



Central Zone Open Water Championship Clinic  
Sanction# WI2023-200OW  
Pleasant Prairie RecPlex / Lake Andrea Beach  
Pleasant Prairie, Wisconsin 53158  
Hosted by: Wisconsin Swimming, Inc.  
Thursday, June 15th, 2023

## 2023 Central Zone Open Water Clinic Safety Protocol

With some modifications, the Safety Information for the Open Water competition on Friday, June 16, 2023, will also apply to the Open Water Clinic which takes place on Thursday, June 15, 2023. The Safety Information for the Open Water competition is located on the Wisconsin Swimming meet landing page, [Wisconsin Swimming - Open Water Landing Page \(teamunify.com\)](https://teamunify.com).

Modifications for the Open Water clinic include based on the clinic format:

- 6-10 coaches and lifeguards dispersed on paddle boards, kayaks, electric boats and on the beach.
- Dive and Rescue team will be on call.
- EMS will either be present at the beach or on call, within 5 minutes.
- Index card system to track athletes who enter lake.

Additional clinic information:

- If the beach is closed due to weather conditions, the clinic will be moved to the RecPlex Aqua Arena if conditions permit.
- Following the clinic, athletes will proceed to registration, nail checks, tech suit checks (if one is to be used in the competition), and numbering.
- Athletes, coaches, volunteers, and families are reminded to use sunscreen and maintain hydration during the clinic and competition.
- Beach house bathrooms shall be used by athletes only during the clinic and competition, all others are to use the Port-A-Potties near the beach house (per MAAPP protocol).