

CASA of Lexington Resource Guide

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Domestic Violence Assessment & Treatment

GreenHouse17

Description: GreenHouse17 is located in Lexington, KY. This facility has trained counselors available 24/7 to help victims harmed by intimate partner violence. They offer a wide range of services, such as: 24-hour hotline, emergency shelter, legal advocacy, individual & group counseling, medical & dental treatment, budget & crediting treatment, housing services, and transportation services.

Website Link: <https://greenhouse17.org>

Phone Number: (859) 233-0657

The Nest- Center for Women, Children & Families

Description: The Nest is located in Lexington, KY. This facility provides a safe place for education, counseling, and support to children and their families that are in a crisis. They focus on preventing sexual and physical abuse, neglect of children, and stabilizing the family as a whole. They offer 4 programs which consist of: parenting education and advocacy, domestic violence counseling and advocacy, crisis care for basic human needs, and child care services for children birth to age 5.

Website Link: <https://thenestlexington.org>

Phone Number: (859) 259-1974

Blue Waters Assessments & Testing (BATs)

Description: This facility is located in Lexington. Blue Waters/BAT's offers various clinical assessments including mental health, domestic violence, anger management, substance abuse and parenting. They also offer group outpatient services including substance abuse classes, anger management classes, and domestic violence classes.

Website Link: <https://www.kybats.com/>

Phone Number: (859) 800-5353

Chrysalis House

Description: This facility is located in Lexington, KY. It is a treatment program for women with substance use disorders. However, they offer a wide range of programs, which includes domestic violence counseling and classes for women.

Website Link: <http://www.chrysalishouse.org>

Phone Number: (859) 977-2501

Drug Testing/Drug Assessments/Classes/Treatment Facilities

CAP's (Community Alternative Program) Drug Testing Facility

Description: This facility is located in Lexington, KY. CAP conducts drug testing of individuals who are referred by agencies in Fayette County and adjacent counties and by the Fayette County courts, including Fayette Circuit Family Court. CAP's is operated by the Division of Community Corrections. They also provide sentencing alternatives to individuals sentenced by Fayette County courts offering Electronic Monitoring and Day Reporting Programs.

Phone Number: (859) 281-6429

BATs (Blue Waters Assessments & Testing) Drug Testing Facility (Fayette & Woodford)

Description: BAT's conducts drug testing of individuals who are referred by agencies in Fayette County and adjacent counties and by the Fayette & Woodford County courts, including Fayette & Woodford Circuit Family Court. The Lexington drug testing hours are Monday- Friday 8am to 8pm and Saturdays 9am to 3pm. The Woodford County testing hours are Monday to Friday 8am to 4pm.

Website Link: <https://www.kybats.com/>

Phone Number: (859) 800-5353 Lexington
(859) 785-3400 Versailles

Comprehensive Drug Testing Services

Description: This facility offers top quality drug testing at an affordable price. It is located in Lexington, KY. Walk-ins are welcomed. Services include drug testing, hair testing, and DNA testing.

Website Link: <https://compdrugtest.com>

Phone Number: (859) 368-9859

Crossroads Counseling

Description: This facility offers a wide range of services, such as substance abuse assessments and counseling. There are individual or group counseling available. The services for substance abuse are fixated around the idea of helping individuals figure out the degree and nature of their issues involving substance abuse.

Website Link: <https://www.crossroadscounselingky.com>

Phone Number: (502) 370-7229

Forward Edge Associates, Inc.

Description: This is a full service company that offers a variety of full services that specialize in helping people, companies, school systems, and other organizations that implement substance abuse policies. They offer drug and alcohol testing. They have locations in Lexington, Owensboro, and Frankfort.

Website Link: <https://www.forwardedge.net>

Phone Number:

- Lexington location: (859) 263-0711
- Owensboro location: (270) 852-7771
- Frankfort location: (502) 875-1077

Forensic Interviews & Exams

Children's Advocacy Center of the Bluegrass (CAC)

Description: The CAC is a non-profit agency dedicated to reducing the trauma experienced by child victims of sexual abuse. They provide a coordinated, multi-disciplinary approach to investigations, prosecution, and treatment of child sexual abuse cases across 17 counties in Central Kentucky. Each year, nearly 600 kids come to the Center for forensic interviews, medical examinations, counseling, and support.

Website Link: <http://kykids.org/>

Phone Number: (859) 225-5437

University of Kentucky Pediatric Forensic Medicine

Description: The Division of Pediatric Forensic Medicine offers assessment and treatment for pediatric and adolescent patients with concern for possible child maltreatment. Our goal is to identify and prevent child abuse as well as assist in identifying conditions that may mimic child abuse. Services include

consultation and follow-up evaluations. Consultation services include medical expertise on the recommended evaluation, diagnosis, documentation and follow-up of suspected cases of neglect and child physical and sexual abuse. Timely work-ups assist in collaborative investigations with law enforcement and the Department for Community Based Services.

Website Link:

<https://ukhealthcare.uky.edu/kentucky-childrens-hospital/services/forensic-medicine-pediatric>

Phone Number: (859) 218-6727

Interpreter & Cultural Services

Access Language Solutions

Description: Access provides professional interpreting and document translation services to previously underserved areas, primarily local nonprofits and government entities. They also provide interpreter training and certification.

Website Link: <https://www.accesslanguagesolutions.org>

Phone Number: (859) 545-0950

Accipio Language Services

Description: Accipio Language Services provides on-demand interpreters to the healthcare, education, social services and justice industries. They have trained interpreters in over 20 languages.

Website Link: <http://accipioservices.com>

Phone Number: (859) 533-4313

Bluegrass Farm Charities

Description: This agency works to provide an array of services to individuals and families working on the Bluegrass regions Thoroughbred farms. Services include: free pantry & fresh produce distribution, financial assistance for housing and utilities, vision and dental assistance, referrals and partnerships to health clinics, and ESL classes.

Website Link: <https://www.bgfcky.org/how-we-help.html>

Phone Number: (859) 219-0910

Central Kentucky Interpreter Referral

Description: CKIR specializes in providing interpreter services in spoken Spanish and American Sign Language. They are a non-profit organization and provide professional, licensed, and qualified interpreters for many different settings.

Website Link: <https://ckira.org>

Phone Number: (859) 596-9888

Clarity

Description: Clarity provides an array of different interpreting services in various languages. Most commonly, they offer face-to-face and telephone interpreting. They have 24-hour, on-site availability.

Website Link: <http://www.clarityinterpreting.com>

Phone Number: (859) 285-8289

Global Lex

Description: Global Lex provides cross-cultural training and a variety of services to meet the needs of Lexington's multilingual population. They provide information, access programs, and services for individuals with limited English proficiency.

Website Link: <https://www.lexingtonky.gov/global-lex>

Phone Number: (859) 246-4333

Kentucky Refugee Ministries

Description: Kentucky Refugee Ministries offers interpreter and language services in Lexington, Louisville and Northern Kentucky to service providers and businesses. They have trained interpreters in over fifty languages. Their interpreters have a variety of different certifications. They also offer English as a Second Language (ESL) classes and Cultural Orientation Classes to support refugees in their transition to the United States.

Website Link: <https://kyrm.org/>

Phone Number: (859) 226-5661

Mental Health Services

Beaumont Behavioral Health

Description: Beaumont Behavioral Health is located in Lexington and offers a wide variety of services. They have therapists and LCSWs who work with children, individuals, couples, and families.

Website Link: <https://beaumontbehavioral.com>

Phone Number: (859) 214-7440

CATTTI (Child & Adolescent Trauma Treatment and Training Institute)

Description: The mission of CATTTI is to facilitate child and family recovery from psychological trauma through statewide service delivery. The CATTTI project provides trauma assessments and numerous interventions appropriate for youth ages 3-18, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma Affect Regulation: Guide for Education and Therapy (TARGET), Parent Child Interaction Therapy (PCIT), Child and Family Traumatic Stress Intervention (CFTSI), and Trauma Informed Parenting Skills 4 Resource Parents (TIPS 4 RP).

Website Link: <https://www.uky.edu/ctac/CATTTI>

Phone Number: 859-281-6901

Counseling of the Bluegrass

Description: Counseling of the Bluegrass is a mental health program that has a wide range of services that meets the needs of vast populations. Some of those services include mental health therapy, intensive outpatient treatment, substance abuse programs, individual/group therapy, assessment services, domestic violence programs, behavioral therapy, outpatient therapy, life skills, peer support, DUI services, and more.

Website Link: <https://counselingofthebluegrass.business.site>

Phone Number: (859) 377-505

Crossroads Counseling

Description: This facility offers a wide range of services, one in particular is domestic violence counseling. They offer a The State Certified Batterer's Intervention Program for those individuals who are identified as batterers/perpetrator, assessments, victim advocacy, and individual counseling. Must request an appointment.

Website Link: <http://www.crossroadscounselingky.com>

Phone Number: (502) 370-7229

Kentucky Counseling Center

Description: The Lexington Counseling Center is located in many places throughout Kentucky. Some of those places include Lexington, Bowling Green, Louisville, Frankfort, London, Covington, and

Richmond. Services at the Lexington Counseling Center offers counseling, psychiatry, targeted case management, and KCC direct-online services.

Website Link: <https://kentuckycounselingcenter.com/kcc-lexington-professional-heights>

Phone Number: (855) 591-0092

KVC Kentucky

Description: KVC is located in Lexington, KY. Their behavioral health services are delivered in their client's homes and communities. The services provided at the KVC include things like assessments, diagnoses, and developing plans that focus on evidence based treatment.

Website Link: <https://kentucky.kvc.org/programs-and-services/behavioral-health-services/>

Phone Number: (859) 254-1035

Lexington Counseling and Psychiatry

Description: LCP offers a multitude of therapeutic services for children and families, including play therapy.

Website Link: <https://www.counselinglexingtonky.com>

Phone Number: (859) 338-0466

New Vista

Description: This facility assists individuals, children and families in enhancing their well-being through a wide range of services. One of those services includes a mental health program for both children and adults. They offer group, family and individual counseling, psychiatry, case management, and specialty programs.

Website Link: <https://www.newvista.org>

Phone Number: (859) 253-1686

The Ridge Behavioral Health Services

Description: The Ridge is located in Lexington, KY. This facility provides treatment to children (ages 5-11), adolescents (12-17), and adults (18 and up) for psychiatric and substance use disorder issues. Each of their programs aims at providing services that accommodate to the level of care required by the patient population.

Website Link: <https://ridgebhs.com>

Phone Number: (859) 269-2325

Stoner Creek Behavioral Health Centre

Description: This service is located in Paris, KY at the Bourbon Community Hospital. They offer a wide range of services, including behavioral health. Their services include psychiatric & medical care, medically-supervised detox, activities & therapies, individual and group therapy and education, pet and recreational therapy, discharge planning, and multidisciplinary team approach.

Website Link: <https://www.bourbonhospital.com>

Phone Number: (859) 987-3600

New Life Counseling Services

Description: New Life specializes in behavioral health counseling and substance abuse prevention, intervention, and treatment services.

Website Link: <https://www.counselingky-newlife.com>

Phone Number: (859) 309-2384

Southland Child, Adult, and Family Counseling

Description: Southland provides clinical counseling to children, adults, and families. Their areas of focus include child/adolescent coping skills, parenting, trauma, and more.

Website Link: <https://www.southlandcfcounseling.com>

Phone Number: (859) 285-2959

Lionheart Trauma Support Services, LLC

Description: Lionheart's therapists are trained and specialize in trauma and treat all ages. They can provide their clients with solutions, coping skills, reduction in trauma related symptoms as well as referrals for medication management and community resources.

Website Link: <https://www.lionhearttraumasupportservices.com/>

Phone Number: (859) 447-0855

Parenting Classes & Support

Fatherhood Initiative

Description: Through a collective impact model, the Fatherhood Initiative will educate fathers and communities on responsible fatherhood practices, healthy relationships, and economic stability among families. The Fatherhood Initiative impacts fathers and equips them to have nurturing, healthy relationships with their children and families. The Fatherhood Initiative primarily delivers education in responsible parenting and healthy relationship groups. Multiple 12-week groups are offered throughout the city in neighborhood-based sites and to fathers incarcerated in Fayette County and surrounding area detention centers.

Website Link: <https://www.lexlf.org/fatherhood-initiative>

Phone Number: (859) 277-3087 ext. 713

HANDS (Health Access Nurturing Development Services)

Description: HANDS is a free, voluntary, home visiting program for pregnant moms-to-be and new parents that supports all areas of a baby's development. The family can enter the program during pregnancy and up until the baby is 90 days old. Families can continue to receive HANDS services until the child turns 2 years old. Most HANDS visits are done in the family's home. HANDS provides mentoring, support, bonding, problem solving, assistance with goal setting, and teaching on life skills, child development, home safety and the importance of immunizations/healthcare. The HANDS mentor can also make referrals to other service providers as needed. The HANDS program is operated by local health departments.

Website Link: <http://www.kyhands.com/>

Phone Number: Lexington (859) 288-2338 or (859) 288-2318

Bourbon County (859) 987-1915

Scott County (859) 234-5090

Woodford County (859) 873-4541

Kentucky Partnership for Families and Children

Description: The Kentucky Partnership for Families and Children provides resources for parents and children, including leadership academies, parent cafes, youth cafes, nurturing parent classes, smart recovery classes.

Website Link: <https://kypartnership.org/>

Phone Number: (502) 875-1320

Kindred Roots

Description: Kindred Roots provides comprehensive reunification and support services to the child, kinship caregivers, and biological parents through the facilitation of supervised visits, referrals for mental health and substance abuse treatment, trauma-informed parenting education, and much more. We have

partnered with the University of Kentucky to work closely with DCBS in Fayette and Scott counties to utilize evidence-based practices to assist families in completing their case plans, building parenting skills, and preparing for success.

Referral Link:

https://forms.office.com/Pages/ResponsePage.aspx?id=EbgWDV0z7EWVjcxIM0JFXT_I2tfbkBFunTjw3EJbqJUNEUwNVBaSU9YV0I1ODhGS0U3NzNTTDdROy4u

Email: rwomack@bair.org (Rachel Romack, Program Supervisor)

Phone Number: (859) 399-7032

SKY Families Program (Strengthening KY Families)

Description: SKY Families Parenting Education initiative provides instructional information on relevant issues that help divert crisis situations when parenting infants through young adults for families in the Lexington/Fayette County region of Kentucky. SKY Families uses a strengths-based, community partnered approach to strengthen and enhance existing parenting skills. SKY Families offers a twelve-week program focused on preventing or intervening in familial crisis situations. By offering an evidence-based culturally competent strategy, SKY Families aides in the family reunification process and helps individuals move towards self-sufficiency.

Website Link:

<https://www.kysu.edu/academics/college-acs/school-of-ace/co-op/strengthening-ky-families-program.php>

Phone Number: (859) 253-1500

Step by Step Lexington

Description: Step by Step provides support for young mothers, including mentoring; support groups; workshops on parenting, life skills, budgeting, communication, relationships, nutrition, goal-setting and more; large group meetings with activities and meals; Bible studies; weekend retreats; resource referrals; crisis intervention; children's programs that include Bible teaching and character development; transportation to large group meetings; "Mama's Hideout," where mothers can come throughout the week to find support, prayer and guidance; and advocacy.

Website Link: <https://sbslex.org>

Phone Number: (859) 258-7837

The Nest-The Center for Women, Children & Families

Description: The Nest's Parent Education Program provides families with knowledge, skills, and support to promote nurturing parenting, increase positive family communication, and build upon family strengths. The classes are DCBS approved, free and we use Evidence-Based Nurturing Parenting Curriculum.

Website Link: <https://thenestlexington.org/parenting/>

Phone Number: (859) 259-1974 ext. 225

Trauma-Informed Parenting Skills 4 Resource Parents (TIPS 4 RP)

Description: TIPS 4 RP is a phase-based intervention for resource parents (foster parents) caring for trauma-exposed youth that is currently in the development and piloting phase. The intervention rests upon the premise that caregivers—and their relationship with the child—is often the most productive vehicle for healing and change. TIPS 4 RP has four key learning components: Trauma Awareness, Interpersonal Relationships Matter, Positive Parenting to Increase Adaptive Child Coping and Safety as the Context for Healing and Recovery.

Website Link: <https://www.uky.edu/ctac/content/trauma-informed-interventions-available>

Parenting Teens Wisely

Description: Licensed therapists Joe Caudill and Jan Carden offer virtual and in-person trainings on how to better parent teenagers through their website, parentingteenswisely.com. Courses are six weeks long

with weekly 90-minute classes. Topics offered are “Balance & Change” and “Resiliency & Relationships.” According to their website, the trainings’ “supportive, positive learning environment empowers you with the support and skills needed to reconnect with your tween or teen and more effectively help them develop strength, independence, and healthy coping skills.”

Website Link: <https://parentingteenswisely.com/>

Professional Assessments

CATS (Comprehensive Assessment & Training Services)

Description: The Comprehensive Assessment and Training Services (CATS) project provides timely, multidimensional, comprehensive assessments of families and children identified by the Department for Community Based Services (DCBS) that meet specific eligibility criteria. This assessment provides an evaluation of the child and family strengths and vulnerabilities within five major domains: family/social, emotional/behavioral/psychological/physiological, attachment, life history/traumatic events, development/cognitive/academic. Once the report is completed it is distributed to the DCBS worker and the judge who has jurisdiction of the case.

Website Link: <https://www.uky.edu/ctac/CATS>

Phone Number: (859) 218-6901

Feinberg

Description: Parental Capacity Evaluations/Psychological Evaluations specific to Child Maltreatment are performed by a licensed clinical psychologist, Dr. David Feinberg and his team. Components of the assessment include psychological testing of each parent, clinical interviews of each parent, parenting interviews of each parent, clinical interviews of each child, live observations of each parent and each child, interviews with relevant parties and a review of relevant records. Upon completion of the comprehensive evaluation an assessment is written up and shared with the court. The assessment makes recommendations to the court regarding the steps needed to achieve reunification or the recommendation to terminate parental rights.

Website Link: <http://feinbergassociates.com/>

Phone Number: (859) 233-3390

Recovery Programs

Beyond Birth Comprehensive Recovery Center

Description: This agency is for women with substance use disorders. It is located in Lexington. They accept parenting women who are 18 or older and have at least one child age 0-5 years old. They offer a wide range of services which include educational groups, individual counseling, group counseling, peer support, treatment of substance use, and treatment of mental health disorders. Referred women must have a substance use diagnosis and provide information on where it was received. Patients must also be insured by Medicaid or a private insurance plan.

Website link:

https://ukhealthcare.uky.edu/office-opioid-safety/find-help/beyond-birth?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link

Phone Number: (859) 562-1399

BrightView

Description: BrightView is an outpatient addiction medicine practice based on clinical best practices. Through the use of medical treatment in conjunction with psychological and social services, BrightView

offer the necessary support to help patients meet their mental, emotional, and physical goals. To do this, they adhere to the medical model of addiction, recognizing that it needs to be treated on the biological, psychological, and social levels. Locations in Lexington, Paris, Nicholasville, and Erlanger. Walk-ins accepted weekdays until 3pm.

Website Link: www.brightviewhealth.com

Phone Number: 1-833-510-4357

Chrysalis House, Inc. Treatment for Women with Substance Use Disorders

Description: This program supports women and their families in recovery from alcohol and drugs; it specializes in treating pregnant and parenting women. It is located in Lexington, KY and offers four residential facilities, a forty-unit apartment complex, multi-purpose community center, and an outpatient office. This facility allows mothers to keep their newborns and toddlers on-site with them. They focus on helping women achieve the capacity to provide for themselves and children, in doing so, they offer a wide range of programs. The chrysalis house is located in Lexington.

Website Link: www.chrysalishouse.org

Phone Number: (859) 977-2501

Hope Center- Recovery Program for Men

Description: This program is located in Lexington, KY and provides a long-term recovery approach as well as a wide range of services that are professionally supervised for men who are suffering from addictions to drugs and alcohol. It teaches Twelve Steps of Alcoholic Anonymous and Recovery Dynamics Curriculum that emphasizes personal responsibility and accountability. This program offers a non-medical, licensed detoxification center that has eight beds and is always open. The hope center is located in Lexington.

Website Link: <https://www.hopectr.org/services/recovery-program-men/>

Phone Number: (859) 225-4673

Hope Center- Recovery Program for Women

Description: This program is located in Lexington, KY and provides a wide range of services that are professionally supervised for women who are suffering from addictions to drugs and alcohol. It features an SOS (supportive, safe environment to gain sobriety), adds several gender-specific features, and includes a health clinic. This program is intended for recovery clients only. The women's hope center is located in Lexington.

Website Link: <https://www.hopectr.org/services/recovery-program-women/>

Phone Number: (859) 252-2002

Isaiah House Treatment Center

Description: This is a residential intensive outpatient treatment program for men and women. Isaiah house provides short Medicaid (28 days) treatment as well as long (8-11 months) treatment with 27 sober living homes. There are a total of 156 beds at Patricia's Places and Isaiah House in Willisburg, KY as well as The Jake Kuertz & Bowen Center in Chaplin, KY. They also offer an outpatient treatment in Danville, KY. They also offer the Lisa Walker Center for Women in Harrodsburg, KY.

Website Link: <https://www.isaiah-house.org>

Phone Number: (859) 375-9200

JourneyPure

Description: A premier addiction treatment center that provides therapy, treatment, and recovery for various addictions. This facility specializes in helping individuals co-occurring mental health and substance use disorders; they use an integrated model that includes innovative therapies, wellness strategies, and technology. There is a facility located in Lexington as well.

Website Link: <https://journeypurebowlinggreen.com>

Phone Number: (270) 282-8280

Landmark Recovery

Description: This facility strives to assist patients in the development of a lifestyle that tries to permanently free all the mind and mood altering substances that promotes the patient's well-being across the mind, body, and spirit. They offer a wide range of treatments and services. They have three locations: Louisville, KY, Lexington, KY, and Carmel, IN.

Website Link: <https://landmarkrecovery.com>

Phone Number:

- Lexington location: (859) 320-1269
- Louisville location: (502) 221-3932

My Turning Point

Description: This facility is located in Cynthiana, KY. It aims to rehabilitate their patients struggling with addiction in a safe environment while also offering a range of services. Some of those services include targeted case management, individual therapy, group therapy, medication assisted treatment, and OB/GYN coordinated care.

Website Link: <https://www.mtphealth.com>

Phone Number: (855) 227-1281

New Vista

Description: This facility has four anchor centers which provide a range of services in Boyle, Fayette, Madison, and Scott counties. They assist individuals, children and families in enhancing their well-being through a wide range of services. One of those services includes a substance use program. They offer intensive outpatient services, residential treatment, and pregnancy and addiction services.

Website Link: <https://www.newvista.org>

Phone Number: (859) 987-6127

- **Hotline:** (800) 928-8000

Roaring Brook Recovery

Description: This Lexington-based facility offers Intensive Outpatient Treatment (IOP), outpatient behavioral health services, Medication-Assisted Treatment (MAT), support groups, individual and group counseling, art and music therapy, neurofeedback therapy and Peer-Recovery Support Services (PRSS), and case management. Roaring Brook's treatment model is built on the 12-step program.

Website Link: <https://www.roaringbrookrecovery.com>

Phone Number: (866) 678-8123

The Schwartz Center

Description: This facility is located in Lexington, KY. It offers a short-term residential treatment in both a safe and supportive environment. It focuses on individualized treatment plans and building the foundation for recovery. They offer many residential programs.

Website Link: <http://www.newvista.org/substance-use/residential-treatment> <https://www.newvista.org/substance-use/residential-treatment>

Phone Number: (859) 246-7282

Shepherd's House

Description: Shepherd's House is located in Lexington, KY. This is a 12-18 month transitional residential treatment program for men 18 years of age or older. It is a structured program that promotes personal responsibility & accountability for those individuals who seek sustained abstinence from mood and mind-altering substances. Those who are committed to this program are asked to commit for the full 12-18 months. They offer a wide range of programs.

Website Link: <https://www.shepherdshouseinc.com/about-us/about-us---home>

Phone Number: (859) 252-1939

Stepworks Addiction Center

Description: A treatment facility that helps individuals recover from addiction. This facility offers a 30-day residential treatment for addiction, detox, group and individual therapy, and continuing care. They offer locations in Bowling Green, Elizabethtown, London, and Nicholasville Kentucky.

Website Link: <https://www.stepworks.com>

Phone Numbers:

- Nicholasville location: (606) 877-9996
- Elizabethtown (Crown Pointe) location: (800) 712-0904
- Elizabethtown (Woodland Drive) location: (800) 712-0903
- Bowling Green location: (800) 712-0901
- London location: (606) 877-999

Residential & Psychiatric Facilities for Children

Appalachian Children's Home

Description: ACH is located in Barbourville, KY. Kids who come into the ACH Program usually have several mental health diagnoses – they evaluate which of these is the true issue and work from there. This program has 5 phases and is approximately 8 months. Every child in the care of ACH has individual therapy, group therapy, substance abuse therapy (if appropriate) through our onsite AODE program - Appalachian Outreach, sexual offender therapy (if appropriate), and family therapy weekly. They also offer psychological testing if needed.

Website Link: <https://www.achky.org/>

Phone Number: (606) 546-3805

Buckhorn

Description: Buckhorn Children & Family Service's Campus-Based Residential Treatment Program serves boys and girls ages 13 to 17 on our Buckhorn Children's Center and Dessie Scott Children's Home campuses. The all-girls campus is located in Buckhorn, KY and the all-boys campus is located in Pine Ridge, KY. Residential stays at their facilities range from 3 to 8 months and are based on individual treatment goals.

Website Link: <http://buckhorn.org/what-we-do/campus-based-residential-treatment-program/>

Phone Number: (800) 472-3678

Children's Home of Northern KY

Description: CHNKY has two locations; Burlington & Covington, KY. The Burlington campus' residential treatment program serves male youth aged 7 to 17. These young clients are in state custody due to abuse, neglect, or other trauma in their families of origin. They've been placed at CHNK by Kentucky's Department for Community Based Services (DCBS). Many of the youth in this program experience behavioral health issues, (e.g., aggression, impulse control, suicidal thoughts) caused by adverse childhood experiences. Their treatment team provides their clients with the therapy and healthy coping skills needed to recover from these experiences. Also, if permitted by DCBS, they offer family therapy, family visits, phone calls, and/or home visits. The Covington campus offers Psychiatric Residential Treatment (PRTF) for clients who are diagnosed with one or more complex mental health conditions. Often these youth are transitioning from a psychiatric hospital but need to practice and strengthen the skills they are learning before they return home or to a foster care environment. The average length of stay in a PRTF is three to four months.

Website Link: <https://www.chnk.org/our-programs/residential-care/>

Phone Number: (859) 261-8768

Diocesan Catholic's Children's Home

Description: DCCH is located in Fort Mitchell, KY. Compassionate staff provide care for boys and girls, ages six through fifteen who have been removed from their homes by the Commonwealth of Kentucky due to extreme physical, sexual and emotional abuse. Their behavior management programs have an emphasis on daily living skills and relationship building.

Website Link: <https://www.dcchcenter.org/>

Phone Number: (859) 331-2040

Home of the Innocents

Description: HOTI is located in Louisville, KY. They provide a range of residential services and treatments for children and youth who are unable to remain in the care of their families. Currently, the Home can accommodate 96 residents at a time. Residents are all given individual treatment plans, including the latest in one-on-one therapies. Beyond treatment, residents attend school, go on field trips, share in household chores, play video games, and hang out in the backyard.

Website Link: <https://www.homeoftheinnocents.org/>

Phone Number: (502) 596-1000

Kentucky United Methodist Children's Home

Description: KUMCH has two locations in Nicholasville and Owensboro. KUMCH functions as a treatment facility for youth ages 12-17 and a transitional living program for youth ages 18-21. They serve teenagers who have experienced neglect, abuse, abandonment, and family trauma.

Website Link: <https://www.kyumc.org/kentuckyunitedmethodistchildrenshome>

Phone Number: (502) 425-3884 or (800) 530-7236

Maryhurst Residential Facility

Description: Maryhurst is located in Louisville and serves adolescent girls who are dealing with severe behavioral and emotional issues. Currently, they are the only residential nonprofit in Kentucky serving girls who have been diagnosed as severely traumatized by abuse. They offer psychiatric residential treatment and aim to eventually transition girls to permanent, community- or family-based settings.

Website Link: <https://www.maryhurst.org/services/residential-treatment>

Phone Number: (502) 271-4514

Peace Hospital

Description: University of Louisville Peace Hospital, formerly known as Our Lady of Peace, is a private, not-for-profit behavioral health care hospital. It is one of the largest psychiatric facilities in the nation and provides care for children, adolescents, and adults. Peace operates a full continuum of behavioral health and substance use services for patients and offers specialty programs for children and youth with complex treatment needs.

Website Link: <http://www.uoflhealthnetwork.org/peace-hospital>

Phone Number: (502) 451-3330

Otter Creek Academy

Description: Otter Creek Academy is an all-girls residential facility located near Lake Cumberland. They have a dedicated team of staff and counselors who work to help girls overcome hardships and develop appropriate decision-making skills. The program offers on-campus school and recreational activities. The program is designed to be completed in eight months.

Website Link: <http://www.ottercreekacademy.org>

Phone Number: (606) 343-0203

Ramey Estep

Description: The Ramey Estep Homes Residential Program provides treatment services to male and female adolescents, ages 12 -18 years old. Ramey-Estep's treatment philosophy is to equip each youth with the capability to make informed decisions by increasing expectations and accountability as each child develops skills to improve social, familial and educational functioning. Ramey-Estep achieves this goal through a therapeutic setting that incorporates consistent structure, educational support, counseling services, skill development and the development of supportive peer, adult and therapeutic relationships.

Website Link: <http://www.rameyestep.com/>

Phone Number: (606) 928-6648

Rivendell Behavioral Health Services of Kentucky

Description: Rivendell Behavioral Health Hospital offers adolescent treatment programs dedicated to serving youth with mental health issues, behavioral problems, emotional and mood disorders, and secondary substance abuse issues in a secure, nurturing environment. Rivendell offers crisis stabilization, intensive therapy and counseling at levels of care that accommodate each patient's needs. This facility also offers youth sex offender treatment services.

Website Link: <https://rivendellbehavioral.com/programs-services/adolescents/>

Phone Number: (270) 843-1199

RiverValley Behavioral Health

Description: RiverValley Behavioral Health Hospital is an 80 bed private, not-for-profit psychiatric hospital providing specialized inpatient services exclusively for children ages 3-17 located in Owensboro, KY. The primary goal for RiverValley Behavioral Health Hospital is to provide services that diagnose, treat, and stabilize mental and behavioral health issues thus resulting in an improvement of the individual's overall capacity to function.

Website Link: <http://www.rvbh.com/services/inpatient/>

Phone Number: 270-689-6500

Sunrise Children's Services

Description: Sunrise Children's Services operates a network of residential programs across the state that offers long-term, residential care and treatment to young people from ages 12-18. They have facilities in Elizabethtown, Bronston (near Lake Cumberland), and Mt. Washington, KY. In addition to providing seven day a week, round the clock care, the young people are taught on campus through agreements Sunrise has with the local school district. The goal of the programs is to help young people transition from a home of abuse and neglect so they are able to return to their homes, or into a more traditional foster care setting. Sunrise also has a Psychiatric Treatment Facility located in Danville, KY with round-the-clock services for boys ages 6-18 with severe emotional and behavioral problems.

Website Link: <https://www.sunrise.org>

Phone Number: (800) 456-1386, the website has phone numbers for each campus

Sunrise Children's Services-Crossroads Treatment Center

Description: Located in Elizabethtown, KY, Crossroads is licensed to provide therapeutic care and intervention for up to 12 boys ages 14-18 who have committed some form of sexual abuse. The program is designed to help them accept accountability for their behaviors and make better choices. Through relapse prevention and skills training, residents develop a plan to continue their progress once they return to their communities.

Website Link: <https://www.sunrise.org/therapeutic-residential-care/>

Phone Number: (270) 737-3888

The Life Connection, Inc.

Description: The Life Connection residential facility is located in Sonora, KY. This facility offers services to boys ages 11-21 who have an IQ of 75 or below.

Website Link: no website available

Phone Number: (270) 324-4956

The Ridge

Description: The Ridge is located in Lexington. The Ridge offers intensive inpatient treatment to children as young as five, adolescents, and adults. They provide a positive, supportive and stable environment to help children recover from trauma and abuse. They offer programs for children and adolescents dealing with psychiatric, behavioral, substance abuse issues or co-occurring issues.

Website Link: <https://ridgebhs.com/programs/children/inpatient-psychiatric/>

Phone Number: (859) 269-2325

Uspiritus/Bellewood & Brooklawn

Description: Uspiritus/Bellewood & Brooklawn is located in Louisville and has multiple campuses. In addition to other services, Uspiritus/Bellewood & Brooklawn offers a residential treatment facility for children ages 6-18. They work with youth who are dealing with behavioral issues or who have suffered emotional trauma that can include physical, sexual and verbal abuse or neglect. They also offer a psychiatric treatment program for youth who require intensive 24/7 psychiatric treatment.

Website Link: <https://bellewoodandbrooklawn.org/>

Phone Number: Brooklawn campus (502) 451-5177

Resources for Youth

After-School Programs

Avanza (Woodford County)

Description: This program is offered through St. Andrew's Anglican Church in Versailles. On Tuesday afternoons during the school year, Avanza tutors help Huntertown Elementary School students whose parents are not English speakers. Students get help with homework, a nutritious snack, a short devotional, and some recreation time outdoors (weather permitting).

Website Link: <https://www.standrewsky.org/avanza-tutoring-ministry>

Phone Number: 859-873-3321

Common Good

Description: Common Good is an after-school program located in North Lexington. They operate Monday-Thursday 2:30-6:00 during the school year and Monday-Thursday 1:00-5:00 during the summer. They serve students through leadership development, educational assistance, recreational play, and spiritual formation.

Website Link: <http://www.commongoodlex.org>

Phone Number: (859) 379-9443

Explorer Time Company (ETC) After School Childcare (Woodford County)

Description: Explorer Time Company is a state licensed after-school program that operates at each of Woodford County's elementary schools. Students must be at least 5 years old and have begun Kindergarten to attend (due to state licensing regulations). Our goal at ETC is to offer a safe and fun environment for students. Daily activities include a snack, physical activity, homework time, structured projects, or exploration time in interest centers.

Website Link: <https://www.woodford.kyschools.us/community-education-c6525a66>

Phone Number: 859-879-4626

E7 Kids Cafe

Description: E7 Kids Café is located in Lexington and offers after school childcare, summer programs, and tutoring services for children aged 4 – 17. The after-school program provides supervised indoor and outdoor play at Duncan Park. E7 students get to engage in hands-on science experiments, various art projects, and explore their community by going on numerous field trips. The summer program, E7 Kids Café, is open for children age 6 – 14, for Leap Summer Camp. It is a no cost, 8-week program. LEAP participants enjoy supervised indoor and outdoor activities including art, science, cooking and sports. E7 Kids Café takes weekly field trips during the summer to both local and out-of-town locations, including the Living Arts and Science Center, The Explorium, Urban Ninja Gym, The Louisville Zoo and Newport Aquarium. E7 Summer Leap Camp also enjoy supervised visits to the pool twice a week. Each child is served a free hot meal for lunch at noon and given a free snack at the end of each day of camp.

Website Link: <http://e7kidscafe.weebly.com/>

*****TEMPORARILY CLOSED DURING COVID**

Mentors & Meals (Scott & Woodford Counties)

Description: The goal of Mentors & Meals is to enhance academic achievement through mentoring. Mentors & Meals provides middle school students with free homework help, hot meals, and structured group activities designed to enhance academic achievement by working with the local high school students along with college interns and qualified adult volunteers. The program is available from 3:00-6:00pm Monday through Thursday.

Website Link: <https://www.mentors-meals.org/>

Phone Number: 859-552-6873

Urban Impact

Description: Urban Impact offers in-school tutoring and an after-school program. They offer enrichment programs, athletic activities, and academic tutoring.

Website Link: <https://www.lexlf.org/urban-impact>

Phone Number: (859) 227-3087

Clothing & Financial Resources

Alice's Kids

Description: Alice's Kids is a non-profit based in Virginia. They provide short-term financial assistance to children with immediate needs. They do so anonymously to preserve the dignity of the child. Some examples of fees covered have been camp fees, a new bed, glasses, a prom dress, etc. Their services are provided for children in grades K-12 only. Ask your Volunteer Manager for the referral form if you wish to make a request.

Website Link: <https://aliceskids.org/>

Box of Balloons

Description: Box of Balloons assembles custom birthday supply boxes and delivers them to referral sources, such as CASA volunteers, who can then provide them to the family caring for a child. Birthday boxes are customized for the child and contain everything a family needs for a birthday party: tableware, decor (even some that is customized for the child), favors, a game/activity for up to six guests, cupcakes and a gift. Adjustments can be made for a celebration to be appropriate for a hospital/healthcare or other unique setting.

Website Link: www.boxofballoons.org

Referral Form: <https://bit.ly/boxofballoonsreferral>

Phone number: (859) 361-0399

Children in Need Resource Exchange

This private Facebook group helps provide children in need with donated clothing, toys, luggage and other resources. You will have to request to join this group before you can access its information.

Website: <https://www.facebook.com/groups/1737224273167067>

The Foster Care Council- Studio Thrifty For the Kids Clothing Store

Description: Studio ThriftyFor the Kids, is a non-profit, boutique-style store where foster parents can bring their foster children to shop for clothing and other basic necessities at no cost to the families. Studio ThriftyFor the Kids is fully stocked with basic necessities for children, including new and gently used boys' and girls' clothing for infants up to 18-year-olds. The store has an inviting disco/skating rink theme that is colorful, chic and fun for kids of all ages.

Website Link: <https://www.thefostercarecouncil.com/studiothriftyfor>

Phone Number: (239) 248-7699

The Foster Care Council-Enrichment Program

Description: The Foster Care Council's enrichment program allows for a child to participate in the activity of their choice; sports, music, karate, the arts, or any other activity they want to explore. This opportunity allows for the child to find talents that might otherwise go unrecognized. Thus, increasing a child's self-esteem, attitude in the classroom, school/home behavior and allow them to meet and interact with peers with the similar interests. Ask your Volunteer Manager for the referral form if you wish to make a request.

Website Link: <https://www.thefostercarecouncil.com/ourprograms>

Greater Faith Apostolic Church

Description: Greater Faith Apostolic Church on Clay's Mill Road in Lexington offers free clothing, especially for children through their Comfort Through Christ Ministry. They can be contacted by emailing comfortthroughchrist3416@gmail.com.

Email Link: comfortthroughchrist3416@gmail.com

The Nest-Crisis Care Program

Description: Located in Lexington, The Nest's Crisis Care Program assists families by providing support for basic human needs. These free resources include: children's clothing, emergency food, adult & infant toiletries, diapers and wipes, and baby equipment such as car seats, cribs, toys, books, etc. They also offer referrals for people in need of the following areas of service: Legal Aid, financial assistance for utilities, rent or mortgage, household cleaning supplies, food bank referrals, eye exams and glasses, housing and employment opportunities. Open Monday to Thursday 9:00 to 12:00 and 1:00 to 3:00.

Website Link: <https://thenestlexington.org/crisismanagement/>

Phone Number: (859) 259-1974 ext. 222

LGBTQIA+ Resources

Free Mom Hugs

Free Mom Hugs is a group of Moms, friends, and allies who support the LGBTQ community. The Kentucky chapter supports folks throughout the Commonwealth by attending and hosting events, giving out their trademark hugs and high fives, and by generally being a loving presence in the lives of LGBTQIA+ people.

Website: <https://www.facebook.com/FreeMomHugsKentucky/>

Email: robin.parker@ky.freemomhugs.org

GLSEN Bluegrass Chapter

The GLSEN Bluegrass chapter supports students and educators locally, organizes around LGBTQ-affirming public policy, plans teacher trainings, and hosts events for students, educators, parents, and allies.

Website: <https://www.glsen.org/chapter/bluegrass#snt--3>

Lexington Pride Center

Founded in 1977, the Lexington Pride Center is the oldest LGBTQIA+ organization in Kentucky. The center manages safe and inclusive spaces, programming, and services, including Lexington's LGBTQIA+ community center and the Lexington Pride Festival, at no cost to those served.

Website: <https://www.lexpridecenter.org/>

LGBTQIA+ Community Resource List: <https://www.lexpridecenter.org/community-resource-list>

LGBTQIA+ Hotlines

National Suicide Prevention Hotline - (800)-273-8255

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for those at risk and their loved ones.

National LGBT Hotline - (888) 843-4564

Provides free peer support, listening, affirmation and referrals to all ages in the LGBTQIA+ community Monday through Friday from 4pm to midnight and Saturday from noon to 5:00 pm eastern time.

The Trevor Project - (866) 488-7386

Provides 24/7 free crisis counseling for LGBTQIA+ youth 25 and under. You can also text "Start" to 678-678 or connect through their website at <https://www.thetrevorproject.org/get-help/> to chat.

Trans Lifeline - (877) 565-8860

Trans peer support run by and for trans people. Call when you need someone trans to talk to even when you are not in crisis or if you are not sure you are trans.

PFLAG Central Kentucky

PFLAG Central Kentucky seeks to provide a safe, non-judgmental space for LGBTQ+ individuals and their parents, families, and loved ones to explore feelings and struggles with coming to terms when a loved one comes out. They welcome LGBTQ+ folks with their families including kids.

Website: <https://www.pflagcentralky.org/>

Email: info@pflagcentralky.org

Trans Parent Lex

This Facebook group is for parents and allies of transgender teens in and around Lexington, KY. In addition to providing support and resources in this online forum, they meet up several times a year to catch up and encourage each other through the good and bad times. Parents and kids are welcomed at in person meetups.

Website: <https://www.facebook.com/groups/474570139416422>

Medically Complex Daycare

The Kidz Club

Description: The Kidz Club is a Prescribed Pediatric Extended Care (PPEC) program. PPEC is a day treatment program that provides quality skilled nursing care, education, and custodial needs for children 6

weeks to 20 years of age. In simpler terms, they are a nurse-staffed medical daycare for children with special needs who cannot attend a typical daycare. Children with a medical diagnosis are admitted to the Kidz Club through a referral process. The process starts by contacting The Kidz Club directly. There are locations in Lexington, Louisville, Erlanger, and Bowling Green

Website Link: <https://thekidzclub.com/>

Phone Number: (859) 224-0799 Lexington

Mentoring Programs

Amachi Central Kentucky

Description: Amachi is a mentoring program that serves children ages 6-16 who have an incarcerated parent. Children are matched with a mentor who they will spend time with on a weekly basis. Mentors and children participate in a variety of positive, goal-driven activities together.

Website Link: <https://www.lexlf.org/amachi-central-kentucky-1>

Phone Number: (859) 389-8279

Big Brothers Big Sisters of the Bluegrass

Description: Big Brothers Big Sisters of the Bluegrass matches adults with children ages 6-18 to serve as positive mentors who foster potential and create lasting change in children's lives.

Website Link: <http://www.bbbs-bluegrass.org>

Phone Number: (859) 231-8181

Step-by-Step

Description: Located in Lexington and founded in 1995, Step-by-Step is a holistic program working to empower young single moms ages 12 to 24. They offer support, mentoring, workshops on parenting, life skills, budgeting, communication, relationships, nutrition, goal setting, crisis intervention, and walk alongside young single moms and their kids as they succeed.

Website Link: <http://sbslex.org/>

Phone Number: (859) 258-7837

The Foster Care Council Mentoring Program

Description: The Mentoring Program is geared for children 12 years and older. The youth will receive tutoring along with the mentoring. This program will assist in preparing kids for their teen years and early adulthood. The Mentor program will educate the individual on areas they have questions about, explain community resources, explain how to fill out a job application, a college application, develop a budget, balance a checkbook, etc.

Website Link: <https://www.thefostercarecouncil.com/ourprograms>

Phone Number: (239) 248-7699

Therapy

Justin's Place

Description: Justin's Place is a therapeutic farm in Wilmore serving children ages 4-12 with a diagnosis of Autism Spectrum Disorder and Down Syndrome. It provides individualized sessions for children on a weekly basis. Each child's time can include activities in a vegetable and flower garden, playing with farm animals in a sensory petting zoo, and taking therapeutic riding lessons. Monthly fee is \$120, and scholarships are available upon request. Enrollment is open year-round. Services are currently provided March to November.

Website link: <https://www.justinsplaceky.com/>

Email: hello@justinsplaceky.com

Tutoring

Carnegie Center

Description: The Carnegie Center is located in Lexington and offers tutoring for students grades K-8th grade. Available tutoring hours are Monday-Thursday from 3:30-7:30 pm, Friday from 3:30-5 pm, and Saturday from 10 am-2 pm. They also offer tutoring during the summer. Students must enter into a lottery to be enrolled in tutoring and pay a \$60 fee if accepted.

Website Link: <https://carnegiecenterlex.org>

Phone Number: (859) 254-4175, ext. 22

The Foster Care Council Individualized Tutoring Program

Description: The Foster Care Council provides a tutor to a foster child that is testing below grade level. The Education Training Coordinator will place the child with a certified teacher for 3 hours per week. The child is pre-tested to determine individual academic needs. The uniqueness of this program is that the tutoring is conducted at the child's current residence (with the caregiver present), this ensures the child receives the assistance. The child is post-tested after six months to determine progression and future academic needs.

Website Link: <https://www.thefostercarecouncil.com/ourprograms>

Phone Number: (239) 248-7699