



2026 Region 1 Regional Meets

Division 1: Friday, March 13, 2026 - Morning Session

Unequipped: Friday, March 13, 2026 - Evening Session

Division 2: Saturday, March 14, 2026 - Morning Session

Abilene Wylie High School Gymnasium

Abilene, Texas

Coaches,

I hope that your season is going well and you are seeing your athletes reach the goals that they set to achieve. Below I have listed some important information that you need to know in preparation for the Regional and State meets.

Athlete Names - If you've set up a roster, that's great. Y'all have already been very good about this, but *check and make sure* that all your lifters' names are correct on the website. If there are any errors or double listings due to misspellings let me know; this is how they will appear in the programs and on the lifter cards at the Regional and State meet.

Last Qualifying Date - Saturday, February 28, 2026. All results from any qualifying meets should be sent in by midnight on the 28th. No results will be accepted after that time (which isn't too big of a deal, y'all are great at getting me your meet results). ***ALL Judges must be certified for LCQ Meets***

Weight Declaration - If you have any lifters who are qualified in more than one weight class, OR in both equipped and unequipped divisions, *you must declare his weight class and division by 4:00 pm on Monday, March 2nd*. If you do not declare by this time, the lifter will be placed in the heavier weight class and equipped division. Also, if you have any qualified lifters who are not going to compete at the Regional Meet, please let me know by 4:00 P.M. that same day, March 2nd. You must contact me by email or cell phone (preferably email). **IF YOU FAIL TO REMOVE A LIFTER BY THE DATE AND TIME ABOVE, YOU ARE STILL RESPONSIBLE FOR THE \$35 LIFTER FEE.**

The top 12 lifters in each weight class qualify for the Regional Meet.

THSPA Academic All-State Team - More information coming soon.

Division 1 Regional Meet Information:

Thursday, March 12th: Early Weigh In 5:00p – 7:00p

Friday, March 13th: Weigh Ins 7:00a - 8:30a
Coaches Meeting at 8:45a in the hospitality room.
Lifting begins at 9:00a

Region 1 Unequipped Regional Meet Information:

Thursday, March 12th: Early Weigh In 5:00p – 7:00p

Friday, March 13th: Weigh Ins 2:00p - 3:30p
Coaches Meeting at 3:45p in the hospitality room.
Lifting begins at 4:00p
**These times are subject to change, pending the morning's equipped meet.*

Division 2 Regional Meet Information:

Friday, March 13th: Early Weigh In 5:30p - 7:30p

Saturday, March 14th: Weigh Ins 7:00a - 8:30a
Coaches Meeting at 8:45a in the hospitality room.
Lifting begins at 9:00a
**all times are approximate*

Bring with you the following:

- [Eligibility Form](#) - Signed by your Principal or Superintendent
- [Scholarship Application](#) (Optional) For senior lifters who would like to be considered for the THSPA scholarship to help with college expenses.

- Check for **\$35.00 per lifter made payable to Wylie Athletics or Wylie ISD**

****Your school becomes responsible for your lifter(s) entry fee at 4:00 p.m. Monday, March 2nd.*** Please notify me on or before the deadline if your lifters can't compete or you will be responsible for their entry fee. ****No payment is necessary for alternates.***

- **Team Meals**

- More Information coming soon.
- *A hospitality room will be provided for powerlifting coaches.

Please bring checks for both the lifters and meals on the day of weigh in.

If checks need to be mailed, please notify me and send them to:

Abilene Wylie High School
Attn: Powerlifting
4502 Antilley Rd Abilene, Texas 79606

- **Admission**

- There will be \$5 admission charged at the door for all spectators.

- **T-shirts**

- Regional Meet shirts and other items will be available

Good luck the rest of this season! Please do not hesitate to call or text if you need anything.

Thanks,

Cort Arthur

Abilene Wylie High School

Region 1, Division 1 & 2 Director

(325)201-4974