



British International School BIS Vertical Curriculum Map

Physical Education and Swimming Academic Year 2024 - 2025

Key

	EYFS
	Key Stage 1
	Key Stage 2

Foundation Stage PE Program of study (F1/2) 2022 2023

TERM	Area of Learning	Focus	AREs in focus	
1.1	Locomotion	<u>Walking</u>	Movement and Handling	Health and Self Care
Holiday:				
1.2	Ball skills	<u>Hands</u>	Movement and Handling	Health and Self Care
XMAS: Wednesday 16th Dec – Monday 4th Jan (4th and 5th non pupil days)				
2.1	Gymnastics	<u>Under, Over, High, Low</u>	Communication and Language	Movement and Handling
TET:				
2.2	Dance	<u>Nursery Rhymes</u>	Expressive Arts and Design	Health and Self Care
Holiday:				
3.1	Ball Skills	<u>Feet</u>	Movement and Handling	Health and Self Care
Fi				
3.2	Games	<u>Attack V Defence</u>	Movement and handling	Personal, Social and emotional Development

Foundation Stage PE Program of study (F3) 2022_2023

TERM	Area of Learning	Focus	ARE in focus	
1.1	Locomotion	Running	Movement and Handling	Health and Self Care
Holiday:				
1.2	Ball skills	Hands	Movement and Handling	Health and Self Care
XMAS:				
2.1	Gymnastics	Body Parts	Communication and Language	Movement and Handling
TET:				
2.2	Dance	Growing	Expressive Arts and Design	Health and Self Care
Holiday:				
3.1	Ball Skills	Feet	Movement and Handling	Health and Self Care
3.2	Games	Attack V Defence	Movement and handling	Personal, Social and emotional Development

KS1 and 2 PE Program of study 2022_2023

P.E.	Term 1.1 9 weeks (1 x 2 day week, 1 x 3 day week) 15/08 - 11/10	Term 1.2 8 weeks (1 x 3 day week) 21/10 - 18/12	Term 2.1 3 weeks (1 x 3 day week, 1 x 4 day week, 1x 5 day week) 8/01 - 23/01	Term 2.2 10 weeks (1 x 3 day week, 1 x 4 day week) 12/02– 18/04	Term 3 8 weeks (1 x 2 day week) 05/05 - 25/06	
Year 1	Fundamental Organisation and Leadership Participation and Performance	Athletics Evaluating and Improving Participation and Performance	Striking and Fielding Making and Applying Decisions Participation and Performance	Invasion Games Knowledge of Rules and Concepts Participation and Performance	Gymnastics Evaluating and Improving Participation and Performance	Dance Participation and Performance Participation and Performance

Year 2	Fundamental Organisation and Leadership Participation and Performance	Athletics Evaluating and Improving Participation and Performance	Striking and Fielding Making and Applying Decisions Participation and Performance	Invasion Games Knowledge of Rules and Concepts Participation and Performance	Gymnastics Evaluating and Improving Participation and Performance	Dance Participation and Performance Participation and Performance
Year 3	Benchball Football Rules and Concepts Participation and Performance	Athletics Evaluating and Improving Participation and Performance	Badminton Organisation and Leadership Participation and Performance	TeeBall Making and Applying Decisions Participation and Performance	Volleyball Participation and Performance Participation and Performance	Cri/Rug/Lon All ARE's Participation and Performance
Year 4	Netball Football Rules and Concepts Participation and Performance	Athletics Evaluating and Improving Participation and Performance	Badminton Organisation and Leadership Participation and Performance	TeeBall Making and Applying Decisions Participation and Performance	Volleyball Participation and Performance Participation and Performance	Cri/Rug/Lon All ARE's Participation and Performance
Year 5	Basketball Football Rules and Concepts Participation and Performance	Athletics Evaluating and Improving Participation and Performance	Badminton Organisation and Leadership Participation and Performance	TeeBall Making and Applying Decisions Participation and Performance	Volleyball Participation and Performance Participation and Performance	Cri/Rug/Lon All ARE's Participation and Performance

Year 6	Basketball	Athletics	Badminton	TeeBall	Volleyball	Cri/Rug/Lon
	Football Rules and Concepts Participation and Performance	Evaluating and Improving Participation and Performance	Organisation and Leadership Participation and Performance	Making and Applying Decisions Participation and Performance	Participation and Performance Participation and Performance	All ARE's Participation and Performance
Year 7						