Our Daily Schedule

8:00		WAKE UP Eat Breakfast Make the bed Get dressed Brush Teeth
a.m.		
9:00	2	GO OUTSIDE Bike, Walk, Jump, Play
a.m.		
10:00		SCHOOL Write, draw, count, packets
a.m.		
11:00		CREATIVE TIME Legos, Pretend Play, Magna Tiles,
a.m.		Crafts, Cooking, Painting, Dancing, Singing
12:00		LUNCH Eat
p.m.		
12:30		CHORE TIME Help clean dishes, pick up messes, hang up clothes, wipe kitchen table, wipe doorknob and chairs
p.m.		
1:00		QUIET TIME Read, Puzzles, Nap
p.m.		
2:00		ELECTRONICS OKAY Educational TV, Computer, Games
p.m.		

4:00 p.m.		OUTSIDE Afternoon fresh air
5:00 p.m.		DINNER
6:00 p.m.		MOVIE NIGHT!
7:30 p.m.		Bedtime Routine Bath, Books
8:00 p.m.	Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z Z	Bed