WAR MODE DAY PLAN + REPORT

4 CULT IRON MIND STRATEGIES!

☑/ ×	D/10	I/10	/20	Master Checklist:	Task Time:
V / X	10 -	1	11 -	5:30AM Wake Up X	
V / X	10 •	10 -	20 ·	5:30AM to 5:35AM Do 100 sit-Ups and cardio session for 5 minutes	5 minutes
V / X	10 -	10 -	20 -	5:35AM to 5:40AM, Set a timer and do 100 push-ups, put in the Real world Accountability the result I obtain ×	
☑/ ×	10 -	10 -	20 -	5:40AM to 5:45 AM, Go to the bathroom and take a shower (put on copywriter uniform)	5 minutes
☑/ ×	10 -	3 -	13 -	5:45AM to 6:15 AM Watch Andrew Tate Iron mined video ×	25 minutes
V / X	1	1	1	6:15AM to 6:25 AM Write down in a notebook 10 primarily goals for the day in affirmations, read it in loud to hypnotize myself. X	10 minutes
V / X	1	1.	1.	6:25AM to 6:40 AM Write down in a notebook my primarily goal of the day, transform it in a question, then write down 20 possibles creative solutions to that goal.	15 minutes
☑ /×	1	1	2 ·	6:40 AM to 9:30 AM Make FV for 20 prospects (10 in Spanish, 10 in English) ★	2 hours and 50 minutes
V / X	2 -	3 -	5 -	9:30 AM to 9:35 AM G work session, make 100 SL in 5 minutes X	5 minutes
V / X	1	1	1	9:35 AM to 11:45 AM Make 22 Unique outreaches for 22 prospects (10 locals, 10 on English 1 on Spanish and 1 on English without FV	2 hours and 10 minutes
☑/ ×	8 -	2 -	10 -	11:45 AM to 12: 45 PM Go to Swipe, study a copy related to my niche, analyze it with professor Andrew questions and with ChatGPT and my IQ marketing improve that Copy. ☑	1 hour
V /X	5 -	2 -	7	12:45 PM to 1:00 PM Review 3 fellows copy. Add value to the G's copy, follow the structure of professor Andrew review copy. ✓	15 minutes
☑/ ×	10 •	10 -	20 ·	1:00 PM to 2:00 PM Eat and watch Morning power up call ✓	1 hour
 ✓/×	10 -	2 ·	12 -	2:00PM to 2:30PM Record my self with my phone tell a little story about myself then analyze my talk and ask myself, how can I improve my conversation, be more charm, be an articulate human being.	30 minutes

☑/ ×	D /10	I/10	/20	Master Checklist:	Task Time:
V /X	10 -	4	14 •	2:30 PM to 4:30 PM Watch professor Andrew released bootcamp And take all the notes I considered important.	2 Hours
✓/ ×	10 -	3 -	13 -	4:30 PM to 6:00 PM Watch professor Arno lessons and took all the notes I consider Important. ✓	1 hour 30 minutes
V /X	10 -	7	17 -	6:00PM to 7:00PM Read a chapter of the book how to win friends ✓	1 hour
☑/ ×	10 -	10 -	20 ·	7:00pm to 7:30 PM Cardio session. ✓	30 minutes
ℤ/ ×	8 -	10 -	20 -	7:30PM to 8:30PM Dinner. ✓	1 hour
▽/ ×	10 -	10 -	20 ·	8:30PM to 8:45PM Summit daily check in and summit daily tasks (fill every page on Google document) ☑	15 minutes
☑/ ×	10 -	10 -	20 -	8:45PM to 9:10PM Make Tasks for wednesday ✓	25 minutes
▽/ ×	10 -	2 ·	12 -	9:10PM to 9:40PM Self Hypnosis to become a G ☑	30 minutes
V /X	1	1	2 •	9:40PM to 9:50PM Work to improve my Outreach, OODA LOOP About emails I sent today, (two in Spanish and two in English) dissection it and find a way to improve it. ✓	10 minutes
✓/ ×	2 ·	3 -	5 -	9:50PM to 10:00PM Review day, OODA LOOP what Can I improve and analzye my 10 goals, look the way I write to myself. ☑	10 minutes
☑/ ×	10 -	10 -	20 ·	10:00 PM to 10:05 PM Do last 100 sit-ups for the day.☑	5 minutes
☑/ ×	1	1	1	10:05 PM to 10:27 PM Watch Andrew Tate Iron mined video	22 minutes
V /X	10 -	1	11 -	10:27 PM to 5:30 AM Sleep	7 hours 3 minutes

Start The Day With Tasks Valued 20 Then Move Down

Total Hours Planned In The Day: /24

	DAY NUMBER + DATE + TIME
Day Number:	25
Date:	6/04/2023
Start Time:	5:30 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Land my First client in order to start my path through the fucking success
2.	My mom and dad, keep breathing because they are the most Important human beings on my life
3.	The recovery of my shoulder I will be the best motherfucker in my boxing gym once I get recovered I will be a beast.

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
- 4. I Am Being Enthusiastic About Completing Each Task!
- 5. I Am The Best Copywriter In The World!
- 6, I pissed off because I don't Have the life I want to live right now
- 7. I will be making money and become my best version to bring honor to my family, my parents will respect me.
- 8. I prefer to die right now than don't accomplish my goals
- 9. I'm not afraid to die right now, My desire to have a better live it's more powerful than be a pussy

10 I decide to take The sword besides The orange playful ball, no because it's easy, because is what a man does.

11 My word is IRON WILL.

12 I accepted my death, so I don't afraid, I must fight until I make it

WHY I AM DOING THIS? (My biggest why:)

TO HAVE 15 SONS

For years, I have been lost, on school I wasn't a guy with tons of females, lots of friends or even a regular guy, I Think that I was another NPC inside the world, or I might say I was in the worst situation I could live, I really desire to be a regular person.

As an only child with 2 hardworking parents, I grew up into a nursery, solitary and in lower self steam situation that cycle was the continuation of my life for 15 years even at the University, I couldn't believe that I was in that way,

Without females or even a single girlfriend, solitary as fuck and maybe in a good shape but with bad communication skills, god puts me in a raw, difficult situation that involves the law and legal problems I must fight right now, everything is fucked, I had no friends, NOTHING I'm a solitary individual, just for this moment, because I'm facing a battle against my mind and the devil, god put me this unique life path, full of suffering and loneliness to embrace my capacity and become my best version possible. God putts me on this world with a unique purpose, spread my genetic on the earth, give to my child that I never had, BROTHERS.

I WILL PREFER TO DIE RIGHT NOW AS A 22 MEXICAN ADULT THAN LIVE MY WHOLE LIFE, AS A MEDIOCRE GUY THAT COULDN'T HAVE 15 SONS.

MY PARENTS DESERVE THAT, MY FAMILY DESERVE THAT

I DESERVE THAT

1.	Wake Up and do my tasks or I'm going to die
2.	Make my 20 Free Values
3.	Make my 22 outreaches



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
/Deflections	Deflection - Did I Complete This Test For This Hour? If Not Then Why?



What Do I Plan To Accomplish This Morning?

Wake up earlier, put my shit together, become my best version of itself every day and don't lose momentum. If I lose momentum, I will DIE.

©What Is The Main Goal For This Morning?

Make 20 outreaches, 20 Free values and improve my IQ marketing			
	→ How Will I Start My Morning With Power? →		
With the power	r of 100 sit-ups, I will be powerful as I never was.		
_			
\$ 5:30 AM \$	Wake up		
🔔 Intention 🔔	Think about my Brooke live and don't make excuses to wake up, get ready today,		
	because I have been on the real word for 4 months and I don't do a shit, I must act with speed.		
/ Reflection /	I wake up at 9:30 am, I sleep more than I should, Today I die, but there is a tomorrow, I must become a best tomorrow and do the shit that I need to do		
	tomorium, i mast become a best tomori on and as the sint that i need to as		
\$ 5:30AM to	Do 100 sit-Ups and cardio session for 5 minutes		
5:35 AM \$			
🔔 Intention 🔔	Ripped my abs make them stronger, I don't feel pain, pain is my friend and is good		
/ Reflection /	I didn't do my sit ups, I most, MOST be my best version.		
	·		
\$ 5:35 AM to 5:40AM \$	Set a timer and do 100 push-ups, put in the Real world Accountability the result I obtain		
🔔 Intention 🔔	Set a timer and starts to do push-ups in order to be a fucking beast, and improve my quality of push-ups.		
/ Reflection /	I did my push ups but not at time, 1:25 seconds was the time.		

\$ 5:40AM to 5:45 AM \$	Go to the bathroom and take a shower (put on copywriter uniform)
🔔 Intention 🔔	Take a shower and put my copywriter uniform in other to develop an excellent begging and star to writing.
/ Reflection /	I took a shower, but not at the time I must do
\$ 5:45AM to 6:15 AM \$	Watch Andrew Tate, Iron mined video
🔔 Intention 🔔	This will allow me to have the power of god, and he will be leading me through the battle
/ Reflection /	I didn't watch Andrew Tate, Iron minded video, this NEVER, EVER CAN HAPPEN AGAGIN.

\$ 6:15AM to

🔔 Intention 🔔

/ Reflection /

6:25 AM \$

loud to hypnotize myself.

have

I FAIL, POINT

Write down in a notebook 10 primarily goals for the day in affirmations, read it in

This live hack will orient my primary goal and Will make me more powerful than I

\$ 6:25AM to 6:40 AM \$	Write down in a notebook my primarily issue of the day, transform it in a question, then write down 20 possibles creative solutions to that goal.
🔔 Intention 🔔	Orient my primarily issue of the day and make 20 solutions to act with a better direction
/ Reflection /	I FUCKING FAIL, POINT, I MUST DO THE SHIT I'M SUPPOST TO DO
\$ 6:40 AM to 9:30 AM \$	Make FV for 20 prospects (10 locals, 10 on English)
🔔 Intention 🔔	With the power of my brain and the power of the lessons of professor Andrew, I will obtain my first client, I swear to god.
/ Reflection /	FAIL
\$ 9:30 AM to 9:35 AM \$	G work session, make 100 SL in 5 minutes
🔔 Intention 🔔	Develop a G work session in order to develop a better IQ Mindset that will allow me to be more creative
/ Reflection /	FAIL
\$ 9:35 AM to	Make 22 Unique outreaches for 22 prospects (10 locals, 10 on English 1 on

Spanish and 1 on English without FV

11:45 AM \$

🔔 Intention 🔔	Be a better marketer and make approaches that will be so unique and so effective that it will be impossible to ignore them.
/ Reflection /	FAIL
\$ 11:45 AM to 12: 45 PM \$	Go to Swipe, study a copy related to my niche, analyze it with professor Andrew questions and with ChatGPT and my IQ marketing improve that Copy.
🔔 Intention 🔔	Study a copy from the swipe file and develop and non-unstoppable marketing IQ
/ Reflection /	I did my daily break Down of copy, this implementation was quite better, I like the time i'm spending to break down copy
\$ 12:45 PM to 1:00 PM \$	Review 3 fellows copy. Add value to the G's copy, follow the structure of professor Andrew review copy.
🔔 Intention 🔔	Review copy of my fellas and bring value to their copy, male god proud and professor Andrew for my work.
/ Reflection /	I Review three fellas copy, I like how I'm adding value and I like how they are happy.



What Did I Learn This Morning?
I FAIL, I MUST EMBRACE AGAIN, AGAIN AND AGAING
XWhat Problems Did I Face This Morning?X
WAKE UP, AND BE FAST
Phow Will I Solve These Problems For This Afternoon?
Eat like a champion, if there is an opportunity there is always a time
MY AFTERNOON WAR PLAN
≪What Do I Plan To Accomplish This Afternoon? ≪
WITH THE POWER OR A GOOD CHICKEN, I MUST BE A FUCKING SUPER HERO
⊚What Is The Main Goal For This Afternoon?⊚
Shut up my mouth and learn from the millionaires G's
Phow Will I Start My Afternoon With Power?
WITH A GOOD BAD EARN CHICKEN.

\$ 1:00 PM to 2:00 PM \$	Eat and watch Morning power up call
🔔 Intention 🔔	With the power of the morning power up call I will develop a better mindset and with a better mindset I will be able to eat a wonderful meal
/ Reflection /	I eat and I saw the morning power up Call, I must do better questions and better stuffs in order to be a beast

\$ 2:00PM to 2:30PM \$

Record my self with my phone tell a little story about myself then analyze my talk and ask myself, how can I improve my conversation, be more charm, be an articulate human being.

A Intention A Learn everything about copy, eat copy, smell copy shit copy.

/ Reflection / This one was very interesting, I saw that I suck in a lot of shit, my eyes aren't strong and I must be my best version.

\$ 2:30 PM to 4:30 PM \$	Watch professor Andrew released bootcamp And take all the notes I considered important.
🔔 Intention 🔔	Learn everything about copy, eat copy, smell copy shit copy.
/ Reflection /	I FAIL, NO EXCUSES, THAT'S IT
\$ 4:30 PM to 6:00 PM \$	Watch professor Arno lessons and took all the notes I consider Important.
🔔 Intention 🔔	Learn anything about personal finances and write down anything I must learn.
/ Reflection /	I learn a lot about the Arno about lesson, are very valuable skills, so I must embrace myself and be the best motherfucker in the world

\$ 6:00 PM to 7:00 PM \$	Read the book how to win friends.
🔔 Intention 🔔	Learn and conquer the book how to win friends in order to be a more nice human being
/ Reflection /	I read this book and I must say is the best book in the world.

\$ 7:00PM to 7:30PM \$	Cardio session
🔔 Intention 🔔	Prepare my body to the war kill me in the battle of cardio

did a cardio and lift some weights in my house.
Dinner
With the power of a wonderful dinner, I will conquer my daily goals
A good chicken, tuna and lest keep improving
Summit daily check in and summit daily tasks (fill every page on Google document)
Summit my daily tasks and completed 100 percent without doubt of I will die in a horrible form (beheaded)
I did my daily summit, this part hurt like a motherfucker, I hate left tasks, for fuck sake
Make Tasks for Wednesday
My goals will be completed in 75%, so I will be doing my tomorrow goals in order to develop a better mindset and a better human being.

\$ 9:10PM to 9:40PM \$	Self Hypnosis about how to become a G
🔔 Intention 🔔	Part of be a G is the mindset, this part will allow me to be the best motherfucker in the world.
/ Reflection /	I must hypnotize myself in order to be the best motherfucker in the world I MUST CONQUER THE EARTH
\$ 9:40PM to 9:50PM \$	Work to improve my Outreach, OODA LOOP About emails I sent today, (two in Spanish and two in English) dissection it and find a way to improve it.
▲ Intention ▲	Improve my daily outreaches in order to develop a better mindset and a better outreach.
/ Reflection /	I did 2 pieces of copy, so that's the only shit I work on, I must do it with intention allways
\$ 9:50PM to 10:00PM \$	Review day, OODA LOOP what Can I improve and analzye my 10 goals, look the way I write to myself.
🔔 Intention 🔔	This part of the day is important because to show me how my day was and what I can improve in order to be a G.
/ Reflection /	I can do more and I need to be accountable I don't give a fuck of nothing I must be the best motherfucker in the world.

\$ 10:00 PM to 10:05 PM \$	Do last 100 sit-ups for the day
🔔 Intention 🔔	Do 100 sit ups, have a strong core and once i GET RECOVERED NOBODY IS GOING TO STOP ME
/ Reflection /	Suffering and have 100 sit ups.

\$ 10:05 PM to 10:27 Pm Sleep	Watch Andrew Tate Iron mined video
🔔 Intention 🔔	This is my favorite part because it shows me how can I be more stronger that any other student in TRW.
/ Reflection /	This video always gives me the energy to be the best motherfucker in the world

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\$ 10:27 Pm to 5:30 Am \$	Sleep
🔔 Intention 🔔	Sleep is a fundamental part of my recovery, it show me how to write copy in my dreams and put to work my mind.
/ Reflection /	Sleep a little bit and don't give a fuck if I sleep 3 hours



What Did I Learn Today?
WILL BECOME THE BEST COPYWRITTER IN THE WORLD
XWhat Problems Did I Face In The Day?X
what Froblems Did I face in the Day:
DISCIPLE IS EVERYTHING
₽How Will I Solve These Problems Tomorrow?₽
BE DISCIPLINE BE THE FUCKING MAN!!!!
What Do I Plan To Do Differently Tomorrow? NEW
BE DISCIPLE MORE SPEED MORE ACCURACY
♦ What Do I Plan To Do The Same Tomorrow?
BE SEXY BE A G COMPLETE MY FUCKING TASKS !!!

■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧

KEEP WATCHING THE COPYWRITER CURSE ALLWAYS

📝 What Tasks Were Left Undone? 📝

MY MORNING ROUTINE, I DIE, I FUCKING DIE, BUT TOMORROW WILL BE A DAY TO RISE, SO. I WILL BE THE MAN. ALWAYS

Brain Dump : STOP COMPLAIN AND WORK MOTHERFUCKER YOU ARE THE MAN

PUNISH : SLEEP 3 FUCKING HOURS AND FINISH THE FUCKING TASKS YOU ARE THE MAN

REWARD?: **DON'T BE AN IDIOT.**