reason myself for my writing. Without reading HTWFAIP I would've responded a lot more worse to my teacher</b>

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<b>7 pm: Task</b> 💰	<b>Listen to Tate's 100 business lessons, while taking a quick nap</b>
<b>Intention</b> 🔔	<b>To revise, and recharge while doing it</b>
<b>Reflection</b> ✍️	<b>Watched MPUC, read chats for information nuggets</b>

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<b>8 pm: Task</b> 💰	<b>Tailor your outreach once again, and make report for today.</b>
<b>Intention</b> 🔔	<b>Get the daily report done, and make the best version of your outreach you can</b>
<b>Reflection</b> ✍️	<b>Wrote a part of the FV on product descriptions I was supposed to write earlier</b>

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<b>9 pm: Task</b> 💰	<b>Eat while reading HTWFAIP</b>
<b>Intention</b> 🔔	<b>Eat, and learn how humans work</b>
<b>Reflection</b> ✍️	<b>Wrote the report, continued day 14</b>



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10 pm: Task 💰	Sleep,
Intention 🔔	
Reflection ✍️	



## End-Of-The-Day Report:



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### 🧠 What Did I Learn Today? 🧠

**Never write your red pill opinions in school projects.**  
**I can make great product descriptions for free value, and I bet that is important to my sub-niche**  
**To stop playing chess too much, I set a timer on my phone that stops me from playing too much chess.**

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### ❌ What Problems Did I Face In The Day? ❌

**Mom distracted me and got me to help her. Sure, I helped her solve her problems, but I didn't**

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### 🔑 How Will I Solve These Problems Tomorrow? 🔑

**Thinking carefully if my task is more important, or no**

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### NEW What Do I Plan To Do Differently Tomorrow? NEW

**Write outreach, write more free value**

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** What Do I Plan To Do The Same Tomorrow? **

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** Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? **

**No one...**

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** What Tasks Were Left Undone? **

**Making outreach and free value**

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**Brain Dump: Crazy day. Learned to be happy instead of being angry with myself. After being happy, writing seemed fun, and not so stressful or serious.**