COOMER UPPER-BODY MASS (CUM)





Healthy wrist and hand joints constantly supplied with glucosamine and MSM

Hyperactive and completely opened wrist growth plates

FST-344 injections in traps, delts, rhomboids, pecs, triceps, biceps, forearms, wrists, and lower back

Huge and constantly expanding wrists

Maximized bone density in wrists

Maximized bone density in knuckles

Extremely fast recovery from injuries in the hands

Complete pain tolerance when punching

DHT injection in wrists and forearms

Testosterone targeting forearm muscles and high HGH in wrists, hands

Extremely strong biceps and triceps

Equal push/pull strength of immense power

500lb grip strength

Nitric oxide targeted to wrists, forearms, biceps, and triceps

for max bloodflow and pumps

Constantly expanding radiuses and ulnas

Constantly 360 degree expanding humeruses

Healthy and flexible shoulder joints

HANAYAMA FRAME II



Huge frame genetics

Huge frame mindset

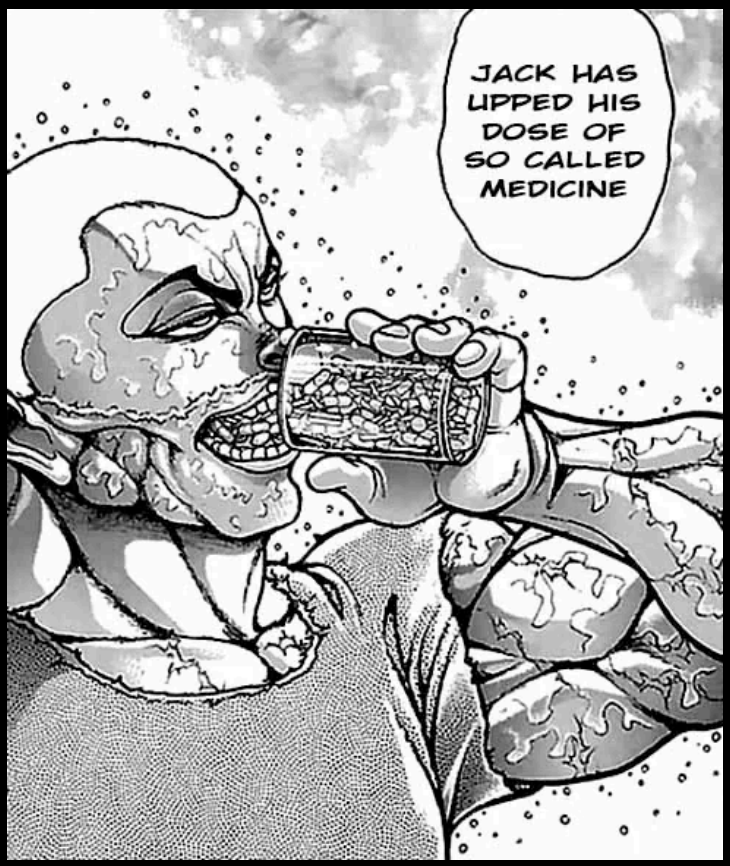
Improved posture

GDF2 injections in hypertrophic zone of ribs, wrists, palms, fingers, radiuses, ulnas, forearms, clavicles, and scapulae

FST-344 injections in traps, delts, rhomboids, pecs, triceps, biceps, forearms, wrists, and lower back

Sensitized androgen receptors in feet, ankles, tibias, knees, femurs, ribs, wrists, ulnas, radiuses, elbows humeruses, clavicles, scapula, rhomboids, and neck

Virtual YK11 injection in feet, ankles, tibias, knees, femurs, ribs, wrists, ulnas, radiuses, elbows humeruses, clavicles, scapula, rhomboids, and neck



LRP5 V171 bone density gene variant

LRP6 R611C mutation

Top 0.00001% frame genetics

30+ inch biacromial

Increased clavicle length and diameter, proportional to shoulder joint expansion

Shoulders get wider from picking up heavy weight and weird objects

Huge oil barrel ribcage

Increased lung capacity and health

Ribcage becomes completely symmetrical

360 degree expansion of upper body through deep breathing around ribcage

Increased ribcage depth

Ribcage wider than hips, aesthetic as Ronnie Coleman

1CM MINDSET FOR RIBCAGE EXPANSION AND VISUALIZATION

STRENGTHENED CORE, OBLIQUE, AND BACK MUSCLES TO SUPPORT RIBCAGE

STRENGTHENED AND DENSE SPINAL DISCS MAINTAINING TORSO HEIGHT



Proportionately increased shoulder insert depth

12 inch wrist size

12+ inch long hands

Wrists and hands get bigger from bench pressing, overhead pressing, pushups, farmer carries etc.

1MM MINDSET FOR WRIST GROWTH

Huge thick palms and fingers

12 inch hand span

Constantly lengthening scapulae and clavicles in tandem

1.3 GORILLA wingspan to height ratio



Proportionately thickening, expanding, and lengthening of

- Humerus
- Ulnas
- Radius
- Wrists
- Ribs

- Ankles
- Tibias
- Femurs
- Clavicles
- Scapulae

Strong knees

Indestructible legs and shoulder joints

Upgraded elbows and shoulder joints/tendons to support frame

Ability to walk 80,000+ steps a day (walkmax niggas)

Demon back

Low lat inserts



Straight posture and shoulders from scapula

Thick rhomboids around scapulae

Deactivated myostatin in upper back and delts

